

## Healthy Fun !



### Alternative/Food – Free Suggestions to celebrate special days and events

- Scavenger hunt for items or information related to the celebration or lesson theme
- Craft stations
- Party games
- Dancing or performing gentle exercises to music
- Read a book related to the party theme, invite a special guest reader
- Show and tell activity
- Outdoor activity
- Free choice activity
- Extra recess time

### Birthday Specific Ideas - (In Consultation with classroom teacher)

- The parent of the Birthday child donates a special book to the classroom or library, read it aloud to the students on the child's birthday
- Birthday child brings in a special game to play with his/her classmates
- Birthday child brings in a craft project for classmates (ie: painting rock pets, creating a collage from magazine pictures, making a dream catcher)
- Birthday child becomes the classroom assistant for the day
- Classmates design and decorate a birthday crown or button to be worn by the birthday child
- Classmates prepare a page about the birthday child, compile a classroom birthday book
- Sing "Happy Birthday"
- The birthday child brings in a special sticker, pencil, or eraser for each of his/her classmates