

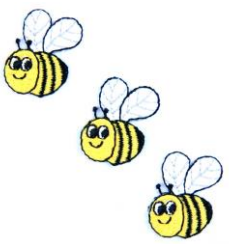




AUGUST 2019 LIHOLIHO BREAKFAST & LUNCH MENU

ALL MENUS SUBJECT TO CHANGES WITHOUT NOTICE

1/2 PINT MILK WITH ALL MEALS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
|  | |  | |  |
| | | | <p><i>* Be Responsible</i></p> <p><i>* Be Respectful</i></p> <p><i>* Be Safe</i></p> | |
|  | <p>STEAMED RICE PORTUGUESE SAUS FRESH FRUIT GRAPE JUICE</p> | <p>PORK SAUS PATTY STEAMED RICE CANNED FRUIT FRESH FRUIT</p> | <p>HAM LINK & TOAST FRESH FRUIT APPLE JUICE</p> | <p>BANANA BREAD FRESH FRUIT ORANGE JUICE</p> |
| | <p>HAMBURGER STEAK w/ GRAVY & WHIPPED POTATOES STEAMED CARROTS & CORN FRUIT</p> | <p>CHEESE PIZZA & FRUIT</p> <p>SPINACH & ROMAINE SALAD VEGETABLE STICKS w/ DIP</p> | <p>BBQ PORK SANDWICH w/ OVEN POTATOES</p> <p>COLESLAW FRUIT</p> | <p>ASIAN STYLE CHICKEN & RICE w/ APPLE WEDGE</p> <p>WHIPPED POTATO STEAMED CARROTS & EDAMAME</p> |
| <p>PIZZA BAGEL CANNED FRUIT FRESH FRUIT</p> | <p>PORTUGUESE SAUS STEAMED RICE APPLE SAUCE FRESH FRUIT</p> | <p>BRD CHIX PATTY STEAMED RICE FRESH FRUIT GRAPE JUICE</p> | <p>PLAIN BAGEL w/ CREAM CHEESE ORANGE WEDGE APPLE JUICE</p> |  |
| <p>CHICKEN PATTY & RICE w/ GRAVY & APPLE WEDGE</p> <p>STEAMED BROCCOLI & CARROTS</p> | <p>CREOLE MACARONI & FRUIT</p> <p>SPINACH & ROMAINE SALAD</p> | <p>CHEESE BURGER w/ OVEN POTATOES</p> <p>VEGETABLE STICKS w/ HUMMUS FRUIT</p> | <p>CHICKEN BROCCOLI & STEAMED RICE</p> <p>STEAMED CARROTS CORN FRUIT</p> | <p>STATEHOOD</p> <p>DAY</p> <p>(School Closed)</p> |
| <p>PIZZA STICK ORANGE WEDGE APPLE JUICE</p> | <p>PANCAKE w/ SYRUP CANNED FRUIT FRESH FRUIT</p> | <p>PORK SAUS PATTY STEAMED RICE FRESH FRUIT GRAPE JUICE</p> | <p>PLAIN BAGEL w/ CREAM CHEESE CANNED FRUIT FRESH FRUIT</p> | <p>APPLE SAUCE CAKE YOGURT FRESH FRUIT ORANGE JUICE</p> |
| <p>CHICKEN TENDER w/ STEAMED RICE & FRUIT</p> <p>STEAMED BROCCOLI & CORN</p> | <p>TUNA SALAD SANDWICH w/ OVEN POTATOES</p> <p>VEGETABLE STICKS w/ DIP FRUIT SLUSHY</p> | <p>SLOPPY JOE & FRUIT</p> <p>VEGETABLE STICKS w/ DIP BAKED BEANS</p> | <p>CHEESE PIZZA & FRUIT</p> <p>SPINACH & ROMAINE SALAD EDAMAME BABY CARROT</p> | <p>CHICKEN PASTA FLORENTINE</p> <p>RAINBOW SALAD FRUIT</p> |
| <p>PIZZA BAGEL FRESH FRUIT APPLE JUICE</p> | <p>YOGURT & TOAST FRESH FRUIT APPLE JUICE</p> | <p>CINN BAGEL w/ CREAM CHEESE CANNED FRUIT FRESH FRUIT</p> | <p>COFFEE CAKE CANNED FRUIT FRESH FRUIT</p> | <p>PORTUGUESE SAUS STEAMED RICE APPLE SAUCE FRESH FRUIT</p> |
| <p>NACHOS w/ BEEF & CHEESE</p> <p>SPINACH & ROMAINE SALAD VEGETABLE STICKS w/ DIP FRUIT</p> | <p>FISH PATTY SANDWICH</p> <p>POTATO ROUNDS STEAMED CARROTS & EDAMAME APPLE WEDGE</p> | <p>SWEET SOUR PORK & STEAMED RICE</p> <p>RAINBOW SALAD EDAMAME GRAPE JUICE</p> | <p>POPCORN CHICKEN & WHIPPED POTATOES</p> <p>STEAMED CARROTS & CORN FRUIT</p> | <p>KALUA PORK & w/ CABBAGE & STEAMED RICE</p> <p>LOMI TOMATO FRUIT</p> |
| <p>"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"</p> | | | | |