

# APRIL | 2019



St. Louis Menu: Breakfast is served with fruit and milk. Lunch is served with 2 fruits and milk and fresh vegetables along with a tossed salad. MENU SUBJECT TO CHANGE

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p><b>1</b> Waffles Sausage patty Hash brown, Orange juice</p> <hr/> <p>BREAKFAST poptart</p>	<p><b>2</b> hot &amp; spicy chicken on bun mixed vegetables</p> <hr/> <p>BREAKFAST Bagel w/cream cheese</p>	<p><b>3</b> Fiestada pizza Peas &amp; carrots</p> <hr/> <p>BREAKFAST Cinnamon toasty biscuit</p>	<p><b>4</b> Soft taco Refried beans</p> <hr/> <p>BREAKFAST Sausage w/toast</p>	<p><b>5</b> Whole grain stuffed crust Cheese pizza California blend</p> <hr/> <p>BREAKFAST Cereal &amp; nutri grainbar</p>
<p><b>8</b> Boneless chicken wings Butter bread Corn</p> <hr/> <p>BREAKFAST waffles</p>	<p><b>9</b> turkey &amp; gravy mashed potatoes dinner roll green beans</p> <hr/> <p>BREAKFAST Muffin &amp; yogurt</p>	<p><b>10</b> Golden krispy breaded Chicken on bun Fries</p> <hr/> <p>BREAKFAST toast</p>	<p><b>11</b> ham &amp; cheese sandwich baked beans</p> <hr/> <p>BREAKFAST Strawberry cream cheese bagel</p>	<p><b>12</b> whole grain cheese quesadilla broccoli w/cheese</p> <hr/> <p>BREAKFAST Cinnamon toast</p>
<p><b>15</b> Turkey sandwich Peas &amp; carrots</p> <hr/> <p>BREAKFAST Breakfast pizza</p>	<p><b>16</b> Whole grain pepperoni Pizza California blend w/cheese</p> <hr/> <p>BREAKFAST Crumb cake</p>	<p><b>17</b> Sub sandwich Pickle spear</p> <hr/> <p>BREAKFAST Apple frudel strudel</p>	<p><b>18</b> Chicken fajita Refried beans</p> <hr/> <p>BREAKFAST Donut holes</p>	<p><b>19</b> NO SCHOOL  GOOD FRIDAY</p>
<p><b>22</b> Whole grain Buffalo chicken strips Pretzel bites Corn</p> <hr/> <p>BREAKFAST French toast sticks</p>	<p><b>23</b> Breaded pork chop On bun Baked potato Birthday day</p> <hr/> <p>BREAKFAST Ultra bread slice</p>	<p><b>24</b> Homemade chicken noodle soup ½ turkey sandwich Carrots</p> <hr/> <p>BREAKFAST Sausage &amp; bagel</p>	<p><b>25</b> Flame broiled beef patty On bun Baked beans</p> <hr/> <p>BREAKFAST Cereal bar &amp; yogurt</p>	<p><b>26</b> Stuffed crust dippers Green beans</p> <hr/> <p>BREAKFAST pancakes</p>
<p><b>29</b> whole grain corndog broccoli</p> <hr/> <p>BREAKFAST Egg patty w/toast</p>	<p><b>30</b> Whole grain chicken Quesadilla Mixed vegetables</p> <hr/> <p>BREAKFAST Cinnamon raisin bread</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>

### SNACKS FOR K-5 ONLY

**MONDAY:  
BAKED FUNYUNS**

**TUESDAY:  
KIDS SNACK MIX**

**WEDNESDAY:  
CHEEZ IT'S**

**THURSDAY:  
CORN CHIPS**

**FRIDAY:  
SOFT PRETZEL  
W/CHEESE**

**SNACK: \$.35 JUICE: .25**

**MILK: \$.30**

**BREAKFAST: \$1.40**

**LUNCH: \$1.95**

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OPPORTUNITY  
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