



Punxsutawney Area School
District
April 2019

High School
Lunch Menu
Grades 7-12

FULL STUDENT LUNCH CONSISTS OF AN ENTRÉE (MEAT/MEAT ALTERNATE WITH A GRAIN COMPONENT) 2 VEGETABLE SIDES, 2 FRUIT SIDES AND CHOICE OF 1% OR FAT FREE MILK. STUDENT MUST TAKE A FRUIT OR VEGETABLE TO COMPLETE THE MEAL. MENU SUBJECT TO CHANGE.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Twisted Stuffed Breadstick w/Marinara Sauce Tossed Salad Vegetable Bar Assorted Fresh Fruit Peaches Assorted Juice	2 Buffalo Chicken Patty Sandwich Sweet Corn Celery Sticks w/Dip Assorted Fresh Fruit Peaches Assorted Juice	3 BBQ Pulled Pork on Kaiser Roll Baked Beans Sweet Potato Fries Assorted Fresh Fruit Mandarin Oranges Assorted Juice	4 Walking Taco w/Roll Lettuce, Salsa & Sour Cream Green Beans Vegetable Bar Assorted Fresh Fruit Strawberries & Bananas Assorted Juice	5 Stuffed Shells w/Garlic Breadstick Side Salad w/Tomatoes Glazed Carrots Assorted Fresh Fruit Assorted Fruit Assorted Juice
8 Chicken Nuggets w/Roll Mashed Potatoes w/Gravy Tender Carrots Vegetable Bar Assorted Fresh Fruit Peaches Assorted Juice	9 Grilled Cheese Sandwich Tomato Soup Veggie Sticks w/Dip Vegetable Bar Assorted Fresh Fruit Pears Assorted Juice	10 Cuban Panini Baked Beans Twirl Fries Vegetable Bar Assorted Fresh Fruit Mandarin Oranges Assorted Juice	11 Loaded Fries w/Choice of BBQ Pulled Pork or Buffalo Chicken Sweet Peas Vegetable Bar Assorted Fresh Fruit Strawberries & Bananas Assorted Juice	12 Popcorn Shrimp Mini Ranch Pierogies Tender Broccoli Vegetable Bar Assorted Fruit Assorted Juice
15 Italian Sampler Platter w/Marinara Sauce Sweet Corn Assorted Fresh Fruit Peaches Assorted Juice	16 Popcorn Chicken w/Roll Mashed Potatoes w/Gravy Green Beans Vegetable Bar Assorted Fresh Fruit Pears Fresh Grapes Assorted Juice	17 <i>Breakfast Pizza Day</i> French Toast Sticks w/Syrup Sausage Patties Tri-Tators Cucumber Slices w/Dip Vegetable Bar Assorted Fresh Fruit Mandarin Oranges Assorted Juice	18 The Cowboy Burger BBQ Baked Beans California Vegetables Vegetable Bar Assorted Fresh Fruit Strawberries & Bananas Assorted Juice	19 Good Friday No School
22 No School 	23 Boneless Buffalo Wings LoMein Side Salad Tender Corn Vegetable Bar Assorted Fresh Fruit Pears Assorted Juice	24 Slow Roasted Roast Beef w/Biscuit Mashed Potatoes w/Gravy Glazed Carrots Assorted Fresh Fruit Mandarin Oranges Assorted Juice Jello 7-12	25 Beef Teriyaki Bites Seasoned Penne Dinner Roll Green Beans Baked Beans Assorted Fresh Fruit Strawberries & Bananas Assorted Juice	26 Macaroni & Cheese w/Dinner Roll Tender Carrots Broccoli Assorted Fruit Assorted Juice Jello 9-12 only
29 Twisted Stuffed Breadstick w/Marinara Sauce Tossed Salad Vegetable Bar Assorted Fresh Fruit Peaches Assorted Juice	30 Stuffed Shells w/Garlic Breadstick Side Salad w/Tomatoes Glazed Carrots Assorted Fresh Fruit Pears Assorted Juice	<div data-bbox="820 1501 1339 1690" data-label="Text"> <p>Try out our new interactive food tray on www.schoolcafe.com. You can make a tray from the menu of the day to see nutritional information.</p> </div>		



*** All students eat breakfast & lunch at no cost! ***



No form is needed.

ALSO IN THE FOOD COURT!

MONDAY: FOUR MEAT PIZZA, GRILLED OR CRUNCHY CHICKEN PATTY SANDWICH, SALAD BAR, PASTA BAR	TUESDAY: THE BIG KAHUNA, HAMBURGERS, CHEESEBURGERS, BACON CHEESEBURGERS, YOGURT BAR, ASIAN BAR	WEDNESDAY: THE GOLIATH PIZZA, GRILLED OR CRUNCHY CHICKEN PATTY SANDWICH, SALAD BAR, HOT DOG BAR	THURSDAY: THE BIG KAHUNA, HAMBURGERS, CHEESEBURGERS, BACON CHEESEBURGERS, SALAD BAR, MEXICAN BAR	FRIDAY: BUFFALO CHICKEN PIZZA, GRILLED OR CRUNCHY CHICKEN PATTY SANDWICH, YOGURT BAR, MTO BAR
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