

Addison School District 4 Elementary Lunch Menu

December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3	4 Taco Tuesday	5	6	7
Crispy Chicken On a Roll Golden Corn Tri-Tater (1) Fresh Fruit & Veggie Bar	Two Soft Tacos Seasoned Black Beans Fiesta Corn Salsa Fresh Fruit & Veggie Bar	**Salisbury Steak w/Gravy Mashed Potatoes Fresh Fruit & Veggie Bar	Grilled Cheeseburger Seasoned Green Beans Fresh Fruit & Veggie Bar	Crunchy Mini Corn Dogs Tri-Tater (1) Fresh Fruit & Veggie Bar
10	11	12 Holiday Lunch	13 Fiesta Day	14
Spicy Chicken Sandwich Seasoned Green Beans Fresh Fruit & Veggie Bar	Waffles Turkey Sausage Tri-Tater Fresh Fruit & Veggie Bar	**Turkey w/Gravy Mashed Potatoes Seasoned Green Beans w/Dinner Roll Gingerbread cookie Fresh Fruit & Veggie Bar	Fiesta Nachos Seasoned Black Beans Fiesta Corn Fresh Fruit & Veggie Bar	Pancake Turkey Sausage Tri-Tater (1) Fresh Fruit & Veggie Bar
17	18	19	20	21
Walking Taco w/Scoops Refried Beans Fresh Fruit & Veggie Bar	**Diced Chicken w/Gravy Mashed Potatoes Fresh Fruit & Veggie Bar	Grilled Cheeseburger Seasoned Green Beans Fresh Fruit & Veggie Bar	Turkey Hot Dog Steamed Cauliflower Tri-Tater (1) Fresh Fruit & Veggie Bar	Cheese Pizza Fresh Fruit & Veggie Bar
24	25	26	27	28
NO SCHOOL	NO SCHOOL Merry Christmas	NO SCHOOL	NO SCHOOL	NO SCHOOL
31				
NO SCHOOL				

Lunch \$2.85	Milk .55¢
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Questions about the menu?
Mary Ann Marcinek
mmarcinek@asd4.org
630-458-2457

For more information
or to "Ask the Dietitian",
check out our website!




Comprehensive
nutrition & allergy
guides are
available in the
Foodservice Office.

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally
necessary. Notice will be given when
possible.

This institution is an equal opportunity
employer.





Daily Special
Includes fruit and vegetable choices,
whole grain breads and rolls and milk.

Daily Choices

Daily Pizza Options



Monday	Tuesday	Wednesday	Thursday	Friday
3 Grilled Hot Dog w/Fixings	4 Grilled Cheese	5 Spicy Chicken On a Roll	6 Bacon Burger Tri-Tater (1)	7 Chicken Nuggets w/Corn Bread
10 2 Soft Shell Tacos	11 **Chicken Tenders	12 Bacon Bird Dog	13 Smothered Meatballs over Mashed Potatoes	14 Cheesy Garlic Flatbread
17 **Salsbury Steak Mashed Potatoes	18 Crunchy Mini Corn Dogs Tri- Tater (1)	19 Smothered Diced Chicken over Mashed Potatoes	20 **Chicken Tenders	21 Stuffed pizza
24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL
31 NO SCHOOL				
Fresh Fruit & Veggie Bar available daily with all lunches				
Crispy or Grilled Chicken Sandwich Grilled Burgers Nacho Supreme with zesty salsa and jalapeños				
Cheese or Pepperoni	Stuffed Crust Cheese	Cheese or Pepperoni	Cheesy Garlic Flatbread	Cheese or Turkey Sausage
Turkey and Cheese Wrap	Chicken Caesar Wrap	Turkey & Cheese Sub Lettuce/Tomato	Southwest Chicken Wrap	Turkey and Cheese Wrap
Crispy Chicken Salad or Grilled Chicken Salad	Southwest Crispy Chicken Salad	Crispy Chicken Salad or Grilled Chicken Salad	Southwest Crispy Chicken Salad	Vegetarian Chef Salad or Chef Salad (Turkey & Cheese)

V=Vegetarian option available
**Served with a roll
*Contains or may contain pork ingredients.

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Addison SD 4
Middle School
December 2018

Lunch
\$2.85

Milk
.55 ¢

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

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