



MARCH

BREAKFAST

2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>NATIONAL BREAKFAST WEEK</b>				
2 Waffles with Berry Jam Fresh Fruit Skim or 1% Milk	Turkey Sausage on Biscuit with Cheese Fresh Fruit Skim or 1% Milk	Cheesy Scrambled Eggs, French toast and Breakfast Potatoes Fresh Fruit Skim or 1% Milk	Pancakes w/ Honey Fresh Fruit Skim or 1% Milk	6 Breakfast Taco with Scrambled Eggs, Tortilla and Salsa Fresh Fruit Skim or 1% Milk
9 Cereal and Fat-Free Yogurt or Muffin and Fat-Free Yogurt or Bagel with Low Fat Cream Cheese Fresh Fruit Skim or 1% Milk	10 Scrambled Egg Sandwich on English Muffin with Cheese Fresh Fruit Skim or 1% Milk	11 Cereal and Fat-Free Yogurt or Muffin and Fat-Free Yogurt or Bagel with Low Fat Cream Cheese Fresh Fruit Skim or 1% Milk	12 French Toast Sticks w/ Honey Fresh Fruit Skim or 1% Milk	13 Breakfast Taco with Scrambled Eggs, Tortilla and Salsa Fresh Fruit Skim or 1% Milk.
16 Cereal and Fat-Free Yogurt or Muffin and Fat-Free Yogurt or Bagel with Low Fat Cream Cheese Fresh Fruit Skim or 1% Milk	17 Turkey Sausage on Biscuit with Cheese Fresh Fruit Skim or 1% Milk	18 Cereal and Fat-Free Yogurt or Muffin and Fat-Free Yogurt or Bagel with Low Fat Cream Cheese Fresh Fruit Skim or 1% Milk	19 Pancakes w/ Honey Fresh Fruit Skim or 1% Milk	20 <b>SCHOOL CLOSED</b>
23 Cereal and Fat-Free Yogurt or Muffin and Fat-Free Yogurt or Bagel with Low Fat Cream Cheese Fresh Fruit Skim or 1% Milk	24 Scrambled Egg Sandwich on English Muffin with Cheese Fresh Fruit Skim or 1% Milk	25 Cereal and Fat-Free Yogurt or Muffin and Fat-Free Yogurt or Bagel with Low Fat Cream Cheese Fresh Fruit Skim or 1% Milk	26 French Toast Sticks w/ Honey Fresh Fruit Skim or 1% Milk	27 Breakfast Taco with Scrambled Eggs, Tortilla and Salsa Fresh Fruit Skim or 1% Milk
30 Cereal and Fat-Free Yogurt or Muffin and Fat-Free Yogurt or Bagel with Low Fat Cream Cheese Fresh Fruit Skim or 1% Milk	31 Turkey Sausage on Biscuit with Cheese Fresh Fruit Skim or 1% Milk	<p><b>Happy St. Patrick's Day</b></p>		

Not only is breakfast the most important meal of the day, but it's also one of the keyways to maximize your daily energy and increase concentration throughout the whole day!

Breakfast: choice of 1% or fat-free milk; fruit available daily

All grains offered are whole grains rich

*This institution is an equal opportunity provider*



MARCH

LUNCH

2020

Lunch: choice of 1% or skim milk; fruit available daily

All grains offered are whole grains rich

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>100% Beef &amp; Cheddar Cheeseburger Baked Beans Fresh Fruit Milk-8 oz.</p>	<p>3</p> <p>Teriyaki Chicken &amp; Vegetable Stir Fry Veggie "Fried" Rice Fresh Fruit Milk-8 oz.</p>	<p>4</p> <p>Grilled Cheese Sandwich Baked Potato Wedges Fresh Fruit Milk-8 oz.</p>	<p>5</p> <p>100% All Beef Brooklyn Hot Dog on Bun Parmesan Broccoli Fresh Fruit Milk-8 oz.</p>	<p>6</p> <p>Turkey &amp; Cheddar on a Bun w/ Lettuce &amp; Tomato Baby Carrots w/ Ranch Fresh Fruit Milk-8 oz.</p>
<p>9</p> <p>Crispy Chicken Tenders w/ BBQ Sauce Baked Potato Wedges Fresh Fruit Milk-8 oz.</p>	<p>10</p> <p>Spicy Chicken Taco Bowl w/ Brown Rice, Local Green Leaf Lettuce. Corn &amp; Cheddar Cheese Fresh Fruit Milk-8 oz.</p>	<p>11</p> <p>Brooklyn Pizza (DeFarro Style) w/ Basil Baby Carrots w/ Ranch Fresh Fruit Milk-8 oz.</p>	<p>12</p> <p>Cheese Ravioli w/ Zesty Tomato Sauce &amp; Parmesan Roasted Broccoli Fresh Fruit Milk-8 oz.</p>	<p>13</p> <p>Grilled Chicken Caesar Wrap w/ Chopped Romaine Celery Sticks w/ Ranch Fresh Fruit Milk-8 oz.</p>
<p>16</p> <p>100% Turkey Burger Baked Beans Fresh Fruit Milk-8 oz.</p>	<p>17</p> <p>BBQ Chicken Wings Dinner Roll Plantains Fresh Fruit Milk-8 oz.</p>	<p>18</p> <p>Taqueria Beef Tacos Spanish Rice &amp; Pico de Gallo Fresh Fruit Milk-8 oz.</p>	<p>19</p> <p>Spaghetti w/ Turkey Meatballs Roasted Broccoli w/ Lemon &amp; Garlic Fresh Fruit Milk-8 oz.</p>	<p>20</p> <p><b>SCHOOL CLOSED</b></p>
<p>23</p> <p>100% All Beef Brooklyn Hot Dog on Bun Baby Carrots w/ Ranch Fresh Fruit Milk-8 oz.</p>	<p>24</p> <p>Drumstick Chicken Bowl Brown Rice Braised Chickpeas Fresh Fruit Milk-8 oz.</p>	<p>25</p> <p>Classic Roast Turkey Dinner Roll Mashed Potatoes Fresh Fruit Milk-8 oz.</p>	<p>26</p> <p>Mac &amp; Cheese Sautéed Green Beans Fresh Fruit Milk-8 oz.</p>	<p>27</p> <p>BBQ Brisket Sub Cole Slaw Potato Salad Fresh Fruit Milk-8 oz.</p>
<p>30</p> <p>Chicken &amp; Waffles Celery w/ Ranch Dressing Fresh Fruit Milk-8 oz.</p>	<p>31</p> <p>Jerk Chicken Thigh Brown Rice Black Beans Fresh Fruit Milk-8 oz..</p>	<p><b>Happy St. Patrick's Day</b></p>		



**Happy St. Patrick's Day**