

2019 Cottage Hill/Arete (4-5) Cross Country Information and Sign-up

Dear Parents:

Cross Country is a strenuous sport that requires extensive running during both practice and competition. There are no buses available.

Parents must arrange transportation home from practices, and to and from each meet.

Students need to be picked up at 3:00pm after each practice on the basketball court by back parking lot.

The person responsible for taking a runner home after a meet is required to sign the 'check-out' form at each meet.

Cost: \$8.00 (goes toward team party and supplies)

2019 SCHEDULE

8/27	TUESDAY	PRACTICE 2:00PM-3:00PM
8/29	THURSDAY	PRACTICE 2:00PM-3:00PM
9/3	TUESDAY	PRACTICE 2:00PM-3:00PM
9/5	THURSDAY	PRACTICE 2:00PM-3:00PM
9/10	TUESDAY	PRACTICE 2:00PM-3:00PM
9/11	WEDNESDAY	MEET @ LYMAN GILMORE SCHOOL 4:00PM
9/12	THURSDAY	PRACTICE 2:00PM-3:00PM
9/17	TUESDAY	HOME MEET (VOLUNTEERS NEEDED!!!) 4:00PM
9/19	THURSDAY	MEET @ DEER CREEK/SEVEN HILLS 4:00PM
9/24	TUESDAY	MEET @ SKYRIDGE/AUBURN ELEMENTARY 4:00PM
9/25	WEDNESDAY	MEET @ READY SPRINGS 4-6TH GRADES ONLY 4:00PM
9/26	THURSDAY	PRACTICE 2:00PM-3:00PM
10/1	TUESDAY	PRACTICE 2:00PM-3:00PM
10/2	WEDNESDAY	MEET @ EMPIRE MINE (UNION HILL) 5th grade only 3:30PM
10/3	THURSDAY	PRACTICE 2:00PM-3:00PM
10/8	TUESDAY	PRACTICE 2:00PM-3:00PM
10/9	WEDNESDAY	MEET @ NEVADA UNION (MINER MILE) 4:00PM
10/10	THURSDAY	<i>END OF YEAR PARTY! 2:00PM-3:00PM</i>

****SPECIFIC MEET DETAILS WILL BE PROVIDED BEFORE EACH MEET****

Questions: Amanda Tamo (atamo@prsd.us)



-----Please keep upper portion of form-----

A parent must complete and return this portion if you would like your child to participate in Cross Country.

PARENT SIGNATURE

EMAIL

STUDENT NAME

GRADE

TEACHER

In case of accident, I hereby authorize emergency treatment as required.

Mothers name _____ PHONE _____

Fathers name _____ PHONE _____

If neither parent can be reached, please notify:

Name _____ Relationship _____ phone _____

Doctor _____ phone _____

Medical Ins. Company _____ Group # _____

