



## Wallace Junior High School

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# WALLACE ATHLETIC HANDBOOK 2019-2020

*AN ATHLETE'S GREATEST GLORY*

*LIES NOT IN NEVER FALLING,*

*BUT IN RISING EVERY TIME THEY FALL.*

## INTRODUCTION

This handbook has been prepared as a guide for the players, their parents, and the coaches of the Wallace athletic program. Wallace staff and administration pledge to continue working together to insure an outstanding program of athletic activities.

## GENERAL PHILOSOPHY

The athletic program is an important and integral part of the curriculum of Wallace Junior High School. As such, each activity is planned and coordinated so that all students participating in athletics can have a valuable educational experience.

Our program is concerned more with what **athletics can do for the character of an athlete** and skill development than in producing a winning team.

A player's physical and mental welfare will be valued over any urgency to have him/her in an athletic contest.

Athletes must fully participate in practice, abide by the school's policies, and follow the coach's instructions to receive appropriate playing time. There is a \$1.00 fee for each sport.

Coaches will keep the administration informed of any concerns regarding their athletes, parents, patrons, or spectators.

## ATHLETIC TRIPS

Coaches should confer with the administration as to time of departure and the number of athletes making the trip. A final travel roster, which lists all athletes and managers traveling, must be delivered to the principal's office before departure.

Everyone is to ride to and from the contest with their teammates and coach(es). Coaches may release athletes to parents who have a Student Release form on file. This form is obtained from the bus driver and is good for the season. If a parent wants an athlete released to another adult, that permission must go through a campus administrator.

In the event of a late return, each coach will establish a phone tree for contacting parents.

THE COACH IS IN CHARGE OF THE TRIP AND HAS THE RESPONSIBILITY TO ASSIST THE BUS DRIVER IN MAINTAINING PROPER DISCIPLINE ON THE BUS. THE BUS DRIVER IS RESPONSIBLE FOR PROPER OPERATION OF THE BUS, MAINTAINING ORDERLY CONDUCT, AND INSURING THE SAFETY OF ALL STUDENTS AND OTHER PASSENGERS BEING TRANSPORTED.

## ATHLETIC INJURIES

Students should report all injuries to the coach immediately. All injuries will receive prompt attention and should be considered serious until proven otherwise. Whenever a coach has a doubt concerning an injury, the coach will contact parents and recommend that a doctor be consulted.

## **ELIGIBILITY OF ATHLETES (PUSD Policy JJJ)**

Each student must be cleared through the office before he/she can participate in an athletic activity. Items A-E address student athlete eligibility:

A. Students who, upon having their work checked on a cumulative basis at the end of each four and one-half (4.5)-week period, show that they are not working to capacity and have one (1) or more failing grades will be removed from any athletic teams or extracurricular activities. After improving their respective grades such that they are passing on a cumulative basis, they shall be reinstated to the teams or extracurricular activities until a subsequent check is performed unless ineligible for some reason other than academic performance.

B. The eligibility criterion for extracurricular participation shall be a passing grade in all classes in which the student is enrolled, and the student shall maintain progress toward promotion or graduation.

C. The responsibility for notification of students and parents of these requirements and for enforcement of the above rule rests with the Superintendent.

D. The student and the parents or guardian shall be notified of ineligibility in a manner such that confidentiality is maintained when:

1. Ineligibility is pending.
2. Ineligibility is determined to be necessary.

E. Support services shall be made available to students who become ineligible for extracurricular programs as well as to students notified of pending ineligibility.

Students whose behavior presents a problem or jeopardizes school discipline may be ineligible for participation in extracurricular activities until such time as their behavior warrants reinstatement.

The same general standards shall apply for special education students except that such eligibility shall be determined on a case-by-case basis in relationship to the respective students' individual education programs.

**NO ONE MAY PARTICIPATE WITHOUT FIRST TURNING IN:**

1. Signed parent permission slip
2. Medical insurance form
3. Two emergency information cards
4. Health history and physical examination form (good for 1 year)
5. Parent/Athlete Concussion Information Sheet

In addition to these forms, athletes and parents should be aware of mandatory school and practice attendance policy.

**To participate in a contest an athlete must:**

- 1. Be in school the entire day of a contest AND**
- 2. Be in school the entire day after a contest.**

**3. To participate in a Saturday game, the attendance requirements must be met on the last school day before the game.**

***Extenuating circumstances which affect either policy will be considered on an individual basis with PRIOR approval of the coach.***

### **Athletic Teams**

**Sports with A & B Teams:** Football; Volleyball; Basketball

- The A Team is generally for 8<sup>th</sup> grade students and advanced 7<sup>th</sup> grade students. Students must tryout to earn a spot on the A Team.
- The B Team is generally for 7<sup>th</sup> grade students and advanced 6<sup>th</sup> grade students. Students must tryout to earn a spot on the B Team.
- A & B Teams will have both home and away games.
- **Football:**
  - A Team: The top 30 8<sup>th</sup> graders and/or advanced 7<sup>th</sup> graders
  - B Team: The top 30 7<sup>th</sup> graders and/or advanced 6<sup>th</sup> graders

\*\*\*Students unable to earn a spot on either team will be placed on a practice team. There will be 3 practice teams for skill development. The practice teams will have home games against each other. Practice teams will not travel.
- **Volleyball:**
  - A Team: The top 10 8<sup>th</sup> graders and/or advanced 7<sup>th</sup> graders
  - B Team: The top 10 7<sup>th</sup> graders and/or advanced 6<sup>th</sup> graders
  - Each team is eligible for a tournament if they finish in the top 8
- **Basketball:** (each team has a boys and girls)
  - A Team: The top 10 8<sup>th</sup> graders and/or advanced 7<sup>th</sup> graders
  - B Team: The top 10 7<sup>th</sup> graders and/or advanced 6<sup>th</sup> graders
  - Each team is eligible for a tournament if they finish in the top 8
- **Soccer:**
  - A Team: The top 12 8<sup>th</sup> grade athletes will make up the competitive traveling soccer team. Advanced 7<sup>th</sup> & 6<sup>th</sup> graders may also be considered to participate in the traveling team. This team can be coed based on skills. There is no B Team for soccer.
  - No student will be eliminated from practicing soccer; every eligible student will be able to practice.
- **Wrestling:** All eligible students can participate
- **Cheer:** All eligible students can participate
- **Track:** All eligible students can participate
- **Golf:** All eligible students can participate

## COACHING ETHICS

1. No “pressure” will be applied to any athlete to participate in a sport.
2. Cutting squads: Coaches should encourage all students to participate in our athletic program. In some sports it is impossible to keep all those who would like to participate. A rating scale may be used as a tool for final selections. An example follows:

10 points for grades \_\_\_\_\_  
10 points for attitude/behavior \_\_\_\_\_  
10 points for ability \_\_\_\_\_

TOTAL POINTS AVAILABLE: 30 \_\_\_\_\_

## CONDUCT OF ATHLETES

Our athletic teams represent our school and their conduct reflects on the entire student body, faculty, and community. To be a member of a team, a student must assume certain responsibilities and earn the privilege of representing his/her school.

The following are some rules that the student must be willing to accept before he/she participates in athletics:

1. Participate in all practices and games.  
**If an athlete must miss practice, it must be approved by the coach prior to the start of practice.**
2. Maintain school work--**student first, athlete second.**
3. Show good sportsmanship at practices, while playing a game, and while watching our other teams play (WJH teams will sit together as a group at all away games to promote program pride, and, to improve supervision of our athletes).

## CONSEQUENCES

**An athlete who is suspended from school could be dismissed from the team per coach’s and administrative discretion.**

### **Minor Discipline or rule violations:**

1. Athlete must complete any lunch detention, after school detention, or BMC assignment prior to leaving or playing in a game.

#### **EXAMPLES:**

**-If you have lunch detention or after school detention and the bus leaves prior to detention....you DO NOT GO!**

**-If you are assigned two days of BMC and a game is held between the two days....you DO NOT PLAY!**

2. Lunch Detention and after school detention may result in the loss of playing time...generally one quarter, but this is at the discretion of the coach.

## COACH'S CHECK LIST

1. Preseason meeting with team to discuss Athletic Handbook:
  - a. Eligibility
  - b. Team/school rules and consequences
  - c. Equipment issue
  - d. Sportsmanship
2. Emergency medical cards.
3. Master list of team members and managers to principal.
4. Results of all games to the front office for announcement on the next school day.
5. End of season and **PRIOR TO RELEASE OF PAYCHECK:**
  - a. Collect all equipment & uniforms
  - b. Inventory to Principal
  - c. Wish list of equipment needed for next season

## COACH'S RESPONSIBILITIES

1. Implement programs necessary to meet the objectives of the Athletic Department for his/her sport.
2. Enforce all school rules related to athletics.
3. Verify eligibility.
4. Provide for the safety and welfare of all participants.
5. Be an integral part of the school system and its educational program.
6. Work with participants, teachers, parents, and administration to ensure academic achievement.
7. Encourage and stress the importance of academic achievement.
8. Monitor the classroom behavior, attendance, and performance of all participants.
9. Provide written training rules (handbook), expectations, and policies to all participants, their parents and the administration prior to the start of the season.