

Van Alstyne Middle School

903-482-8804

Dear Parent/Guardian,

We are offering an important video on the early stages of puberty which many 5th graders are beginning to experience. The video will be shown during I30, **May 2nd** for the **girls** and **May 3rd** for the **boys**. The VAMS nurse will be presenting the video and a booklet at the end of the video to take home.

Parents are welcome to preview the video before it is shown to the students, follow the link <https://www.pgschoolprograms.com/parents>.

Thank you,

Lorie Wilson, LVN

VAMS Nurse

My Child _____ **has my permission / does NOT have**

(please circle)

to participate in viewing the 5th grade puberty education video.

Parent Signature

Date