



Food SERVICES

BREAKFAST MENU

Breakfast is available at **no cost** to all students!

Breakfast items always include whole grain rich ingredients, a choice fat-free or 1% milk and a variety of fruit selections.



This month's menu artwork contributed by:
Linda at Robert M. Pyles STEM Academy

OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
September 30 Cereal Variety & Elf Grahams	1 Frudel	2 Oatmeal with Toast	3 Bagel	4 Cereal Variety & Yogurt
7 Cereal Variety & Sunrise Bites	8 French Toast Sticks	9 Cinnamon Rolls	10 Scrambled Eggs & Tortillas	11 Cereal Variety & Yogurt
14 No School	15 Cereal Variety & Elf Grahams	16 Oatmeal Muffin Squares	17 Cinnamon Toast	18 Cereal Variety & Yogurt
21 Cereal Variety & Sunrise Bites	22 Waffles	23 Scrambled Eggs & Tortillas	24 Honeybuns	25 Cereal Variety & Yogurt
28 Cereal Variety & Waffle Grahams	29 Cook's Choice	30 Breakfast Croissant Sandwich	31 Pan Dulce	November 1 Cereal Variety & Yogurt

Menu subject to change.

This institution is an equal opportunity provider and employer.