



K-8 : Cairo Elementary November 2018 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>This month we are featuring new breakfast sandwiches</p>			<p>1. Denver Breakfast Bowl w/ Buttered Toast</p> <p>Chilled Pears Grape Juice</p>	<p>2. Biscuit & Gravy</p> <p>Red Apple Halve Orange Juice</p>
<p>5. Breakfast Pizza Cinnamon Applesauce Orange Juice</p>	<p>6. Cinnamon Oatmeal Cinnamon Toast</p> <p>Chilled Peaches Apple Juice</p>	<p>7. Turkey Ham & Cheese Burrito</p> <p>Raisins Orange Juice</p>	<p>8. Pancakes w/ Syrup</p> <p>Chilled Fruit Cocktail Grape Juice</p>	<p>9. Biscuit & Gravy</p> <p>Fresh Banana Apple Juice</p>
<p>12. No School Veterans' Day</p>	<p>13. Pancakes w/ Syrup</p> <p>Chilled Pears Apple Juice</p>	<p>14. Turkey Ham & Egg on Flatbread</p> <p>Raisins Fruit Punch Juice</p>	<p>15. Scrambled Eggs Turkey Sausage Link w/ Buttered Toast</p> <p>Fruit Cocktail Apple Juice</p>	<p>16. Biscuit & Gravy</p> <p>Chilled Pineapple Tidbits Orange Juice</p>
<p>19. Breakfast Sausage Pizza</p> <p>Rosy Applesauce Apple Juice</p>	<p>20. Egg & Cheese on an English Muffin Chilled Peaches Fruit Punch Juice</p>	<p>21. No School</p>	<p>22. Thanksgiving Day No School</p>	<p>23. No School</p>
<p>26. Breakfast Pizza</p> <p>Rosy Applesauce Orange Juice</p>	<p>27. Egg & Cheese Biscuit Chilled Pineapples Fruit Punch Juice</p>	<p>28. Cinnamon Rolls</p> <p>Baked Apple Slices Apple Juice</p>	<p>29. Denver Breakfast Bowl w/ Buttered Toast</p> <p>Chilled Pears Grape Juice</p>	<p>30. Biscuit & Gravy</p> <p>Red Fresh Apple Halve Orange Juice</p>
Daily Alternates				
Assorted Muffins & Cereal	Assorted Muffins & Cereal	Assorted Muffins & Cereal	Assorted Muffins & Cereal	Assorted Muffins & Cereal
Paired w/ String Cheese Graham Cracker or Yogurt	Paired w/ String Cheese Graham Cracker or Yogurt	Paired w/ String Cheese Graham Cracker or Yogurt	Paired w/ String Cheese Graham Cracker or Yogurt	Paired w/ String Cheese Graham Cracker or Yogurt

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.



This month we're celebrating cranberries



chartwells
Discovery
KITCHEN

Please update the bottom of each menu with the Food Focus of the Month as applicable to your menus:



This month
we're celebrating
cranberries

Discovery
KITCHEN



This month
we're celebrating
tomatoes

Discovery
KITCHEN



This month
we're celebrating
berries

Discovery
KITCHEN



This month
we're celebrating
autumn squash

Discovery
KITCHEN