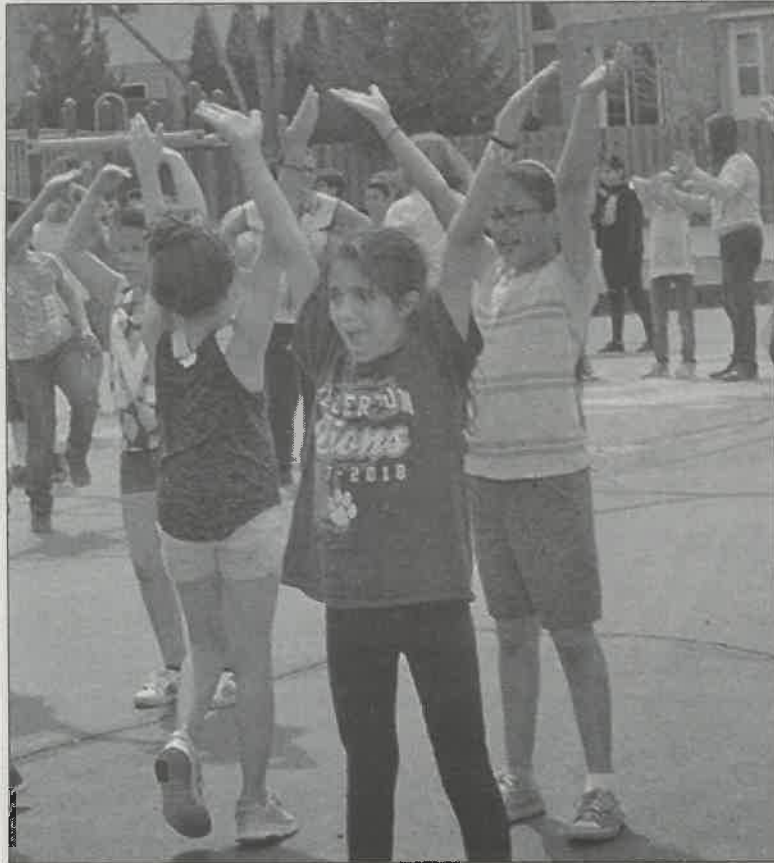


Fullerton School holds Project ACES

On Wednesday, May 2, the staff and students at Fullerton School poured out onto the playground to participate in Project ACES (All Children Exercise Simultaneously), the “World’s Largest Exercise Class.” Volunteer dance leaders and the Fullerton School choir led the crowd as more than 500 participants danced, jumped and sang along. Fullerton School physical education

teacher Karen Coffinbargar organized the local fitness event.

According to its web site, Project ACES was created by physical education teacher Len Saunders in 1989 as a method of motivating children to exercise. ACES takes place on the first Wednesday in May as part of National Physical Fitness and Sports Month along with National Physical Education Week.



These Fullerton students gestured through the long-time dance favorite “YMCA.” It was all part of Project ACES or the “World’s Largest Exercise Class” held on Wednesday, May 2.



SUBMITTED PHOTOS Addison Independent

On the afternoon of Wednesday, May 2, all students and staff poured out onto the playground at Fullerton School to participate in Project ACES (All Children Exercise Simultaneously), or the “World’s Largest Exercise Class.” Volunteer dance leaders and the Fullerton School choir led more than 500 participants as they danced, jumped and sang along.



Some of the students at Fullerton School did dance demonstrations to allow others to learn various steps at the Project ACES (All Children Exercise Simultaneously) event held Wednesday, May 2.



Project ACES
comes to
Fullerton

SUBMITTED PHOTO Addison Independent

All students and staff poured out onto the playground at Fullerton School on the afternoon of Wednesday, May 2, to participate in Project ACES (All Children Exercise Simultaneously), or the "World's Largest Exercise Class." Volunteer dance leaders and the Fullerton School choir led more than 500 participants as they danced, jumped and sang along. More photos inside.