



CALIFORNIA SCHOOL FOR THE DEAF

MENU

NOVEMBER 5 - 9, 2018

<p>Fresh Fruit Bar Orange Juice Wholegrain Assorted Cereal</p> <p>Wholegrain French Toast Margarine Syrup</p> <p>Choc Milk Nonfat Milk Lowfat, Soy</p>	<p>Fresh Fruit Bar Apple Juice Wholegrain Honey Nut Cereal Wholegrain Poptarts Mozzeralla Cheese Stick</p> <p>Choc Milk Nonfat Milk Lowfat, Soy</p>	<p>Fresh Fruit Bar Banana Wholegrain Assorted Cereal Breakfast Potato Fried Egg Catsup Wholegrain Toast Margarine Jelly Choc Milk Nonfat Milk Lowfat, Soy</p>	<p>Fresh Fruit Bar Melon Slice Wholegrain Assorted Cereal Wholegrain WaFat-freee *Sausage Patty Margarine Syrup Catsup Choc Milk Nonfat Milk Lowfat,Soy</p>	<p>Fresh Fruit Bar Grape Juice Wholegrain Mini Wheats Cereal Scrambled Egg Wheat Toast Margarine,Jelly Catsup Choc Milk Nonfat Milk Lowfat, Nonfat</p>
<p>Supergreens Salad Bar Lowfat/Fat-free Dressing Fresh Fruit Bar Canned Mandarin Orange Sections Fish Sandwich On Wholegrain Hamburger Bun Coleslaw Peas Wholegrain Rice Krispie Treat Catsup Mayo Tarter Sauce Milk Lowfat, Choc Nonfat Soy Milk Veggie Chicken Sandwich</p>	<p>Supergreens Salad Bar Lowfat/Fat-free Dressing Fresh Fruit Bar Wholegrain South Western Chicken Pasta Green Beans Wholegrain Bread Margarine Canned Pears Milk Lowfat, Choc Nonfat Soy Milk Veggie South Western Chicken Pasta</p>	<p>Supergreens Salad Bar Lowfat/Fat-free Dressing Fresh Fruit Bar Canned Peaches Sliced Cucumbers & Cherry Tomatoes Hot Dog On Wholegrain Bun Wholegrain Macaroni Salad Mustard Catsup Milk Lowfat, Choc Nonfat Soy Milk Veggie Hot Dog</p>	<p>Supergreens Salad Bar Lowfat/Fat-free Dressing Fresh Fruit Bar Celery Sticks Capri Sun Juice Box Nachos With Cheese Sauce And Meat Fresh Salsa Milk Lowfat, Choc Nonfat Soy Milk Nachos With Cheese Sauce & Veggie Taco Meat</p>	<p>Supergreens Salad Bar Lowfat/Fat-free Dressing Fresh Fruit Bar Apricot Cup Hamburger French Fries Green Beans Lettuce Tomato Sliced Onion Catsup, Mustard Mayo Wholegrain Cookie Milk Lowfat, Choc Nonfat Soy Milk Veggie Burger</p>
<p>Supergreens Salad Ind Bowls Lowfat,Fat-free Dressings Fresh Fruit Bar Canned Fruit Lemon Chicken Rice Pilaf Honey Carrots Dinner Roll Margarine Milk, Lowfat, Soy Choc Nonfat Milk Lemon Veggie Chicken Breast</p>	<p>Supergreens Salad Ind Bowls Lowfat,Fat-free Dressings Fresh Fruit Bar Applesauce Breaded Pork Chops Mashed Potato Gravy Capri Veggies Wholegrain Bread Margarine Catsup Milk, Lowfat, Soy Choc Nonfat Milk Veggie Burger</p>	<p>Supergreens Salad Ind Bowls Lowfat,Fat-free Dressings Fresh Fruit Bar Canned Fruit Braised Beef Egg Noodles Brussel Sprouts Dinner Roll Margarine Milk, Lowfat, Soy Choc Nonfat Milk Veggie Braise Beef</p>	<p>Supergreens Salad Ind Bowls Lowfat,Fat-free Dressings Fresh Fruit Bar Fresh Melon Salad Seafood Platter Potato Wedges Broccoli Bread Margarine Catsup Tarter Sauce Milk, Lowfat, Soy Choc Nonfat Milk</p>	