

BREAKFAST MARCH 2019

MSD COLUMBIA CAMPUS * LYNETTE.JOHNSON@MSD.EDU

Monday	Tuesday	Wednesday	Thursday	Friday
Available Daily: Assorted Cereal, Fruit, 100% Orange, Apple, Grape & Cranberry Juice, 1% and Skim Milk, Water				
				1 Egg and Cheese Biscuit Sweet Plantain Yogurt
4 French Toast Sugar Free Syrup Sausage Links Yogurt	5 Assorted Muffins Egg Patty Bacon Fruit	6 Egg Patty with Cheese Canadian Bacon on an English Muffin Hash Brown Oatmeal Fruit	7 Pancake on a Stick Tater Tots Yogurt Parfait	8 Scrambled Eggs Grits Bacon Raisin Bread Toast Butter, Jelly Fruit
11 Donuts Scrambled Eggs Bacon Fruit	12 Waffles Sausage Links Fruit	13 Scrambled Eggs Toast Oatmeal Fruit	14 Mini Bagel Cream Cheese, Butter, Jelly Hash Brown Bacon Fruit	15 Egg and Sausage Biscuit Butter, Jelly Yogurt
18 Egg and Sausage Patty Cheese Bagel Oatmeal Fruit	19 French Toast Sugar Free Syrup Bacon Cinnamon Apples	20 Scrambled Eggs Hash Brown Ketchup Cinnamon Rolls Fruit	21 Pancakes Sugar Free Syrup Sausage Links Fruit	22 Breakfast Burrito Salsa Tater Tots Yogurt Parfait
25 Waffles Sugar Free Syrup Sausage Links Fruit	26 Egg Patty with Cheese Canadian Bacon on an English Muffin Hash Brown, Butter Fruit	27 Pancakes Sugar Free Syrup Bacon	28 Scrambled Eggs Sausage Patty Raisin Bread Toast Butter, Jelly Fruit	29 Egg and Cheese Biscuit Sweet Plantain Yogurt