

# AUGUST 2019

Parker Unified School District #27

[Choice of Fat Free White or Fat Free Chocolate Milk Offered at Bth Breakfast & Lunch

## Monday

**5**  
 Cheerios  
 Grapes  
  
 Cheese Pizza  
 Salad  
 Fruit Cup

**12**  
 Golden Grahams  
 Grapes  
  
 Spaghetti & Meatballs  
 Salad  
 Fruit Cup

**19**  
 Cheerios  
 Grapes  
  
 Pepperoni Pizza  
 Salad  
 Fruit Cup

**26**  
 Golden Grahams  
 Grapes  
  
 Rotini  
 Salad  
 Fruit Cup

## Tuesday

**6**  
 Pancake & Sausage  
 on a Stick w/ Syrup  
 Applesauce  
  
 Bean & Cheese Burrito  
 w/ Salsa  
 Corn  
 Pears

**13**  
 Egg & Cheese Burrito  
 w/ Salsa  
 Applesauce  
  
 Taco in a Bag  
 Lettuce, Tomato & Salsa  
 Pears

**20**  
 Waffles w/ Syrup  
 Applesauce  
  
 Beef & Potato Burrito  
 w/ Salsa  
 Refried Beans  
 Pears

**27**  
 Egg & Cheese on an  
 English Muffin  
 Applesauce  
  
 Chicken & Cheese Quesadilla  
 w/ Salsa  
 Corn  
 Pears

## Wednesday

**31**  
 Frosted Mini -Wheats  
 Peaches  
  
 Chicken Nuggets  
 Tator Tots  
 Roll  
 Water Melon  
 Milk

**7**  
 Reeses Puffs  
 Peaches  
  
 Cheeseburger  
 Lettuce, Tomato & Pickle  
 French Fries  
 Water Melon

**14**  
 Frosted Mini Wheats  
 Peaches  
  
 Chicken Nuggets  
 Tator Tots  
 Roll  
 Water Melon

**21**  
 Reeses Puffs  
 Peaches  
  
 Cheeseburger  
 Lettuce, Tomato & Pickle  
 French Fries  
 Water Melon

**28**  
 Frosted Mini Wheats  
 Peaches  
  
 Grilled Chicken Sandwich  
 Lettuce, Tomato & Pickle  
 Potato Wedges  
 Water Melon

## Thursday

**1**  
 Cocoa Puffs  
 Pears  
  
 Corn Dog  
 Tator Tots  
 Apple

**8**  
 Lucky Charms  
 Pears  
  
 Hot Dog on a Bun  
 Curly Fries  
 Apple

**15**  
 Cocoa Puffs  
 Pears  
  
 Rib-B-Que Sandwich  
 Pork & Beans  
 Apple

**22**  
 Lucky Charms  
 Pears  
  
 Hot Dog on a Bun  
 Pork & Beans  
 Apple

**29**  
 Cocoa Puffs  
 Pears  
  
 Corn Dog  
 Tator Tots  
 Apple

## Friday

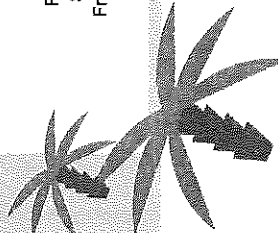
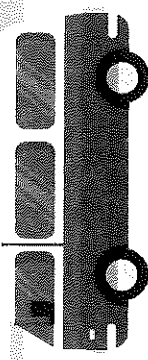
**2**  
 Chocolate Chip Muffin  
 Apple Slices  
  
 Turkey Sandwich  
 Lettuce, Tomato & Pickle  
 Baked Chips  
 Carrot & Ranch

**9**  
 Strawberry Nutri-Grain Bar  
 Apple Slices  
  
 Ham Sandwich  
 Lettuce, Tomato & Pickle  
 Baked Chips  
 Celery & Peanut Butter

**16**  
 Banana Muffin  
 Apple Slices  
  
 Deli Sub Sandwich  
 Lettuce, Tomato & Pickle  
 Baked Chips  
 Carrot & Ranch

**23**  
 Apple Nutri-grain Bar  
 Apple Slices  
  
 Turkey Sandwich  
 Lettuce, Tomato & Pickle  
 Baked Chips  
 Celery & Peanut Butter

**30**  
 Apple Cinnamon Muffin  
 Apple Slices  
  
 Ham Sandwich  
 Lettuce, Tomato & Pickle  
 Baked Chips  
 Carrot & Ranch



Menu Subject To Change Without Notice

Parker Unified School District Is an Equal Opportunity Provider and Employer