

*Come enjoy a delicious Lunch with us!*

# Merced River School District

## September 2019

### Lunch



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>NO SCHOOL</b>	3 Taco Lettuce, cheese Refried Beans Corn, Fruit, Milk	4 Pizza Cucumber coins Salad Fruit, Milk	5 Orange Chicken Brown Rice Steamed Broccoli Mixed veggies Fruit, Milk	6 Chicken Nuggets Tater Tots Baby Carrots Fruit, Milk	7
8	9 Lasagna Green Beans Salad Fruit Milk	10 Chili Verde Brown rice Refried Beans Mixed veggies Fruit, Milk	11 Turkey Cheese sandwich Gold fish Crackers Salad Fruit, Milk	12 Pulled pork On Hawaiian Roll Tater tots Cole slaw Fruit, Milk	13 Hamburger Lettuce/tomatoes Sweet potato fries Fruit Milk	14
15	16 Sloppy Joes Salad Fries Fruit Milk	17 Taco, Lettuce, cheese Refried Beans Fruit Milk	18 Grilled Cheese Celery Sticks Baked beans Fruit Milk	19 Chicken Nuggets Salad Carrots Fruit Milk	20 Corn Dogs Tater tots Mixed Veggies Fruit Milk	21
22	23 Pizza Salad Peas Fruit Milk	24 Enchilada Casserole Refried Beans Steamed Carrots Fruit Milk	25 Hot dogs Tater tots Salad Fruit Milk	26 Oven Fried Chicken Scalloped Potatoes Steamed Broccoli Fruit, Milk	27 Chicken Sandwich, Fries Baked Beans Fruit Milk	28
29	30 Rigatoni Salad Mixed Veggies Fruit Milk					

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*Come enjoy a delicious breakfast with us!*

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### Breakfast



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>NO SCHOOL</b>	3 Muffins Yogurt Fresh fruit Juice, Milk	4 Cereal Crackers Fresh Fruit Juice	5 Breakfast Pizza Fresh Fruit Juice Milk	6 Grandparents Breakfast Pancakes, Sausage & Eggs	7
8	9 Cereal Crackers Fresh Fruit Juice Milk	10 Muffins Yogurt Fresh fruit Juice, Milk	11 Cereal Crackers Fresh Fruit Juice	12 Chorizo, cheese, sunrise breakfast Fresh Fruit Juice Milk	13 Cereal Crackers Fresh Fruit Juice Milk	14
15	16 Cereal Crackers Fresh Fruit Juice Milk	17 Muffins Yogurt Fresh fruit Juice, Milk	18 Cereal Crackers Fresh Fruit Juice	19 Mini Waffles Fresh Fruit Juice Milk	20 Cereal Crackers Fresh Fruit Juice Milk	21
22	23 Cereal Crackers Fresh Fruit Juice Milk	24 Muffins Yogurt Fresh fruit Juice, Milk	25 Cereal Crackers Fresh Fruit Juice	26 Pancake & Sausage on a stick Fresh Fruit Juice Milk	27 Cereal Crackers Fresh Fruit Juice Milk	28
29	30 Cereal Crackers Fresh Fruit Juice Milk				<i>Come enjoy a delicious breakfast with us!</i>	