

FEBRUARY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1</p> <ul style="list-style-type: none"> • Cinnamon Raisin Bagel (V) • Fresh Fruit • Choice of Milk • <u>Orange Juice</u>
<p>4</p> <ul style="list-style-type: none"> • Cheerios • Animal Crackers • Fresh Fruit • Choice of Milk • <u>Orange Juice</u> 	<p>5</p> <ul style="list-style-type: none"> • HOT Rise & Shine Breakfast Burrito (V) • Fresh Fruits • Choice of Milk 	<p>6</p> <ul style="list-style-type: none"> • French Toast Muffin • Fresh Fruit • Choice of Milk • <u>Pineapple Juice</u> 	<p>7</p> <ul style="list-style-type: none"> • HOT Pancakes w/ Syrup (V) • Fresh Fruits • Choice of Milk 	<p>8</p> <ul style="list-style-type: none"> • Yogurt • Honey Grahams • Fresh Fruit • Choice of Milk • <u>Orange Juice</u>
<p>11</p> <ul style="list-style-type: none"> • Zee Zees Berry Apple Crisp Bar (DF) • Fresh Fruit • Choice of Milk • <u>Orange Juice</u> 	<p>12</p> <ul style="list-style-type: none"> • HOT Classic Egg and Cheese Brekwich (V) • Fresh Fruits • Choice of Milk 	<p>13</p> <ul style="list-style-type: none"> • Plain Whole Wheat Bagel • Cream Cheese • Fresh Fruit • Choice of Milk • <u>Pineapple Juice</u> 	<p>14</p> <ul style="list-style-type: none"> • HOT Omelet w/ Cheese (V) • Fresh Fruits • Choice of Milk 	<p>15</p> <p>SCHOOL CLOSED</p>
	<p>19</p> <ul style="list-style-type: none"> • Corn Chex • Giant Cinnamon Goldfish Grahams (DF) (V) • Fresh Fruits • Choice of Milk 	<p>20</p> <ul style="list-style-type: none"> • Banana Muffin • Fresh Fruit • Choice of Milk • <u>Pineapple Juice</u> 	<p>21</p> <ul style="list-style-type: none"> • HOT Pancake Bowl Strawberry (V) • Fresh Fruit • Choice of Milk 	<p>22</p> <ul style="list-style-type: none"> • Lemon Muffin • Fresh Fruit • Choice of Milk • <u>Orange Juice</u>
<p>25</p> <ul style="list-style-type: none"> • Yogurt • Honey Grahams • Fresh Fruit • Choice of Milk • <u>Orange Juice</u> 	<p>26</p> <ul style="list-style-type: none"> • HOT Cornbread & Egg Omelet (V) • Fresh Fruits • Choice of Milk 	<p>27</p> <ul style="list-style-type: none"> • String Cheese • Cinnamon Grahams • Fruit Fresh • <u>Pineapple Juice</u> 	<p>28</p> <ul style="list-style-type: none"> • Breakfast Panada Pie • Fresh Fruits • Choice of Milk 	

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; two pieces of fresh fruit served daily except when fruit juice is offered

FEBRUARY NSLP LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1</p> <ul style="list-style-type: none"> • Oven Roasted Chicken Sandwich (DF) • Fresh Fruit • Choice of Milk ○ Green Peas
<ul style="list-style-type: none"> • Chicken Bites • Fresh Fruit • Choice of Milk ○ Steamed Corn <p>4</p>	<ul style="list-style-type: none"> • Flame Broiled Beef Burger (DF) • Fresh Fruit • Choice of Milk ○ Green Beans <p>5</p>	<ul style="list-style-type: none"> • Scoops with Black Bean & Green Chile Cheese Dip (V) • Fresh Fruit • Choice of Milk ○ Edamame ○ Steamed Corn <p>6</p>	<ul style="list-style-type: none"> • The Revolution Hot Dog (DF) • Fresh Fruit • Choice of Milk ○ Chopped Lettuce and Sliced Tomatoes w/ ranch <p>7</p>	<ul style="list-style-type: none"> • Cheese Pizza (V) • Fresh Fruit • Choice of Milk ○ Steamed Carrots <p>8</p>
<ul style="list-style-type: none"> • The Revolution Hot Dog (DF) • Fresh Fruit • Choice of Milk ○ Green Beans <p>11</p>	<ul style="list-style-type: none"> • Oven Roasted Chicken Sandwich (DF) • Fresh Fruit • Choice of Milk ○ Glazed Carrots <p>12</p>	<ul style="list-style-type: none"> • Pasta w/ Zesty Beef • Fresh Fruit • Choice of Milk ○ Steamed Corn <p>13</p>	<ul style="list-style-type: none"> • BBQ Chicken with Cheesy Rice • Fresh Fruit • Choice of Milk ○ Chopped Lettuce and Sliced Tomatoes w/ ranch <p>14</p>	<p>15</p> <p>SCHOOL CLOSED</p>
	<ul style="list-style-type: none"> • Flame Broiled Beef Cheeseburger • Fresh Fruit • Choice of Milk ○ Green Beans <p>19</p>	<ul style="list-style-type: none"> • Hearty Veggie Chili (V) • Fresh Fruit • Choice of Milk ○ Steamed Corn <p>20</p>	<ul style="list-style-type: none"> • Baked Mac & Cheese and Chicken Bites • Fresh Fruit • Choice of Milk ○ Chopped Lettuce and Sliced Tomatoes w/ ranch <p>21</p>	<ul style="list-style-type: none"> • Classic Spaghetti and Meatballs (DF) • Fresh Fruit • Choice of Milk ○ Orangi Carrots <p>22</p>
<ul style="list-style-type: none"> • The Revolution Hot Dog (DF) • Fresh Fruit • Choice of Milk ○ Green Beans <p>25</p>	<ul style="list-style-type: none"> • Chicken Bites • Fresh Fruit • Choice of Milk ○ Island Glazed Carrots <p>26</p>	<ul style="list-style-type: none"> • Orange Grilled Chicken Bites (DF) • Fresh Fruit • Choice of Milk ○ Edamame ○ Grape Tomatoes <p>27</p>	<ul style="list-style-type: none"> • Crispy Chicken Sandwich (DF) • Fresh Fruit • Choice of Milk ○ Chopped Lettuce and Sliced Tomatoes w/ ranch <p>28</p>	

DID YOU KNOW?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our "new" website at revolutionfoods.com

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

- **Vegetable** of the day