



JANUARY 2019
Freehold Township ECLC




Students Name _____

Teachers Name _____

I Have Enclosed Cash _____

Check# _____

<p>Our menus are aligned with the USDA's "Healthier US School Challenge."</p>	<p>1  HAPPY NEW YEAR!</p>	<p>2 Pasta & Meat Sauce Sauteed Spinach OR Ham & Cheese Sandwich Garden Salad Assorted Fruit Or PBJ Sandwich</p>	<p>3 Chicken & Waffles South West Beans OR Ham & Cheese Sandwich Cucumber Slices Assorted Fruit Or PBJ Sandwich</p>	<p>4 French Bread Pizza Green Beans OR Ham & Cheese Sandwich Celery Sticks Assorted Fruit Or PBJ Sandwich</p>
<p>7 Egg & Cheese Bagel Sandwich Sweet Potato Wedges OR Turkey & Cheese Sandwich Carrot Sticks Assorted Fruit Or PBJ Sandwich</p>	<p>8 Poppin Popcorn Chicken Baked French Fries OR Turkey & Cheese Sandwich Chilled Corn Salad Assorted Fruit Or PBJ Sandwich</p>	<p>9 Pasta w/ Meat Sauce Sauteed Spinach OR Turkey & Cheese Sandwich Garden Salad Assorted Fruit Or PBJ Sandwich</p>	<p>10 NO LUNCH SERVED</p>	<p>11 Cheese Pizza Steamed Green Beans OR Turkey & Cheese Sandwich Celery Sticks Assorted Fruit OR PBJ Sandwich</p>
<p>14 Cheesy Bread Stick w/ Sauce Glazed Carrots OR Ham & Cheese Sandwich Carrot Sticks Assorted Fruit OR PBJ Sandwich</p>	<p>15 Hot" Diggity" Dog Baked Fries OR Ham & Cheese Sandwich Chilled Corn Salad Assorted Fruit OR PBJ Sandwich</p>	<p>16 NO LUNCH SERVED</p>	<p>17 Taco South West Black Beans OR Ham & Cheese Sandwich Cucumber Slices Assorted Fruit OR PBJ Sandwich</p>	<p>18 Mini Cheese Pizza Steamed Green Beans OR Ham & Cheese Sandwich Celery Sticks Assorted Fruit OR PBJ Sandwich</p>
<p>21 NO SCHOOL MARTIN LUTHER KING BIRTHDAY</p>	<p>22 Chicken Nuggets Crispy Tator Tots OR Tuna Salad Sandwich Chilled Corn Salad Assorted Fruit OR PBJ Sandwich</p>	<p>23 Mozzarella Sticks w/ Sauce Steamed Broccoli OR Tuna Salad Sandwich Garden Salad Assorted Fruit OR PBJ Sandwich</p>	<p>24 Boneless Chicken Bites Baked Beans OR Tuna Salad Sandwich Cucumber Slices Assorted Fruit OR PBJ Sandwich</p>	<p>25 Big Daddy Pizza Steamed Broccoli OR Tuna Salad Sandwich Celery Sticks Assorted Fruit OR PBJ Sandwich</p>
<p>28 Grilled Cheese Sandwich Steamed Carrot Coins OR Turkey & Cheese Sandwich Carrot Sticks Assorted Fruit Or PBJ Sandwich</p>	<p>29 NO LUNCH SERVED</p>	<p>30 Baked Ziti Sauteed Spinach OR Turkey & Cheese Sandwich Garden Salad Assorted Fruit OR PBJ Sandwich</p>	<p>31 Lunch Prices Paid \$2.75 Reduced \$.40 Milk \$.55</p>	<p>28 Sodexo Hiring Food Service Workers Call 732-462-8400 EX 8070 For details Work while kids are in school. Allows you to be home when school is on summer and holiday breaks!</p>

Please circle your choice's above
HOT ENTRÉE W/ HOT VEGETABLE
COLD ENTRE W/ COLD VEGETABLE
All Meals Must Be Pre-Ordered
Returned to Students Teacher BEFORE 12/14/18

Food May Contain Soy, Wheat or Dairy
Menu is Subject to Change

Circle Your Milk Choice Below

Skim White Milk Or 1% White Milk

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