



# **Healthy School**

## **Health & Wellness Policy**

### **Committee Meeting**

Date: 10/12/18

#### **I. General Functions**

- 1.1 Call Meeting to Order
- 1.2 Approval of Agenda

#### **II. Purpose**

- 2.1 Review, assess, and advise on BOARD POLICY (BP) 5030
- 2.2 Annual Committee Review

#### **III. Content of Wellness Policy/Policy Review**

##### **3.1 Minimum Requirements**

Specific goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness. LEA's are required to review and consider evidence-based strategies in determining these goals.

Standards of nutrition guidelines for all foods and beverages sold to students on school campus during the school day that are consistent with Federal regulations for:

School meal nutrition standards

### Smart Snacks in School nutrition standards

Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., classroom parties, classroom snacks brought by parents, or other foods given as incentives)

Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart snacks in School nutrition standards

Description of public involvement, public updates, policy leadership, and evaluation plan

## IV. Assessment Tool Review

### 4.1 Committee review/advisement/suggestions

Adjourn Meeting