

Addison School District 4 Elementary Lunch Menu

March 2020



Monday	Tuesday	Wednesday	Thursday	Friday
2 **Chicken Nuggets Tri-Tater Fruit & Veggie Bar	3 Stuffed Cheese Sticks With Marinara Sauce Fruit & Veggie Bar	4 Spicy Sriracha Grilled Chicken Sandwich Steamed Broccoli Fruit & Veggie Bar	5 Waffles Turkey Sausage Tri-Tater Fruit & Veggie Bar	6 Cheese Pizza Tri-Tater Fruit & Veggie Bar
9 Chicken Sandwich Golden Sweet Corn Fruit & Veggie Bar	10 Fiesta Nachos Black & White Bean Salsa Fiesta Corn Fruit & Veggie Bar	11 Brunch for Lunch Waffles Turkey Sausage Tri-Tater Fruit & Veggie Bar	12 Birthday Celebration **Pasta w/Meat Sauce Fruit & Veggie Bar	13 Cheesy Garlic Bread Fruit & Veggie Bar
16 Top Your Dog Hot Dog Steamed Cauliflower Tri-Tater Fruit & Veggie Bar	17 St. Patrick's Day Grilled Cheeseburger Seasoned Green Beans Fruit & Veggie Bar	18 Crunchy Mini Corn Dogs Tri-Tater Fruit & Veggie Bar	19 **Diced Chicken w/Gravy Mashed Potatoes Fruit & Veggie Bar	20 Cheese Pizza Fruit & Veggie Bar
23 Build A Burger Cheeseburger Golden Corn Fruit & Veggie Bar	24 Walking Taco w/Scoops Seasoned Black Beans Fiesta Corn Fruit & Veggie Bar	25 **Chicken Tenders Mashed Potatoes Fruit & Veggie Bar	26 New Item Egg Cheese & Turkey Sausage Muffin Sandwich Fruit & Veggie Bar	27 Stuffed Cheese Pizza Fruit & Veggie Bar
30 Spring Break Begins	31 Spring Break Begins			

Lunch
\$2.85
Milk is
Included
With Meal

Milk
.55¢
A Variety of
MILK
Is Offered
Daily

Questions about the menu?
Mary Ann Marcinek
mmarcinek@asd4.org
630-458-2457

For more information
or to "Ask the Dietitian",
check out our website!



Comprehensive nutrition &
allergy guides are
available in the Foodservice
Office.

Arbor Signature

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally
necessary. Notice will be given when
possible.
This institution is an equal opportunity
employer.

	Monday	Tuesday	Wednesday	Thursday	Friday
2	"New" Chicken Bacon Melt	3 Sloppy Joe Scoops Fries	4 **Chicken Tenders Corn Bread	5 Bacon Burger Tri-Tater (1)	6 "Homemade" Homemade Cheese Pizza
9	Crunchy Mini Corn Dogs Tri-Tater	10 Hot Dog on a Bun Baked Beans	11 Spicy Sriracha Chicken On a Roll	12 Birthday Celebration Smothered Meatballs over Mashed Potatoes	13 "Homemade" Homemade Cheese Pizza
16	Grilled Hot Dog w/Fixings	17 Waffles W/Turkey Sausage Tri-Tater	18 "Homemade" Pepperoni & Cheese Pizza	19 **Savory Salisbury Steak W/Gravy	20 "Homemade" Homemade Cheese Pizza
23	Gyro on Pita Fries	24 Walking Taco Scoops	25 Bosco Sticks w/Marinara Sauce	26 Pasta w/ Meat Sauce	27 "New Homemade" Jalapeño Pepper & Cheese Pizza Slice
30	Spring Break Begins	31 Spring Break Begins			
Crispy Chicken Sandwich Grilled Burgers or Plant Based Burger—New! Nacho Supreme with Zesty Salsa and Jalapeños					
	NEW Plant Based Meatless Meatball Sub		NEW Plant Based Buddha Bowl		NEW Plant Based Lentil Pasta Marinara
	NEW Plant Based Chicken-less Nuggets		NEW Plant Based Southwest Chicken-less Wrap		
	Cheese or Pepperoni	Stuffed Crust Cheese	Cheese or Pepperoni	Cheesy Garlic Flatbread	Cheese or Turkey Sausage
	Turkey and Cheese Wrap	Chicken Caesar Wrap	Turkey and Cheese Sub Lettuce/Tomato	Buffalo Grilled Chicken Ranch Wrap	Turkey and Cheese Wrap
	Crispy Chicken Salad or Grilled Chicken Salad	Southwest Crispy Chicken Salad	Crispy Chicken Salad or Grilled Chicken Salad	Southwest Crispy Chicken Salad	Vegetarian Chef Salad or Chef Salad (Turkey & Cheese)

Daily Special
Includes fruit and vegetable choices,
whole grain breads or rolls, and milk

Daily Choices

NEW!
Plant Based Entrées

Pizza Choices

Fresh Deli

Fresh Salads



V=Vegetarian option available
**Served with a roll
*Contains or may contain pork ingredients.

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Addison SD 4
Middle School
March 2020

Lunch \$2.85
Milk is Included
With Meal

Milk \$0.55
A Variety of Milk is
Offered Daily

**Fruit & Veggie Bar available
daily with all lunches**

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms
- ✓ Plant based entrée options

~Arbor Management~

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

Questions about the menu?
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