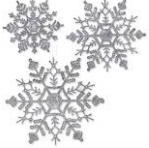
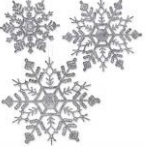
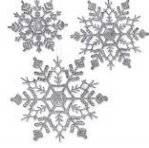
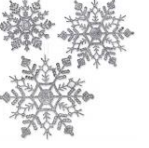


Pullman School District, Lincoln Middle School, January 2019 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		January 1-4 Winter Break No School		
7 Cheese Pizza Green beans Baby carrots Sliced peaches	8 Sweet & Sour Chicken w/Rice & Breadstick Corn Cucumber slices Pineapple chunks	9 French Toast Stix w/ Hardboiled egg Hash brown patty Cherry tomatoes Banana	10 Chicken Alfredo w/ Breadstick*** Red & green pepper slices Cucumber slices Apple slices	11 Fresh Made Pizza*** Baked beans Baby carrots Fresh orange slices
14 Chicken Drumstick w/ Mashed Potatoes & Roll Green beans Baby carrots Pineapple chunks	15 Teriyaki Chicken w/Rice Breadstick Fresh broccoli florets Red & green pepper slices Fresh apple slices	16 Chili Dog w/Red Roasted Potatoes**** Tossed green salad Black beans Sliced cucumbers Fresh grapes	17 Homemade Mac & Cheese w/Broccoli Salad*** Corn Baby carrots Orange slices	18 Professional Development Day Teachers Only No School
21 Martin Luther King, Jr. Day No School	22 Orange Chicken w/ Rice Breadstick Green beans Baby carrots Sliced peaches	23 Taco Soup w/ Cheese Quesadilla***** Tossed green salad Sliced cucumbers Fresh apple slices	24 Twirly Curly Pizza Pasta*** Breadstick Fresh broccoli florets Red & green pepper slices Pineapple chunks	25 Beef Tacos w/Cheese Shredded lettuce/tomato Black beans Baby carrots Fresh orange slices
28 Chicken & Waffles Baked beans Baby carrots Sliced pears	29 Spaghetti w/Meatballs**** Breadstick Green beans Sliced cucumbers Banana	30 Collaboration Day Noon Dismissal Sack lunches at LMS	31 Chicken Fajitas w/ Spanish Rice**** Tossed green salad Baby carrots Pineapple chunks	Student Lunch \$3.00 Reduced (grade 4-12) \$.40 Adult Lunch \$4.25 **Denotes items which are scratch cooking/clean label items

This institution is an equal opportunity provider