

WELLNESS

The Governing Board wishes to establish, through this personnel policy, conditions that will attract and keep the best qualified personnel for all positions who will devote themselves to the education and welfare of the students of the district.

Further, the Board recognizes employees are better able to provide a consistent learning environment for the students when regular attendance is achieved.

In order to encourage the environment necessary for effective instruction, the Board endorses the concepts and goals associated with a wellness program.

G O A L S

Through participation in a wellness program, employees will develop healthy life styles which will enhance self esteem and create a stronger better learning environment for students. This is expected to improve staff attendance and decrease the utilization of the medical benefit program. Additionally, it is anticipated that a cooperative spirit will develop between participants in the project.

To accomplish such goals, the Board further directs the Superintendent to initiate a comprehensive wellness program that will enhance and improve life styles of employees in the district. The cost of such a program, if funds are deemed available by the Superintendent, shall not exceed \$3000.

The Superintendent will provide an annual report to the Board that describes benefits accrued to the district that may include reduced absences, increased self esteem of staff, financial costs and/or benefits.