

**POMONA UNIFIED SCHOOL DISTRICT**  
**Health Services & Programs**

**SIGNS AND SYMPTOMS WHICH MAY INDICATE VISUAL DISTURBANCES**

**OBSERVATIONS**

**EYELIDS**

- crusts on lids among lashes
- red eyelids
- recurring styes or swollen lids

**OTHER**

- watery eyes or discharges
- lack of coordination in directing gaze of the two eyes
- reddened conjunctiva
- sensitivity to light

**BEHAVIOR AND COMPLAINTS**

1. Rubs eyes frequently.
2. Attempts to brush away blur.
3. Has dizziness, headaches or nausea following class work.
4. Is inattentive in chalkboard, wall chart or map lessons
5. Complains of itchy, burning or irritated eyes.
6. When looking at distant objects:
  - a. holds body tense
  - b. contorts face in attempt to see distant things clearly
  - c. thrusts head forward
  - d. squints eyes excessively
7. When reading:
  - a. blinks continually
  - b. holds book too far from face
  - c. holds book too close to face
  - d. makes frequent change in distance at which book is held
  - e. is inattentive during lesson
  - f. stops after brief period
  - g. shuts or covers one eye
  - h. tilts head to one side
  - i. tends to reverse words or syllables
  - j. tends to look cross-eyed
  - k. tends to lose place on page
  - l. confuses the following in reading or spelling: o's and a's; e's and c's; n's and m's; h's, n's and r's; f's and t's