



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Vegetarian Chili w/ Cheese</b>  Baby Carrots w/ Ranch WG Corn Bread Salad Fruit 1% White Milk	<b>Pepper Steak</b>  Seasoned Steamed Broccoli Brown Rice Fresh Apple slices 1% White Milk	<b>Cheesy Taco Penne</b>  Seasoned Green Beans Fresh Orange Smiles 1% White Milk	<b>Turkey Sloppy Joe on WG Bun</b>  Seasoned Corn Pink Grapefruit Sections 1% White Milk	No Program
<b>Beef Stir-Fry</b>  Julienne Stir-Fry Vegetable Blend Brown Rice Pineapple Tidbits 1% White Milk	<b>Ground Turkey &amp; Cheese Soft Taco</b>  Seasoned Corn Fresh Orange Smiles 1% White Milk	<b>Mostaccioli with Beef</b>  Seasoned Green Beans WG Dinner Roll Fresh Apple slices 1% White Milk	<b>Turkey Meatloaf</b>  Mashed Potatoes WG Dinner Roll Mandarin Oranges 1% White Milk	No Program
<b>BBQ Beef Meatballs</b>  Diced Maple Roasted Sweet Potatoes WG Dinner Roll Diced Pears 1% White Milk	<b>Diced Turkey and Gravy</b>  Mashed Potatoes Wheat Bread Slice Diced Peaches 1% White Milk	<b>Chicken Alfredo with WG Penne Pasta</b>  Seasoned Steamed Broccoli Mandarin Oranges 1% White Milk	<b>Beef Hotdog Casserole w/ Vegetarian Baked Beans</b>  Fresh Green Pepper Strips Wheat Bread Slice Applesauce Cup 1% White Milk	No School
No School	No School	No School	No School	No School
No School				



### Thought for Thought

To win without risk is to triumph without glory. - Pierre Corneille

### Tips & Information

The oldest pair of skates known date back to about 3000 B.C., found at the bottom of a lake in Switzerland. The skates were made from the leg bones of large animals, holes were bored at each end of the bone and leather straps were used to tie the skates on. Around the 14th Century, the Dutch started using wooden platform skates with flat iron bottom runners. The skates were attached to the skater's shoes with leather straps.

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"or:" = An alternative selection to choose. "WG"=Whole Grain 1% White & Fat Free Chocolate Milk available daily.

**\*\*Menu Subject to Change\*\***

This institution is an equal opportunity provider.

