

January Menu 2019



| | | | | |
|---|---|---|---|---|
| 3 WINTER BREAK NO SCHOOL | 1 WINTER BREAK NO SCHOOL | 2 WINTER BREAK NO SCHOOL | 3 WINTER BREAK NO SCHOOL | 4 WINTER BREAK NO SCHOOL |
| 7 A – Bosco Sticks w/ Marinara Dipper B – Sun butter & jelly Sandwich w/ cheese stick C – American Sub ** Sandwich on WW bun | 8 A – Chicken Nuggets w/ Cheddar Biscuit B – Protein Pack w/ hard egg, sun butter, wg bagel C – Turkey & Cheese sandwich | 9 A – Rotini Pasta w/ meatballs & breadstick B – Yogurt Parfait w/ granola & mixed berries C – Ham & Cheese sandwich ** | 10 A – Cheeseburger on WW bun B – Black Bean Burger on WW bun C – Chicken Caesar Salad w/ breadstick | 11 A – Traditional Wedge Cheese Pizza B – All Beef Hot Dog on WW Bun C – Turkey Pinwheel |
| 14 A – Nacho Platter Chips, Cheese & Meat B – Sun butter & Jelly Sandwich w/ cheese stick C – American Sub ** Sandwich on WW bun | 15 A – Chicken Cordon Bleu Sandwich** B – Protein Pack w/ hard egg, sun butter, wg bagel C – Turkey & Cheese sandwich | 16 A – BBQ Ribette sandwich ** B – Yogurt Parfait w/ granola & mixed berries C – Ham & Cheese sandwich ** | 17 A – WG maple pancakes With a yogurt cup B – Egg & Cheese Burrito on WW tortilla C – Chicken Caesar Salad w/ breadstick | 18 A – Personal Pan Cheese Pizza B – WG mini Chicken Corn Dogs C – Turkey Pinwheel |
| 21 MARTIN LUTHER KING DAY NO SCHOOL | 22 A – Hamburger on Whole wheat bun B – Protein Pack w/ hard egg, sun butter, wg bagel C – Turkey & Cheese sandwich | 23 A – Chicken Parmesan w/ gourmet breadstick B – Yogurt Parfait w/ granola & mixed berries C – Ham & Cheese sandwich ** | 24 A – BBQ pulled Pork** On WW Bun B – Bean & Cheese Goldfish Sandwich C – Chicken Caesar Salad w/ bradstick | 25 A – Stuffed Crust Cheese pizza B – All Beef Hot Dog on WW bun C – Turkey Pinwheel |
| 28 A – French Toast with Turkey Sausage Links B – Sunbutter & Jelly sandwich w/ cheese stick C – American Sub ** Sandwich on WW bun | 29 A – Orange Chicken over WG Rice B – Protein Pack w/ hard egg, sun butter, wg bagel C – Turkey & Cheese sandwich | 30 SCHOOL IMPROVEMENT DAY NO LUNCH | 31 A – Walking taco – chips Seasoned meat & cheese B – Southwest Hummus Wrap on WG tortilla C – Chicken Caesar Salad w/ breadstick | |

Westchester Middle School
Lunch Price \$3.75 Milk Only \$.30
All Lunches come with the Farmers
Garden Bar to complete your order

** this lunch meal
contains pork
Rena Belfiore 708-498-0882
rbelfiore@sd925.org