

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/07/2019																
Elementary Cycle 2-Lunch	Total serv	6000														
Tangerine Chicken	1500		400	75	910	*2.00	2.88	40.0	0	0.0	*N/A*	27.0	39.0	16.0	3.50	*0.00
CHICKEN NUGGETS-GLAZIER-TYSON	5 PIECES	2000	230	30	560	2.00	1.80	40.0	0	0.0	*N/A*	12.0	15.0	14.0	3.50	*N/A*
SEASONED RICE	1/2 cup	3000	68	0	201	0.02	0.44	0.5	63	3.81	*0	1.01	11.74	1.36	0.24	*0.00
Oriental Vegetable Blend	1/2 cup	3000	0	0	0	0.02	0.01	0.3	4	0.16	*N/A*	*N/A*	0.06	0.0	0.00	0.00
GREEN BEANS: canned,cooked	1/2 CUP	3000	14	0	169	1.28	0.61	17.6	236	2.9	*N/A*	0.81	3.04	0.07	0.01	*N/A*
PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	3000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	2 EACH	3000	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	1000	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			403	35	855	*3.92	2.21	240.9	636	*20.66	*8	*19.47	59.73	10.29	2.66	*0.00
% of Calories											*7.5%	*19.3%	59.3%	23.0%	5.9%	*0.0%
Nutrient Guideline			550-650		1230											<10.00

Tue - 01/08/2019																
Elementary Cycle 2-Lunch	Total	6000														
CHICKEN SPAGHETTI	1 CUP	3000	260	62	865	1.43	0.70	*218.0	398	*8.4	*1	19.96	20.36	10.96	4.31	*0.17
CHEESE PIZZA MINIS, WG	1 EA	3000	230	10	480	4.00	2.70	0.0	200	0.0	*N/A*	15.0	30.0	7.0	2.50	0.00
BROCCOLI: frozen, boiled	1/2 CUP	3000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	3000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
APRICOTS,CND,EX LT SYRUP PK,W/	1/2 CUP	3000	111	0	5	3.63	0.68	22.7	2883	9.07	*N/A*	1.36	28.35	0.23	0.02	0.00
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
RICE CRISPIES TREATS	1 EACH	6000	111	0	105	0.06	4.04	1.5	589	8.4	*1	1.16	21.78	2.24	0.43	*0.00
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			587	42	1013	8.38	6.65	*340.0	3181	*49.04	*12	29.49	94.54	12.79	4.43	*0.08
% of Calories											*8.1%	20.1%	64.5%	19.6%	6.8%	*0.1%
Nutrient Guideline			550-650		1230											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/09/2019																
Elementary Cycle 2-Lunch	Total	6000														
Frito Pie	1/2 cup	3000	319	27	553	4.57	2.52	118.2	766	10.96	*1	13.14	29.11	16.65	3.60	*0.00
CHEF SALAD-HAM W/ CROUTONS	SERVING	2000	219	37	961	5.21	3.44	268.8	16993	40.39	*3	13.97	16.56	9.67	6.38	*0.00
PEAS: frozen,boiled	1/2 CUP	3000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
CARROTS:frozen, boiled	1/2 CUP	3000	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
JUICE, VARIETY FRUIT P.C.- VIT	CONTAINER	3000	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			465	32	799	8.62	*3.48	372.8	13434	*45.09	*12 *10.4%	21.31 18.3%	66.42 57.2%	12.81 24.8%	4.48 8.7%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/10/2019																
Elementary Cycle 2-Lunch	Total	6000														
TACOS-BEEF	SERVINGS	3000	533	*85	*482	*4.32	*3.65	*236.9	*529	*3.98	*0	*26.85	*38.57	*30.63	*11.29	*0.00
TACO SALAD-VISD	SERVINGS	2000	413	*73	*714	*2.87	*3.37	*226.9	*2530	*12.45	*3	*24.89	*25.68	*22.95	*7.52	*0.00
SPANISH RICE	.50 CUP	3000	133	*0	*91	*0.99	*0.71	*3.8	*32	*2.18	*0	*2.8	*23.36	*4.05	*0.77	*0.00
PINTO BEANS: cooked	1/2 CUP	3000	145	*0	*26	*6.39	*2.08	*51.2	*0	*2.86	*1	*8.93	*26.03	*0.51	*0.10	*0.00
MEXICAN PLATE SALAD	1/2 CUP	3000	9	0	280	0.98	0.55	233.1	1138	5.77	*1	0.37	1.84	0.07	0.01	*0.00
PICO DE GALLO	1/3 c	3000	18	*0	*3	*0.77	*0.31	*7.8	*515	*44.13	*2	*0.7	*3.4	*0.39	*0.06	*0.00
PEACHES, SLICED-WORLD H	1/2 CUP	3000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	1000	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			727	*73	*852	*9.77	*5.13	*553.7	*2369	*47.13	*11 *5.8%	*36.43 *20.0%	*88.89 *48.9%	*26.38 *32.6%	*9.11 *11.3%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/11/2019																
Elementary Cycle 2-Lunch	Total	6000														
CHEESEBURGER ON A BUN	1 EACH	2500	285	48	665	3.00	3.60	195.0	300	0.0	*N/A*	23.5	29.0	8.5	3.75	0.00
CORN DOG:Turkey Jumbo State F	1 EACH	2000	280	31	660	2.00	1.80	80.0	0	18.0	*N/A*	9.0	31.0	13.0	3.50	0.00
SWEET POTATO FRIES STRAI	1/2 C	3000	140	0	160	3.00	0.72	40.0	1000	1.2	*N/A*	1.0	20.0	6.0	0.00	0.00
GHT-SI																
BURGER SALAD	1/2 cup	2000	16	0	695	1.34	0.46	58.2	1919	6.23	2	0.87	3.32	0.32	0.08	0.00
FRUIT COCKTAIL-LIBBY'S-GLA	1/2 CUP	3000	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
ZIER																
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK	2 EACH	3000	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	1000	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
CONDIMENTS, SALAD DRESSI	1 EACH	1000	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
NG PAC																
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			473	36	1082	6.06	3.15	359.4	1875	*22.55	*16	21.63	70.95	12.43	3.25	0.00
% of Calories											*13.9%	18.3%	60.0%	23.7%	6.2%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Weighted Average			531	*44	*920	*7.35	*4.13	*373.3	*4299	*36.89	*12	*25.67	*76.11	*14.94	*4.79	*0.02
											*19.9%	*19.3%	*57.3%	*25.3%	*8.1%	*0.0%

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Victoria I.S.D.

Jan 7, 2019 thru Jan 11, 2019

Base Menu Spreadsheet

Elementary Cycle 2-Lunch

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	531		Weekly Target	550 - 650	97%	Miss Data	Shortfall	19	Overage	Error Messages (if any)							
Cholesterol (mg)	44					Missing				Correction Required - Calories are Low							
Sodium 1 (mg)	920			1230		Missing											
Sodium 2 (mg)	920			935		Missing											
Fiber (g)	7.35					Missing											
Iron (mg)	4.13					Missing											
Calcium (mg)	373.3					Missing											
Vitamin A (IU)	4299					Missing											
Sugars (g)	12	8.84%				Missing											
Vitamin C (mg)	36.89					Missing											
Protein (g)	25.67	19.34%				Missing											
Carbohydrate (g)	76.11	57.35%				Missing											
Total Fat (g)	14.94	25.33%				Missing											
Saturated Fat (g)	4.79	8.11%		<10.00%		Missing											
Trans Fat ¹ (g)	0.02	0.03%				Missing											

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/14/2019																
Elementary Cycle3-Lunch	Total	6000														
Spicy Chicken Tenders	3 pieces	3000	260	25	390	3.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	15.0	17.0	15.0	2.50	0.00
BREADED BEEF FINGERS	4 EA	2500	361	46	330	2.06	2.78	41.2	103	1.24	*N/A*	14.43	18.56	24.74	7.22	*N/A*
MASHED POTATOES-SIMPLOT	1/2 CUP	3000	90	0	380	0.00	0.36	20.0	0	30.0	*N/A*	2.0	17.0	1.5	0.00	0.00
GREEN BEANS: canned,cooked	1/2 CUP	3000	14	0	169	1.28	0.61	17.6	236	2.9	*N/A*	0.81	3.04	0.07	0.01	*N/A*
PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	3000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	3000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
BAKED CHIPS-VARIETY	1BAG	6000	145	0	225	2.00	0.54	55.0	50	0.9	*N/A*	2.25	22.0	2.87	1.13	*0.00
GRAVY, MIX-FAT FREE-MORRI SON	1 tbsp	3000	30	0	243	0.00	0.00	21.7	0	0.0	*0	1.01	6.05	0.0	0.00	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	2 EACH	3000	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	1000	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSI NG PAC	1 EACH	1000	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			673	38	1224	6.69	*2.52	*307.9	*649	*32.09	*6	25.36	86.57	22.84	5.87	*0.00
% of Calories											*3.4%	15.1%	51.5%	30.5%	7.8%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 01/15/2019																
Elementary Cycle3-Lunch	Total	6000														
PIZZA POCKETS	SERVINGS	3000	364	*67	*418	*2.21	*3.26	*162.3	*175	*2.07	*0	*27.11	*29.98	*14.54	*5.84	*0.00
WG MOZZARELLA STICKS (RI CH'S)	5 EA	1000	400	25	450	2.50	2.00	458.0	428	458.0	*N/A*	20.0	35.0	20.0	7.50	0.00
BROCCOLI: frozen, boiled	1/2 CUP	3000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	3000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
PEARS WITH CHERRIES	1/2 CUP	3000	35	0	2	0.87	*0.16	*0.0	*0	*0.52	*N/A*	*N/A*	8.72	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	3000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
PIZZA SAUCE; LABATT FOOD SERVI	1/8 CUP	3000	22	0	180	1.80	0.65	0.0	450	8.1	*N/A*	1.8	5.4	0.0	0.00	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00

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Victoria I.S.D.

Jan 14, 2019 thru Jan 18, 2019

Base Menu Spreadsheet

Elementary Cycle3-Lunch

Portion Values - Detailed

Generated on: 12/7/2018 4:38:35 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			443	*44	*608	*6.25	*2.91	*373.3	*1189	*110.59	*8 *7.4%	*27.84 *25.2%	*58.69 *53.0%	*12.03 *24.4%	*4.76 *9.7%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

Wed - 01/16/2019																
Elementary Cycle3-Lunch	Total	6000														
BEANS & FRANKS	.75 CUP	1000	278	34	1105	5.01	4.37	93.7	103	*4.15	*11	11.38	28.71	14.15	4.86	*0.00
HAMBURGER	SERVING	3500	250	40	470	3.00	3.60	120.0	100	0.0	*N/A*	21.0	28.0	6.5	2.50	0.00
PEAS: frozen,boiled	1/2 CUP	3000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
SWEET POTATO FRIES STRAI	1/2 C	3000	140	0	160	3.00	0.72	40.0	1000	1.2	*N/A*	1.0	20.0	6.0	0.00	0.00
GHT-SI																
JUICE, VARIETY FRUIT P.C.- VIT	CONTAINER	3000	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	3000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
ROLL-COUNTRY HOME BAKERS	ROLL	5000	150	0	270	3.00	1.80	40.0	0	0.0	*N/A*	5.0	30.0	2.0	0.00	0.00
CONDIMENT, KETCHUP PACK	2 EACH	3000	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	1000	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
CONDIMENTS, SALAD DRESSING PAC	1 EACH	1000	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			612	35	1070	9.58	*5.72	354.6	1854	*23.60	*9 *6.1%	28.56 18.7%	100.37 65.6%	12.29 18.1%	2.77 4.1%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/17/2019																
Elementary Cycle3-Lunch	Total	6000														
CHILI CON CARNE W/ BEANS	1/2 CUP	2000	178	43	170	2.15	2.79	42.4	545	6.63	*3	14.14	8.23	9.97	3.70	*0.55
BEAN & CHEESE BURRITO/KID SMART	1 EACH	2000	260	5	410	7.00	2.70	100.0	100	1.2	*N/A*	12.0	37.0	9.0	2.00	0.00
SPANISH RICE	.50 CUP	3000	133	*0	*91	*0.99	*0.71	*3.8	*32	*2.18	*0	*2.8	*23.36	*4.05	*0.77	*0.00
REFRIED BEANS	1/2 CUP	3000	239	2	723	10.60	3.45	157.8	25	1.61	*2	13.63	35.23	5.43	1.29	*0.00
SPINACH SALAD*	1 CUP	3000	160	*0	*26	*1.28	*1.54	*37.1	*2817	*25.35	*6	*1.08	*8.05	*13.71	*0.02	*0.00
PEACHES, SLICED-WORLD HORIZONS	1/2 CUP	3000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	3000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	1000	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
CORNBREAD	1 each	1	250	27	169	1.28	1.91	63.3	160	0.52	*5	6.08	36.11	8.78	1.30	*0.00
Weighted Daily Average			573	*23	*786	*11.18	*5.01	*356.3	*2024	*27.71	*11	*25.66	*79.54	*18.79	*3.43	*0.18
% of Calories											*7.5%	*17.9%	*55.5%	*29.5%	*5.4%	*0.3%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 01/18/2019																
Elementary Cycle3-Lunch	Total	6000														
HOT DOG ON A BUN:turkey hot	1 EACH	2500	261	25	772	2.42	1.81	100.7	0	*0.0	*N/A*	9.84	20.98	15.02	4.90	0.00
MACARONI AND CHEESE	2/3 CUP	2000	321	33	961	0.80	0.86	615.3	1665	0.93	*9	22.95	30.52	12.2	6.89	*0.00
FRENCH FRIES	SERVING	3000	120	0	20	2.00	0.36	0.0	0	6.0	*N/A*	2.0	20.0	3.5	1.00	0.00
CARROTS:frozen, boiled	1/2 CUP	3000	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
FRUIT COCKTAIL-LIBBY'S-GLAZIER	1/2 CUP	3000	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
FRUIT, FRESH ASSORTED	1 EACH	3000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK	2 EACH	3000	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT, MUSTARD PACK	1 EACH	1000	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
CONDIMENTS, SALAD DRESSING PAC	1 EACH	1000	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			464	28	947	5.28	1.92	469.6	7298	*15.02	*19	20.89	66.57	13.73	5.37	*0.00
% of Calories											*16.0%	18.0%	57.3%	26.6%	10.4%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			553	*34	*927	*7.80	*3.62	*372.3	*2603	*41.80	*11 *17.1%	*25.66 *18.6%	*78.35 *56.7%	*15.94 *25.9%	*4.44 *7.2%	*0.04 *0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	553		550 - 650	100%				
Cholesterol (mg)	34				Missing			
Sodium 1 (mg)	927		1230		Missing			
Sodium 2 (mg)	927		935		Missing			
Fiber (g)	7.80				Missing			
Iron (mg)	3.62				Missing			
Calcium (mg)	372.3				Missing			
Vitamin A (IU)	2603				Missing			
Sugars (g)	11	7.62%			Missing			
Vitamin C (mg)	41.80				Missing			
Protein (g)	25.66	18.56%			Missing			
Carbohydrate (g)	78.35	56.67%			Missing			
Total Fat (g)	15.94	25.94%			Missing			
Saturated Fat (g)	4.44	7.22%	<10.00%		Missing			
Trans Fat ¹ (g)	0.04	0.06%			Missing			

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Victoria I.S.D.

Jan 21, 2019 thru Jan 25, 2019

Base Menu Spreadsheet

Elementary Cycle 4-lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/21/2019																
Elementary Cycle 4-lunch NO SCHOOL TODAY	Total SERVING	6000 1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			550-650		1230											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/22/2019																
Elementary Cycle 4-lunch	Total	6000														
SPAGHETTI AND MEAT SAUCE	1 CUP	1500	348	52	501	2.58	4.22	55.4	264	5.46	*4	20.93	37.37	12.37	4.56	*0.66
CHEESE PIZZA MINIS, WG	1 EA	4000	230	10	480	4.00	2.70	0.0	200	0.0	*N/A*	15.0	30.0	7.0	2.50	0.00
BROCCOLI: frozen, boiled	1/2 CUP	3000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	3000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
APRICOTS,CND,EX LT SYRUP PK,W/	1/2 CUP	2000	111	0	5	3.63	0.68	22.7	2883	9.07	*N/A*	1.36	28.35	0.23	0.02	0.00
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GARLIC BREAD:SYSCO FOOD S:RICH	1SLICE	3000	173	10	346	1.99	1.43	80.3	118	0.0	*0	4.02	27.78	5.81	2.43	*0.15
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			539	31	853	9.31	4.37	279.7	2071	*36.30	*11 *8.1%	27.87 20.7%	86.09 63.9%	12.20 20.4%	4.62 7.7%	*0.24 *0.4%
Nutrient Guideline			550-650		1230											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/23/2019																
Elementary Cycle 4-lunch	Total	6000														
CHEESEBURGER POCKET	1 each	2500	491	*140	846	*0.85	3.73	158.6	*226	*0.48	*0	41.09	15.34	28.09	11.95	*0.17
CARROTS:frozen, boiled	1/2 CUP	3000	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
PEAS: frozen,boiled	1/2 CUP	3000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
JUICE, VARIETY FRUIT P.C.- VIT	CONTAIN ER	5000	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CHOCOLATE CHIP-OTIS SPUN KMEYER	1 EACH	5000	130	5	95	1.00	0.72	0.0	100	0.0	*N/A*	1.0	17.0	6.0	2.00	*N/A*
CRACKERS,SALTINES-LANCE	3 CRACK ERS	2000	50	0	105	0.00	0.36	0.0	0	0.0	*N/A*	1.0	8.0	1.5	0.50	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
BREADED BEEF FINGERS	4 EA	1000	361	46	330	2.06	2.78	41.2	103	1.24	*N/A*	14.43	18.56	24.74	7.22	*N/A*
Weighted Daily Average			657	*76	729	*6.13	*3.87	297.1	*7581	*32.30	*11	30.77	81.16	22.59	8.57	*0.07
% of Calories											*6.7%	18.7%	49.4%	30.9%	11.7%	*0.1%
Nutrient Guideline			550-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/24/2019																
Elementary Cycle 4-lunch	Total	6000														
NACHOS WITH GROUND BEEF	1/3 cup	2000	309	38	560	0.93	1.22	218.9	812	*0.39	*1	15.98	14.72	20.68	8.45	*0.40
TACO SALAD-VISD	SERVINGS	1500	413	*73	*714	*2.87	*3.37	*226.9	*2530	*12.45	*3	*24.89	*25.68	*22.95	*7.52	*0.00
SPANISH RICE	.50 CUP	3000	133	*0	*91	*0.99	*0.71	*3.8	*32	*2.18	*0	*2.8	*23.36	*4.05	*0.77	*0.00
PINTO BEANS: cooked	1/2 CUP	3000	145	*0	*26	*6.39	*2.08	*51.2	*0	*2.86	*1	*8.93	*26.03	*0.51	*0.10	*0.00
MEXICAN PLATE SALAD	1/2 CUP	1000	9	0	280	0.98	0.55	233.1	1138	5.77	*1	0.37	1.84	0.07	0.01	*0.00
PICO DE GALLO	1/3 c	1000	18	*0	*3	*0.77	*0.31	*7.8	*515	*44.13	*2	*0.7	*3.4	*0.39	*0.06	*0.00
PEACHES, SLICED-WORLD H ORIZONS	1/2 CUP	4000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	1000	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			532	*37	*645	*7.27	*3.21	*412.4	*1629	*27.80	*10	*26.07	*73.46	*15.89	*5.63	*0.13
% of Calories											*7.2%	*19.6%	*55.2%	*26.9%	*9.5%	*0.2%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/25/2019																
Elementary Cycle 4-lunch	Total	6000														
CHICKEN NUGGETS-GLAZIER-TYSON	5 PIECES	3000	230	30	560	2.00	1.80	40.0	0	0.0	*N/A*	12.0	15.0	14.0	3.50	*N/A*
TATER TOTS,FRZ,PREP SIMPL OT	1/2 cup	3000	227	0	400	2.67	0.48	0.0	0	6.4	*N/A*	2.67	25.33	13.33	2.00	0.00
GREEN BEANS (CUT)-ALLENS	1/2 CUP	3000	35	0	380	3.00	1.80	40.0	500	2.4	*N/A*	2.0	7.0	0.0	0.00	0.00
CANDIED APPLES	1/4 cup	3000	42	0	19	1.27	0.07	3.3	29	2.44	9	0.44	10.86	0.09	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	2 EACH	3000	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	1000	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
BAKED POTATO EXTRA CHEESE	1 EACH	1000	438	51	544	4.44	2.26	564.9	913	19.4	*2	21.46	44.85	19.12	10.57	*0.00
Weighted Daily Average			485	30	1026	6.80	2.81	344.2	901	*21.57	*12	19.94	64.63	17.81	5.01	*0.00
% of Calories											*10.2%	16.4%	53.3%	33.0%	9.3%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Weighted Average			553	*44	*813	*7.38	*3.57	*333.3	*3045	*29.49	*11 *17.9%	*26.16 *18.9%	*76.33 *55.2%	*17.12 *27.9%	*5.96 *9.7%	*0.11 *0.2%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	553		550 - 650	100%				
Cholesterol (mg)	44				Missing			
Sodium 1 (mg)	813		1230		Missing			
Sodium 2 (mg)	813		935		Missing			
Fiber (g)	7.38				Missing			
Iron (mg)	3.57				Missing			
Calcium (mg)	333.3				Missing			
Vitamin A (IU)	3045				Missing			
Sugars (g)	11	7.94%			Missing			
Vitamin C (mg)	29.49				Missing			
Protein (g)	26.16	18.91%			Missing			
Carbohydrate (g)	76.33	55.18%			Missing			
Total Fat (g)	17.12	27.85%			Missing			
Saturated Fat (g)	5.96	9.69%	<10.00%		Missing			
Trans Fat ¹ (g)	0.11	0.18%			Missing			

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/28/2019																
Elementary Cycle 1-Lunch	Total	6000														
CHICKEN FRIED STEAK SANDWICH	SANDWIC	1500	491	45	793	4.02	5.42	100.6	0	0.0	*N/A*	23.06	54.26	22.53	8.01	*0.00
HOT DOG ON A BUN:turkey hot	1 EACH	1000	261	25	772	2.42	1.81	100.7	0	*0.0	*N/A*	9.84	20.98	15.02	4.90	0.00
MASHED POTATOES-SIMPLOT	1/2 CUP	4000	90	0	380	0.00	0.36	20.0	0	30.0	*N/A*	2.0	17.0	1.5	0.00	0.00
SPINACH: frozen,boiled	1/2 CUP	2000	32	0	92	3.52	1.86	145.4	11458	2.09	0	3.81	4.56	0.83	0.15	0.00
PINEAPPLE TIDBITS-WORLD HORIZO	1/2 CUP	4000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GRAVY, MIX-FAT FREE-MORRISON	1 tbsp	2000	30	0	243	0.00	0.00	21.7	0	0.0	*0	1.01	6.05	0.0	0.00	0.00
CONDIMENT, KETCHUP PACKET-SYSC	2 EACH	3000	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACKET-SYSCO	1 EACH	1000	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	1000	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	6000	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			460	22	975	4.84	2.89	336.8	4320	*39.49	*8 *6.7%	18.82 16.4%	74.33 64.6%	10.89 21.3%	3.40 6.7%	*0.00 *0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 01/29/2019																
Elementary Cycle 1-Lunch	Total	6000														
LASAGNA WITH GROUND BEEF	SERVINGS	4000	282	39	326	2.60	2.96	301.4	849	9.43	*3	18.68	27.87	10.24	5.58	*0.25
HAM / CHEESE CROISSANT	1 EACH	500	312	45	1107	3.00	8.60	210.0	770	0.0	*N/A*	20.34	35.34	13.34	7.17	0.00
BROCCOLI: frozen, boiled	1/2 CUP	3000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	2000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
PEARS WITH CHERRIES	1/2 CUP	3000	35	0	2	0.87	*0.16	*0.0	*0	*0.52	*N/A*	*N/A*	8.72	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	3000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GARLIC BREAD:SYSCO FOODS:RICH	1SLICE	4000	173	10	346	1.99	1.43	80.3	118	0.0	*0	4.02	27.78	5.81	2.43	*0.15
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			503	43	747	6.87	*4.23	*487.4	*1508	*35.21	*10 *7.6%	*26.57 *21.1%	73.25 58.3%	13.07 23.4%	6.49 11.6%	*0.27 *0.5%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 01/30/2019																
Elementary Cycle 1-Lunch	Total	6000														
CHILI BEEF MAC	1CUP SE	2000	350	*77	880	*1.48	2.96	197.2	*530	*12.7	*1	25.16	25.19	16.07	7.15	*0.18
SUNBUTTER&JELLY W/ STRIN	1 SAND	2000	463	13	573	6.94	4.84	643.2	201	0.0	*3	18.98	48.85	22.48	5.51	0.02
G CHEE	WICH															
PEAS: frozen,boiled	1/2 CUP	3000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
SWEET POTATO FRIES STRAI	1/2 C	4000	140	0	160	3.00	0.72	40.0	1000	1.2	*N/A*	1.0	20.0	6.0	0.00	0.00
GHT-SI																
JUICE, VARIETY FRUIT P.C.- VIT	CONTAIN	4000	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
	ER															
FRUIT,FRESH ASSORTED	1 EACH	4000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK	2 EACH	3000	20	0	200	0.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	1000	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			611	*36	886	*8.20	*4.17	524.8	*2235	*33.21	*11 *7.0%	25.25 16.5%	88.78 58.2%	17.87 26.3%	4.73 7.0%	*0.07 *0.1%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/31/2019																
Elementary Cycle 1-Lunch	Total	6000														
ENCHILADAS & SAUCE-ELEMENTARY	SERVING	1000	418	*68	*700	*1.69	2.13	119.3	*279	*0.91	*1	22.15	*26.53	24.65	10.01	*0.00
BEAN & CHEESE BURRITO/KID SMART	1 EACH	4000	260	5	410	7.00	2.70	100.0	100	1.2	*N/A*	12.0	37.0	9.0	2.00	0.00
SPANISH RICE	.50 CUP	3000	133	*0	*91	*0.99	*0.71	*3.8	*32	*2.18	*0	*2.8	*23.36	*4.05	*0.77	*0.00
REFRIED BEANS	1/2 CUP	3000	239	2	723	10.60	3.45	157.8	25	1.61	*2	13.63	35.23	5.43	1.29	*0.00
SALAD, TOSSED: no dressing	1 cup	3000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
PEACHES, SLICED-WORLD HORIZONS	1/2 CUP	3000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	4500	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	1000	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			627	*22	*983	*14.90	*5.30	*407.4	*6577	*27.84	*12	*29.45	*98.18	*16.04	*4.56	*0.00
% of Calories											*7.9%	*18.8%	*62.6%	*23.0%	*6.5%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Weighted Average			550	*31	*898	*8.70	*4.15	*439.1	*3660	*33.94	*10	*25.02	*83.64	*14.47	*4.80	*0.08
											*16.5%	*18.2%	*60.8%	*23.7%	*7.8%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	550		550 - 650	100%				
Cholesterol (mg)	31				Missing			
Sodium 1 (mg)	898		1230		Missing			
Sodium 2 (mg)	898		935		Missing			
Fiber (g)	8.70				Missing			
Iron (mg)	4.15				Missing			
Calcium (mg)	439.1				Missing			
Vitamin A (IU)	3660				Missing			
Sugars (g)	10	7.34%			Missing			
Vitamin C (mg)	33.94				Missing			
Protein (g)	25.02	18.19%			Missing			
Carbohydrate (g)	83.64	60.81%			Missing			
Total Fat (g)	14.47	23.66%			Missing			
Saturated Fat (g)	4.80	7.85%	<10.00%		Missing			
Trans Fat ¹ (g)	0.08	0.14%			Missing			

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