

Bradley County School Nutrition - 2018 / 2019 FALL MENU

School Nutrition Dept. 423-476-0620



School Breaks:

Sept. 3 - Labor Day

Oct. 8-12 - Fall Break

Nov. 6 - No school

Nov. 19-23 - Thanksgiving Break

Dec. 21 - 1/2 day before Christmas

| August 2018 | | | | | | |
|----------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 10 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| September 2018 | | | | | | |
| S | M | T | W | T | F | S |
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| October 2018 | | | | | | |
| S | M | T | W | T | F | S |
| 30 | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |
| November 2018 | | | | | | |
| S | M | T | W | T | F | S |
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | |
| December 2018 | | | | | | |
| S | M | T | W | T | F | S |
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |

Cycle Menu Week 1

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| Corn Dog Baked Beans Carrots with Dip Seasonal Fruit | Popcorn Chicken Biscuit Mashed Potatoes Steamed Broccoli Seasonal Fruit | Pizza Tossed Salad with Dressing Steamed Corn Seasonal Fruit | Chicken Casserole Sister Schubert Roll Sweet Potatoes Green Beans Seasonal Fruit | Hamburger Whole Grain Bun Trimmings Oven Fries Seasonal Fruit |

Cycle Menu Week 2

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| Twisted Cheese Bread with Marinara Fresh Veggies with Dip Steamed Corn Seasonal Fruit | Teriyaki Dippers Steamed Carrots Broccoli Whole Grain Roll Seasonal Fruit | Chicken Nuggets Cooked Carrots Green Beans Seasonal Fruit • Cookie | Pasta with Meat Sauce Bread Sticks Side Salad Mixed Veggies Seasonal Fruit | Chicken Sandwich Whole Grain Bun Baked Beans Potato Smiles Trimmings Seasonal Fruit |

Cycle Menu Week 3

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| Pizza California Blend Steamed Corn Seasonal Fruit | Toasted Cheese Soup Special Broccoli Quick Baked Potato Seasonal Fruit | Salisbury Steak Sister Schubert Roll Cooked Green Peas Mashed Potatoes Seasonal Fruit • Luigi's Sherbet | Chili Cheese Fritos Lettuce Salsa Carrots with Dip Seasonal Fruit | BBQ Sandwich Whole Grain Bun Baked Beans Cole Slaw Pickle Spear Seasonal Fruit |

Cycle Menu Week 4

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|---|
| Fun Fish Sticks Oven Fries Hush Puppy Cole Slaw Seasonal Fruit | Deli Sandwich on a Hoagie Bun Baked Chips Trimmings Carrots with Dip Seasonal Fruit | Chicken Tenders Mashed Potatoes Peas Sister Schubert Roll Seasonal Fruit | Taco Salad Scoop Chips Refried Beans Steamed Corn Salsa Seasonal Fruit | Hot Dog Whole Grain Bun Roasted Potatoes Cole Slaw Seasonal Fruit |

[Menu is Subject to Change Due to Product Availability, Holidays, and School Closings or Events.]

A meal includes choice of 1 main entrée item, choice of 2 vegetables, choice of 1 fruit & choice of 1 milk.



| Fall Fruit & Veggie Holidays | |
|------------------------------|-------------------------|
| Aug. | Peach Month |
| | 8/3: Watermelon Day |
| Sept. | Potato & Mushroom Month |
| Oct. | Pumpkin & Apple Month |
| Nov. | Pepper Month |
| | 11/14: Guacamole Day |
| Dec. | Fruitcake Month |

Additional Daily Option
Pizza 'Schoolable'
Whole Grain Flat Bread
Turkey Pepperoni
Mozzarella Cheese
Marinara Sauce

Following the idea of the famous Pizza Lunchable, Bradley County Elementary Schools will be offering students a new Grab'n'Go meal this year. Students not interested in the 'Hot Meal' of the day will have the opportunity to choose a 'Schoolable', instead. Kids will have a great time customizing their own tiny pizzas with this new, hands-on meal! Students will have the choice of fruits and veggies to add to their meal, as well.



September 9th is National "I ♥ Food Day"

This institution is an equal opportunity provider.