



October 2019

West Valley Elementary Menu



Online Deposits, plus auto-payment options:
www.myschoolbucks.com
 (Call CN office for student I.D.)
 972-6040

Monday	Tuesday	Wednesday	Thursday	Friday
	1) Breakfast Pizza, Fruit Chicken Enchilada Casserole Mini Corn Dogs <i>Choice of:</i> salad, broccoli, cucumber, pears, grapes	2) Mini Pancake Sausages, Fruit Cheese Zombie Cheese Pizza <i>Choice of:</i> salad, tomato soup, cauliflower, rosy applesauce, orange slices	3) Cinnamon Bread, Fruit Chicken Salad Chicken Drumsticks <i>Choice of:</i> salad, brownie, baby carrots, Local Fruit , banana	4) Honey Buns, Fruit Chicken Drumstick w/Potatoes Philly Cheesesteak <i>Choice of:</i> salad, sweet corn, veggie sticks, peaches, fruit bowl
7) Muffin, Cheese Stick, Fruit Chicken Strips Sandwich Pretzel & Cheese Sauce <i>Choice of:</i> salad, baby carrots, edamame, pineapple tidbits, fruit bowl	8) Breakfast Pizza, Fruit Macaroni & Cheese Pepperoni Pizza Rippers <i>Choice of:</i> salad, celery sticks, green peas, strawberries, local apples	9) Mini Pancake Sausages, Fruit Chicken Teriyaki Rice Bowl Bean & Cheese Burrito <i>Choice of:</i> salad, cherry tomatoes, cucumber, applesauce cups, orange slices	10) Cinnamon Bread, Fruit Chicken Salad Popcorn Chicken <i>Choice of:</i> salad, homemade roll, baby carrots, mixed fruit, local apples	11) No School
14) Muffin, Cheese Stick, Fruit Brunch Breakfast Pizza French Toast & Sausage <i>Choice of:</i> salad, baby carrots, hash browns, peaches, fruit bowl	15) Breakfast Pizza, Fruit Spaghetti w/Meat Sauce Mini Corn Dogs <i>Choice of:</i> salad, broccoli, roasted squash, mixed berries, grapes	16) Mini Pancake Sausages, Fruit National School Lunch Week Cheese Zombie Cheese Pizza <i>Choice of:</i> salad, tomato soup, cauliflower, rosy applesauce, orange slices	17) Cinnamon Bread, Fruit BBQ Chicken Salad Chicken Nuggets <i>Choice of:</i> salad, breadstick, baby carrots, Local Fruit , banana	18) Honey Buns, Fruit Blue Friday Italian Dippers w/Marinara Rib-B-Que Sandwich <i>Choice of:</i> salad, edamame, veggies sticks, pears, Sidekicks
21) Muffin, Cheese Stick, Fruit Ham & Cheese Sandwich Chicken Sandwich <i>Choice of:</i> salad, baby carrots, edamame, mixed fruit, fruit bowl	22) Breakfast Pizza, Fruit Lunch Bites Hamburger <i>Choice of:</i> salad, broccoli, tomato slices, pineapple tidbits, local apples	23) Mini Pancake Sausages, Fruit Orange Chicken Rice Bowl Bean & Cheese Burrito <i>Choice of:</i> salad, cucumber, red peppers, applesauce cup, orange slices	24) Cinnamon Bread, Fruit Chef Salad Chicken Strips <i>Choice of:</i> salad, dinner roll, baby carrots, strawberries, local apples	25) Honey Buns, Fruit Bean & Cheese Nacho Bites Beef Hot Dog <i>Choice of:</i> salad, sweet corn, veggie sticks, fruit bowl, Sidekicks
28) Muffin, Cheese Stick, Fruit Conference Week Chicken Teriyaki Burger Beef Soft Taco <i>Choice of:</i> salad, baby carrots, edamame, pears, fruit bowl	29) Breakfast Pizza, Fruit Conference Week Tater Tot Casserole w/Biscuit Pepperoni Pizza Rippers <i>Choice of:</i> salad, broccoli, cucumber, peaches, grapes	30) Mini Pancake Sausages, Fruit Conference Week Cheese Zombie Cheese Pizza <i>Choice of:</i> salad, tomato soup, cauliflower, rosy applesauce, orange slices	31) Cinnamon Bread, Fruit Conference Week SW Chicken Salad Popcorn Chicken <i>Choice of:</i> salad, cookie, baby carrots, banana, local apples	 WV menus feature Washington State grown and harvested products

Offered daily:

- Additional Breakfast Choices: Cereal, 100% Fruit Juice, Fresh Fruit
- Milk Choices: Fat Free Chocolate & White Milk, Soy Milk. Milk may be purchased for \$.50 to compliment meals from home.

This institution is an equal opportunity provider.

Menu items may change without notice.