

# RUHS Jr. Sea Hawk Cheer Clinic

**Wednesday, January 30<sup>th</sup> & Thursday, January 31<sup>st</sup> 2019**

The RUHS Cheer Squad invites students K - 8TH to attend their annual Junior Sea Hawk Cheer Clinic! Students will learn exciting dances, and cheers from the RUHS Cheer Squad and perform at halftime on **Thursday, January 31st, 2019, at the Girls Varsity Basketball game.**

## Junior Sea Hawk Training Schedule:

- Wednesday, January 30th from 4:00PM to 6:00PM
- Thursday, January 31st from 5:00PM to end of basketball game
  - (Girls Varsity Basketball Game vs. Mira Costa – starts @ 6:00 PM)

\*Snack will be provided on Wednesday and Pizza Party provided Thursday!\*

**The registration fee of \$55.00 per participant includes 2 days of training, snack, pizza party, custom clinic cheer t-shirt, and a cheer bow!**

Registration and payments should be sent to:

Redondo Union High School, 1 Sea Hawk Way Redondo Beach, CA 90277 Attention: Emily Byars, Cheer Advisor

**\*\*Cash or checks only please. Make checks payable to RUHS Cheer\*\***

Participants should wear comfortable shoes, shorts or sweats and t-shirt to practice in. On game/performance day, please wear black sweat pants or leggings, and your cheer t-shirt, tennis shoes, and hair in a ponytail.

Drop off and pick up is in front of the Main Gym at RUHS. Main Gym is across from the RUHS Office on Diamond.

Participants get free admission into the game. Parents and family members can purchase adult discounted tickets in advance for \$5.00 each and children are \$3.00. Tickets purchased on game day will be sold at ticket booth and no discount will be given.

Questions? Please contact Emily Byars (Culinary Arts Teacher and Cheer Advisor) Email – ebyars@rbsud.org

Please fill out the bottom portion and return with your payment by **January 28<sup>th</sup>**

T-shirt size → YS YM YL AS AM AL (please circle one)

Participant Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

School: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Phone #: \_\_\_\_\_ E-mail (please print): \_\_\_\_\_

Payment method: (Circle one) Cash or Check

Registration \$55.00 per participant \_\_\_\_\_ x\$55 =\$ \_\_\_\_\_

Pre-Sale Adult tickets \$5.00 each \_\_\_\_\_ x\$5 =\$ \_\_\_\_\_

Pre-Sale children tickets \$3.00 each \_\_\_\_\_ x\$3 =\$ \_\_\_\_\_ TOTAL = \$ \_\_\_\_\_

**\*Must receive registration, payment, and waiver by January 28<sup>th</sup>\***

**REDONDO BEACH UNIFIED SCHOOL DISTRICT**

**WAIVER, RELEASE AND INDEMNITY AGREEMENT  
ASSUMPTION OF RISK FOR PARTICIPATION  
IN A VOLUNTARY ACTIVITY/PROGRAM**

Participant: \_\_\_\_\_

School Attended: \_\_\_\_\_

Description of Activity/Program: \_\_\_\_\_

Date(s) of Activity/Program: \_\_\_\_\_

By my signature below, I hereby give permission for my son/daughter to participate in the above-described activity. I realize that this activity is voluntary. The undersigned is specifically aware, and confirms by executing this document that they are aware that such a program of instruction or participation in such an activity presents a high risk of personal injury, bodily injury, property damage or wrongful death, and that the undersigned's child may injure himself or herself, or be injured by other participants related to the activity. The undersigned is specifically aware and acknowledges being aware of the risk that he or she may be hurt or injured by participating in any aspect of this activity.

For and in consideration of permitting the above named child to participate in the activity described above, the undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, bodily injury, property damage or wrongful death occurring to him/herself arising in any way whatsoever as a result of engaging in said activity or any activities incidental thereto wherever or however the same may occur and for whatever period said activities may continue. The undersigned does for him/herself, his/Tier heirs, executors, administrators and assigns hereby release, waive discharge and relinquish any action or causes of action, aforesaid, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute, present any claim for personal injury, bodily injury, property damage or wrongful death against the Redondo Beach Unified School District (District) or any of its officers, agents, servants, or employees for any of said causes of action, whether the same shall arise by the negligence of any of said persons, or otherwise.

The undersigned hereby acknowledges that he/she knowingly and voluntarily assumes all risks of bodily injury to his/her child, as stated, and expressly acknowledges their intention, by executing this instrument, to exempt and relieve the District, its officers, agents, and employees, from any liability for personal injury, bodily injury, property damage or wrongful death that may arise out of or in any way be connected with the above-described activity. I have read the foregoing and have voluntarily signed this agreement. I am aware of the potential risks involved in this activity and I am fully aware of the legal consequences of signing this instrument. I further acknowledge that the District does not provide medical coverage for participants in this activity.

The undersigned further acknowledges that this waiver, release, and indemnity agreement is intended to be as comprehensive and broad as is permissible within all governing statutes and laws.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Parent/Guardian Name (Please Print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip Code

\_\_\_\_\_  
Home Telephone Number (include area code)

\_\_\_\_\_  
Work Telephone Number (include area code)