


## NOVEMBER 2019 BREAKFAST & LUNCH MENU

ALL MENUS SUBJECT TO CHANGES WITHOUT NOTICE

1/2 PINT MILK WITH ALL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p style="text-align: right;">1</p> <p>BANANA BREAD YOGURT FRESH FRUIT 100% FRUIT JUICE</p> <p>SWEET TERIYAKI PORK w/ STEAMED RICE &amp; FRUIT JUICE</p> <p>RAINBOW SALAD EDAMAME</p>
<p style="text-align: right;">4</p> <p>PIZZA BAGEL MIXED FRUIT FRESH FRUIT</p>	<p style="text-align: right;">5</p> <p>CHICKEN PATTY STEAMED RICE FRESH FRUIT 100% FRUIT JUICE</p>	<p style="text-align: right;">6</p> <p>PLAIN BAGEL w/ CREAM CHEESE FRESH FRUIT 100% FRUIT JUICE</p>	<p style="text-align: right;">7</p> <p>CINNAMON ROLL YOGURT FRUIT COCKTAIL FRESH FRUIT</p>	<p style="text-align: right;">8</p> <p>PORTUGUESE SAUSAGE STEAMED RICE APPLE SAUCE FRESH FRUIT</p>
<p>CHICKEN PATTY &amp; RICE w/ GRAVY &amp; APPLE WEDGE</p> <p>STEAMED BROCCOLI &amp; CARROTS</p>	<p>CHEESE BURGER w/ OVEN POTATOES</p> <p>VEGETABLE STICKS w/ HUMMUS FRUIT</p>	<p>CREOLE MACARONI &amp; FRUIT</p> <p>SPINACH &amp; ROMAINE SALAD</p>	<p>PASTRAMI SANDWICH &amp; FRUIT</p> <p>VEGETABLE STICKS w/ DIP EDAMAME</p>	<p>CHICKEN BROCCOLI &amp; STEAMED RICE</p> <p>STEAMED CARROTS CORN FRUIT</p>
<p style="font-size: 1.2em;">VETERAN'S DAY</p>	<p style="text-align: right;">12</p> <p>PANCAKE w/ SYRUP CANNED FRUIT FRESH FRUIT</p>	<p style="text-align: right;">13</p> <p>PORK SAUS PATTY STEAMED RICE FRESH FRUIT GRAPE JUICE</p>	<p style="text-align: right;">14</p> <p>PLAIN BAGEL w/ CREAM CHEESE CANNED FRUIT FRESH FRUIT</p>	<p style="text-align: right;">15</p> <p>APPLE SAUCE CAKE YOGURT FRESH FRUIT ORANGE JUICE</p>
	<p>CHEESE PIZZA &amp; FRUIT</p> <p>SPINACH &amp; ROMAINE SALAD EDAMAME BABY CARROT</p>	<p style="text-align: right;">16</p> <p>TUNA SALAD SANDWICH w/ OVEN POTATOES</p> <p>VEGETABLE STICKS w/ DIP FRUIT SLUSHY</p>	<p style="text-align: right;">17</p> <p>CHICKEN TENDERS w/ STEAMED RICE &amp; FRUIT</p> <p>STEAMED BROCCOLI &amp; CORN</p>	<p style="text-align: right;">18</p> <p>CHICKEN PASTA FLORENTINE</p> <p>RAINBOW SALAD FRUIT</p>
<p style="text-align: right;">18</p> <p>PIZZA BAGEL FRESH FRUIT APPLE JUICE</p>	<p style="text-align: right;">19</p> <p>YOGURT &amp; TOAST FRESH FRUIT APPLE JUICE</p>	<p style="text-align: right;">20</p> <p>CINN BAGEL w/ CREAM CHEESE CANNED FRUIT FRESH FRUIT</p>	<p style="text-align: right;">21</p> <p>COFFEE CAKE CANNED FRUIT FRESH FRUIT</p>	<p style="text-align: right;">22</p> <p>PORTUGUESE SAUS STEAMED RICE APPLE SAUCE FRESH FRUIT</p>
<p>NACHOS w/ BEEF &amp; CHEESE</p> <p>SPINACH &amp; ROMAINE SALAD VEGETABLE STICKS w/ DIP FRUIT</p>	<p>CHICKEN PATTY SANDWICH</p> <p>POTATO ROUNDS STEAMED CARROTS &amp; EDAMAME APPLE WEDGE</p>	<p>CHILI FRANK &amp; STEAMED RICE</p> <p>RAINBOW SALAD EDAMAME GRAPE JUICE</p>	<p>POPCORN CHICKEN &amp; WHIPPED POTATOES</p> <p>STEAMED CARROTS &amp; CORN FRUIT</p>	<p>KALUA PORK w/ CABBAGE &amp; STEAMED RICE</p> <p>LOMI TOMATO FRUIT</p>
<p style="text-align: right;">25</p> <p>MAPLE PANCAKE WRAP ORANGE WEDGE 100% FRUIT JUICE</p>	<p style="text-align: right;">26</p> <p>BELGIAN WAFFLE w/ SYRUP FRESH FRUIT 100% FRUIT JUICE</p>	<p style="text-align: right;">27</p> <p>YOGURT CINNAMON TOAST PINEAPPLE FRESH FRUIT</p>	<p style="font-size: 1.2em;">THANKSGIVING DAY</p>	<p style="font-size: 1.2em;">SCHOOL HOLIDAY</p>
<p>CHICKEN TENDERS &amp; STEAMED RICE</p> <p>SPINACH &amp; ROMAINE SALAD FRUIT</p>	<p>PEPPERONI PIZZA &amp; FRUIT</p> <p>VEGETABLE STICKS w/ DIP EDAMAME FRUIT</p>	<p>CORNDOG &amp; OVEN POTATES</p> <p>VEGETABLE STICKS w/ HUMMUS FRUIT</p>		
<p>"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"</p>				