

Community Resources

Location	Address	Phone Number
Aaron Center	https://aaroncenter.com/ 851 Commerce Blvd. Dickson City, PA 18519	570-489-5561
Advance Community Service Association	1141 Clay Ave (Suite 2) Dunmore, Pa 18512	570-963-2079
Advocacy Alliance	www.theadvocacyalliance.org 846 Jefferson Ave	570-342-7762 Toll Free:1-877-315-6855
Arianne Scheller Counseling Services	3 West Olive Street Scranton, PA 18508	570-498-9326
Catholic Social Services	515 Fig Street	570-207-2283
Childline (PA Child Abuse Hotline)		800-932-0313
Children's Service Center	335 S Franklin St Wilkes-Barre,PA 18702	570-825-6425
Children and Youth Services Lackawanna	200 Adams Ave Scranton, PA 18503	570-963-6781
Christine Brunetti	978 Constitution Ave, Jessup	570-383-9903
Community Counseling Services of NEPA (Luzerne County Area)	-	570-552-6118
Confidential Counseling Services- Paula Brust	2200 Ash Street	570-969-2510
Counseling Wellness Center	http://www.scrantontherapy.com/home.html 1021 Moosic St Scranton, PA 18505	570-961-9355
Deb Pavlico, MS, NCC,LPC	Luzerne County debpavlico@gmail.com	570-814-0808
Eating Disorder Support Group	www.theprojectheal.org	
Family Enrichment Center	http://familyenrichmentcneterc.com/ 541 Wyoming Ave Scranton, PA 18509 Email: Famrch@aol.com	570-342-4665 Toll Free-877-437-8808 Fax-570-342-5024
Dr. Fauve Luckey, Psy.D	drfauveluckey@gmail.com	570-319-6961
First Hospital Wyoming Valley	www.commonwealthhealth.net/locations/first-hospital	570-552-3900
Friendship House	http://friendshiphousepa.org/index.html 1509 Maple Street Scranton, PA 18505 Email: admissions@friendshiphousepa.org	570-342-8305 Admissions Office: Ext. 1047 Fax: 570-341-9736
Geisinger Wyoming Valley	www.geisinger.org	570-808-7300
Helene Hughes	1141 Clay Ave Dunmore	570-341-0555
Integrative Counseling Services	300 Mulberry Street	570-955-5479
Jennifer Odom	120 North Abington Road, Clarks Green	570-586-4343
Jewish Family Services	615 Jefferson Avenue #204	570-344-1186
John G Kuna, PsyD and Associates	1021 Moosic Street	570-961-3361
John O'Bell, MS,NCC	JHNBLL454@gmail.com	570-709-2581
KidsPeace	101 Pittston Ave	570-342-5444

Mandy Doria, MS,NCC,LPC	mandy@CWCscranton.com	570-650-6450
Marywood Psychological Services	www.marywood.edu/psc 2300 Adams Ave	570-348-6269
Melissa A Cottone, MA	321 Spruce St. Suite 302	570-507-9273
National Alliance for Mental Illness (NAMI) Scranton Area Chapter	846 Jefferson Ave Scranton, PA 18510	570-342-1047
National Eating Disorder Association		1-800-931-2237 Monday-Friday 11:30am to 7:30pm
National Suicide Prevention Hotline		1-800-273-8255 Text HOME to 741741
New Hope Counseling	604 South State Street, Clarks Summit	570-587-8924
NHS	www.nhsonline.org	Carbondale-570-876-5655 Lackawanna, Wayne, and Pike Counties 570876-2706
Northeast Counseling Services	Luzerne County	570-735-7590
OMNI Behavioral Health Services, Inc.	301 Mulberry Street	570-507-9872
The Recovery Center	825 Jefferson Ave	570-504-0913
SAFE Alternatives (cutting, self injury)	Email SAFE Alternative for information on seeking help	800-366-8288
Safe TEEs	SafeTeens.org	1-866-72332-3367 Text SAFE to 57890 then your question
Salazar Associates	510 School Street	570-586-3587
Rita Tinsley	1141 Clay Ave	570-558-0555
Scranton Counseling Center	http://scrantonscc.org/index.html 326 Adams Ave Scranton, PA 18503	570-348-6100
St. Joseph's Center	2010 Adams Avenue	570-342-8379
Tiffany Griffiths, Psy.D. & Associates	http://www.drgriffiths.com/ 502 North Blakely St Dunmore, PA 18512	570-342-8434 Fax.570-342-7446
Trevor Helpline (LGBTQI issues)	TheTrevorProject.org	866-488-7386
Victims' Resource Center	www.vrcnepa.org	57-823-0765
Warm Line (peer support)		1-866-654-8114 6pm to 10pm 7days a week
Wholistic Counseling Service, Inc	409 Prospect Ave	570-344-4234
William Dougherty	301 West Grove Street, Clarks Summit	570-207-1529
Women's Resource Center	http://wrcnepa.org	570-346-4671
Youth Advocate Programs (only accepts Access)	http://www.yapinc.org/ 1418 Main St Suite 101 Peckville, PA 18452	570-489-1609 Fax:570-489-1678

How to look up local counselors/therapist:

1. Google PsychToday or www.psychologytoday.com
2. Google "mental health services" and your city/state
3. Insurance not always needed, sliding scale fees possible
4. 14 year old may consent to therapy (parental consent not needed)

Crisis:

1. Call 911
2. Emergency room at Geisinger CMC, Scranton or another local ER

Free National Helplines		
Name	Web address	Number
Georgia Access & Crisis Line	www.mgcal.com	1-800-715-4225
National Suicide Prevention Lifeline	www.suicidepreventionlifeline.org	1-800-273-8255 Text HOME to 741741
American Foundation for Suicide Prevention	www.afsp.org	
GLBT National Youth Talk		1-800-246-7743 Monday-Friday 4pm to 12am Saturday 12pm-5pm
NAMI National Help Line	www.nami.org	1-800-950-6264
Peer Support "Warm Line"	www.peer-support.org	1-888-945-1414
Youth Suicide Prevention Program	www.yspp.org	
Veterans Crisis Line	www.veteranscrisisline.net	1-800-273-8255 or text 838255

Recommendations for Families

1. Call the National Suicide Prevention Lifeline, 1-800-273-TALK (1-800-273-8255) for support. This hotline is free and accessible around the clock for yourselves as well as your child.
2. Reduce easy access to dangerous substances at home. That includes, but is not limited to:
 - a. Firearms- They are the most lethal among suicide methods, it is particularly important that you remove them until things improve at home, or, second best lock them very securely
 - b. Medications- Don't keep lethal doses at home. Your doctor, pharmacist, or the poison control center (1-800-222-1222) may be able to help you determine safe quantities for the medicines you need to keep on hand. Be particularly aware of keeping prescription painkillers (such as oxycodone and methadone) under lock and key both because of their lethality and their potential for abuse.
 - c. Alcohol- Alcohol can both increase the chance that a person makes and unwise choice, like attempting suicide, and increase the lethality of a drug overdose. Keep only small quantities at home or out of reach of children.

Emergency Contact Information

- Scranton Counseling Center now has a Mobile Crisis Team that will respond to a school or home if a child has threatened self-harm. Families can request a response from this team as opposed to going to the SCC crisis center or to the ER, by calling 570-348-6100.
- There is also at national crisis line that will be answered 24/7 by a trained professional for families to use in the event of a crisis. 1-800-273-TALK. A professional can also be reached for immediate assistance by texting 714-741.
- Lackawanna County also has 211 help line up and running. By dialing 211 a person is connected to a resource data base for a variety of needs/problems.
- Finally, students who are leaving hospitalization due to self-harm threats, attempts etc. have a solid "safety plan" in place prior to their discharge. Insurance companies are mandating that inpatient clinics complete one, but not all local facilities are in compliance.