



BELLEVILLE HIGH SCHOOL

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Belleville, New Jersey 07109
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Mr. Caleb Rhodes
Principal

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Application for Option II Credit N.J.A.C. 6A:8-5.1(a) 2

Option II serves as an alternative to traditional high school courses and involves in-depth experiences that may be provided by school district personnel or instructors not employed by the school district. It is the responsibility of the student to obtain permission PRIOR to beginning an Option II Course. Approval to take an Option II course may be granted up to 1 year prior to taking the course. All Option II applications must be submitted at least 4 weeks prior to the start date. Option II applications are overseen by the Option II Committee that is comprised of a school counselor, director of pupil personnel, academic department supervisor, and building principal. **Credits accrued under Option II cannot exceed 10 in a given year.**

Option II Application Guidelines:

- Complete and submit this application and the course description or syllabus to your Guidance Counselor by **September 15, 2018** for fall session, **January 5, 2019** for spring session, and **June 1, 2019** for summer session.
- See the Option II guidelines listed on the Belleville High School Website.
- All option II courses **must receive prior approval**. Course taken without prior approval will not get BHS credits.
- Your signature indicates that you have read, understood, and will adhere to the guidelines listed in Option II.

Student Name: _____ **Submission Date:** _____ **Current Grade:** _____
(Please Print: Last Name, First Name)

Rational: Original Credit: _____ I am seeking original credit for a course I have not yet taken at BHS.
Credit Recovery: _____ I am seeking credit recovery for a course that I failed at BHS.
Independent Study: _____ I am seeking credit for a course for my own interest and development.

If you have selected "Original Credit" please select the reason for your request:

____ Advancement ____ Fulfilling Graduation Requirement ____ Course not offered at BHS

(Please explain) _____

Name of Course and Course Codes (if applicable): _____

Provider/Instructor: _____

Session (Choose one): ____ Fall ____ Spring ____ Summer ____ Full Year

Expected Start Date: _____ End Date: _____

If a student receives a grade from an institution such as a college, it will be a graded course. The name of the course, number grade, and number of credits will appear on his or her transcript. The grade will not factor into his or her GPA. If a student participates in an alternate PE Program, it will be a Pass/Fail course. The name of the course, P or F, and number of credits will appear on his or her transcript.

A student applying for alternate PE program will be required to submit this application and the PE Supplement.

If the Option II course is satisfying a required graduation credit, BHS will ensure that the Option II course meets the state required Core Content Curriculum Standards.

I hereby acknowledge that all information contained in this application is truthful and that I hold the school district harmless for liability. I also acknowledge that I have read and understand all the information contained in the Option II Guidelines.

Student Signature: _____ Date: _____

Student email: _____

Parent/Guardian Signature: _____ Date: _____

Parent email: _____

Phone: _____

Counselor's Name: _____ Signature: _____ Date: _____

*****Please note the following*****

- All costs including transportation and tuition are the responsibility of the student and his/her parent(s)/guardian(s).
- BHS staff reserves the right to visit, monitor and/or contact the appropriate people involved in this program.
- Option II credits only count for eligibility to participate in athletics when the course is completed. Please check with your counselor and/or athletic director for eligibility requirements.
- It is the responsibility of the student/parent to submit proof of course completion to his or her guidance counselor.
- The school district is not responsible for performing background checks on external instructors.

For Administration Use Only

____ Approved Subject Area: _____

Number of Credits to be awarded: _____

Please provide written proof of completion within 2 weeks of course completion

____ Not Approved: Reason: _____

If you wish to appeal this decision, see the program guidelines. The deadline for any appeal is 3 school days after receiving notification.

Content Area Administrator Signature: _____ Date: _____

Director of Student & Personnel Services Signature: _____ Date: _____

Principal Signature: _____ Date: _____



Belleville Public School District

To Whom It May Concern:

Please be advised that Option II provides students with the opportunity to meet New Jersey Core Curriculum Content Standards in a setting other than the traditional classroom. Participation in activities such as gymnastics, competitive swimming, etc. and competitive sports can be used as an alternative to a daily P.E. class if the student can demonstrate that he or she is learning the standards that would be guiding the instruction developed by the P.E. teacher.

If approved for Option II Alternative P.E., the student will receive a copy of the New Jersey Core Curriculum Content Standards for Health and P.E. He or she should review Standard 2.5 Motor Skill Development and Standard 2.6 Fitness. Careful attention should be given to the third column on each page under the heading "By the end of grade 12." In order to grant credit under Option II, Belleville Public School District requires the student keep a journal that documents the ways in which he or she is learning these standards through practice, training, and participation in competition. It's possible that not every aspect of each standard will be addressed during the year. However, Belleville believes that many will be addressed. At least two journal entries per week are required. The BHS P.E. teachers will provide the student with more information following approval of the request.

Journal entries must be reviewed by a certified P.E. teacher who will then make a recommendation to the overseeing department administrator regarding the awarding of credit.

In addition, NJ State Statute 18A: 35-5, 7 and 8 requires 150 minutes of participation in P.E. weekly. The student must have the coach verify that the student was present for at least 150 minutes each week. The weekly log must be signed by the coach or outside instructor.

Respectfully yours,

Belleville Public School District



Guidelines for Option II

Participation in Physical Education

Once approved, students are responsible for keeping track of hours and presenting documentation journals to their assigned Physical Education Teacher weekly. All forms must be turned in by 2:30 pm each Monday. The established protocol and specific forms are expected to be adhered to. Students are responsible for meeting the minimum of 150 minute per week requirement, documenting physical activity on the LOG FORM as well as explaining the link to the Content Standards in their JOURNAL. Students will receive a grade of “P” or “F” at the end of each quarter. One hundred percent compliance (100%) is required in order to receive a passing grade for the marking period. Two late journals in a marking period may result in failure.

The student’s guidance counselor will inform the student of their assigned PE Teacher. From there, the student must report to the assigned PE Teacher at the beginning of the marking period to discuss journal requirements and receive the necessary paperwork. If a student is assigned to a new teacher during the school year, they must meet briefly with their new PE teacher.

In case of injury, sickness or the inability to participate in any physical activity, a doctor’s note will be required and must be presented to the school nurse and the Physical Education Teacher in order for the student to be excused. Parental notes for illness will not be accepted to excuse students from their activity.

Procedure for Completing Logs and Journals

Students are responsible for obtaining a signature for every week they participate in an outside activity from their coach or advisor. This signature will verify the time requirement. The assigned Physical Education teacher will also sign the log to verify that your journal entries reflect completion of the NJCCCS. Shortened school weeks do not alter the minimum 150 minute per week requirement in the Option II Program. Example: Thanksgiving break. When school is closed for an entire week, students are not responsible for fulfilling their Option II obligation. Extra minutes cannot be carried over to the next week.

Parent/guardian and students have sole responsibility for student learning, academic progress, liability and submitting the proper documentation on the dates required. LOGS and JOURNALS are expected to be handed to your assigned coach or advisor by 3:00 pm on Monday. Any documentation that has been forged, plagiarized, or cannot be verified by the coach or advisor will result in an “F” for the marking period.

Copying or repeating journal entries prohibited. Students will receive a warning for a first violation of and will have to redo the journal entries. A call home to the student’s parents will be made by the coach or advisor to apprise the parent of the violation. If a second violation occurs, the coach or advisor will arrange for a meeting with a building administrator, the student, and parents of the student. A second violation may result in failure for the marking period. Student grading will be similar to the process used when students have a medical excuse for part of the year if Option II is used for PE.

Required Documentation

STANDARDS: Please visit <http://www.state.nj.us/education/cccs/> and print the appropriate grade-level standards. These standards must be referenced by number in all log and journal entries.

LOGS: Documentation and time accumulated for the week begins on Monday and ends on Sunday. All students are responsible for logging of their minutes of activity per week beginning the first day of the marking period and ending the last week of full day classes during the marking periods approved. Time logs and journals will be due each week on Mondays. Failure may result if two logs are late or missing per marking period.

Log Checklist:

- ✓ **Document completion of 150 minutes of activity.**
- ✓ **Get Coach's or Advisor's signature.**
- ✓ **Completed Logs and Journals must be turned into assigned Physical Education Teacher no later than Monday at 3:00 pm.**

JOURNALS: Weekly Journals must include 2 entries per week. Each entry should be a minimum of two paragraphs. Please follow common conventions for grammar, punctuation, spelling, and structure. Journal entries must support how the activity promotes the CPI and prove that the objective has been met. Various CPI's should be used throughout the marking period. Each Monday a student is required to hand in to their assigned physical education teacher all journals. Failure may result if two logs/journals are late or missing per marking period.

Journal Checklist:

- ✓ **Review the grade-level Standards and choose one.**
- ✓ **Next, choose a Cumulative Progress Indicator (CPI) that you would like to demonstrate.**
- ✓ **Write a minimum of two paragraphs to support how and what you did to achieve proficiency in the CPI. You must prove that you successfully have mastered the concept. Be sure to check your spelling and grammar.**
- ✓ **Repeat for each journal entry- 2 per week LOG~**

EXAMPLE JOURNAL ENTRY: Below is an example of a journal entry for physical education using Standard 2.5 Motor Skill Development. The Cumulative Progress Indicator (CPI) selected is 2.5.12.A.1.

STANDARD

- **2.5 Motor Skill Development: All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle.**
- **Cumulative Progress Indicator (CPI)- 2.5.12.A.1 Explain and demonstrate ways to transfer movement skills from one game, sport, dance, or recreational activity to another (e.g., striking skills from/to tennis, badminton, ping pong, racquetball).**

This week during soccer practice we worked on our free kicks. It was important that we recognized the proper way to plant our foot. The non-kicking foot is placed directly next to the ball at a comfortable distance to allow a smooth swing. The toe of the non-kicking foot should be pointed in the direction of the intended path. After the soccer ball is hit fashion with no pauses transferring the weight from the back to the front. Transferring of the weight will the striking foot should follow through at the intended target. This movement should be completed in a smooth lead to a more powerful kick.

This skill movement can be transferred to a field hockey on a free hit. The ball and stick should be at a comfortable distance from the player at approximately 2 O'clock. The ball should be lined up with the left foot. The left toe should be pointed in the direction of the intended path. The stick/hit should follow through the intended path as well. This swing of the stick should be in a smooth fashion just as a soccer player kicks the ball. Transferring of the weight is important to put power behind the shot.