

## FEBRUARY 2019

### AASD Elementary Lunch Menu

Friday	1	Pizza Bagel, Green Peas, Steamed Corn
Monday	4	Chicken Nuggets, Dinner Roll, Cheesy Broccoli, Baby Carrots
Tuesday	5	Soft Tacos, Baked, Beans, Cherry Tomatoes
Wednesday	6	Hot Ham and Cheese on Pretzel Roll, French Fries, baby Carrots
Thursday	7	Chicken Mashed Potato, Dinner Roll, Mashed Potatoes, Steamed Corn
Friday	8	Cheese or Pepperoni Pizza, Green Beans, Italian Salad
Monday	11	Chicken Patty Sandwich, Green Beans, Baby Carrots
Tuesday	12	Walking Tacos, Mexican Rice, Baked Beans, Steamed Corn
Wednesday	13	Corn Dog, Tater Tots, Red Pepper Strips
Thursday	14	General Tso's Chicken, Rice, Steamed Broccoli, Cucumber Slices
Friday	15	NO SCHOOL – WINTER BREAK
Monday	18	NO SCHOOL – PRESIDENTS DAY
Tuesday	19	Loaded Nachos, Baked Beans, Steamed Corn
Wednesday	20	Cheeseburger, French Fries, Baby Carrots
Thursday	21	Pasta with Meat Sauce, Breadstick, Steamed Broccoli, Cucumber Slices
Friday	22	Pizza Cheese Sticks with Sauce, Green Beans, Red Pepper Strips
Monday	25	Chicken Nuggets, Dinner Roll, Cheesy Broccoli, Baby Carrots
Tuesday	26	Walking Tacos, Mexican Rice, Baked Beans, Cherry Tomatoes
Wednesday	27	Sloppy Joe, French Fries, Italian Salad
Thursday	28	Chicken Mashed Potato, Dinner Roll, Mashed Potatoes, Steamed Corn

All meals come with Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit and Choice of Milk

**What is a Meal?** You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

**Components:** Meat or meat alternate, Choice of Vegetable, Choice of Fruit, Grain/Bread, Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

**Daily Fruit Selections may include:** oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Other Daily Features:** Hamburger, Cheese Burger, Steak and Cheese, Chicken Patty on a Bun, Spicy Chicken Patty on a Bun, Chicken Nuggets with Pretzel Stick, BBQ Pork Sandwiches

**Deli:** Turkey, Ham, Buffalo Chicken available in: Wraps, Hoagies, and Flatbreads

## FEBRUARY 2019

**Pizza:** Cheese, Pepperoni, and Buffalo Chicken Pizza

**Fresh Salads served w/ a dinner roll:** Chicken Caesar, Chopped Garden, Buffalo Chicken, Crispy Chicken

**On the Go?** Grab and Go Sandwiches, Crackers Cheese and Fruit.

**Lunch Prices:** Student \$2.05. Reduced \$0.40. Adult \$3.05.

General Manager: Heather Reimer [hreimer@asdcad.com](mailto:hreimer@asdcad.com) 1-814-946-8271