



Finger FOOD

Although most citrus is at its peak in winter and spring, there are exceptions. Look for the rare and delightful **finger lime** starting in late summer through fall. Finger limes have an altogether more intensely “lime-y” flavor than other lime varieties. But what really sets them apart is two things: Their shape: **oblong and cylindrical**, just like a finger; and the round, tiny **juice capsules** inside.

Thinking AHEAD

Even though it's only August, it's a great time to get a **head start** on the holidays. Try putting aside a few dollars each week and you'll have more to spend this holiday season. Or better yet, get an early start on **making your own holiday gifts**.



Celebrate Seniors!

August 21 marks **Senior Citizens Day** in

the U.S. It was first recognized by President Ronald Reagan in 1988—at

that time, the oldest man to hold the office. Senior Citizens Day is a great day to call, visit, or take your favorite senior to lunch.

