

# APRIL 2019 Pre K Menu

Fayette County Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Grilled Chicken Sandwich Purple Peas Corn on the Cob Mandarin Oranges Milk	Chicken Rings/Roll Glazed Carrots Triangle Potatoes Chilled Peaches Milk	Oven Baked Breaded Chicken/Biscuit Baked Potatoes Broccoli w/Cheese Pineapple Chunks Milk	Chicken & Cheese Quesadilla Tossed Salad Green Beans Frozen Fruit Juice Dog Milk	Stuffed Crust Cheese or Pepperoni Pizza Hash Rounds Green Peas Chilled Fruit Cup Milk
Cheeseburger on a Bun Cole Slaw Glazed Carrots Chilled Peaches Cup Milk	<b>Half Day for Students</b>	Hot Dog on Bun Mashed Potatoes Green Peas Chilled Fruit Cup Milk	BBQ Nachos Broccoli w/Cheese Whole Kernel Corn Mandarin Oranges Milk	Deli Turkey Sandwich/Lett, Tom Glazed Baby Carrots Crinkle Cut Fries Chilled Fruit Cup Milk
Corn Dog Whole Baked Potatoes Broccoli w/Cheese Chilled Pineapple Chunks Cup Milk	Chicken Rings/Roll Glazed Carrots Triangle Potatoes Chilled Peaches Cup Milk	Hamburger on a Bun Broccoli Sweet Potatoes Casserole Chilled Pineapple Chunks Cup Milk	Grilled Cheese Sandwich Cole Slaw Baked Beans Chilled Fruit Cups Milk	<b>Good Friday No School</b>
Mini Corn Dogs Garden Salad Baked Potatoes Chilled Fruit Cup Milk	Pizza Max Sticks/Marinara Sauce Corn on the Cob Green Beans Chilled Peaches Milk	Popcorn Chicken with Roll Glazed Baby Carrots Crinkle Cut Fries Applesauce Milk	Fish Sandwich/Bun w Cheese Creamy Coleslaw Broccoli with Cheese Chilled Pears Milk	Stuffed Crust Cheese or Pepperoni Pizza Cheesy Refried Beans Glazed Baby Carrots Chilled Applesauce Cup Milk
Hot Dog on a Bun Mashed Potatoes with Gravy Green Peas Applesauce Milk	Grilled Chicken Sandwich Purple Hull Peas Whole Kernel Corn Mandarin Oranges Milk			

**Lunch Meal Pattern**

- 1 oz. meat/meat alternate daily 5 oz. minimum per week
- 1 oz. equivalent grain daily (5 oz. eq. minimum per week)
- 1/4 cup of vegetable daily (1 1/4 cups per week)
- 1/4 cup of fruit daily (1 1/4 cups per week)
- 1 cup milk daily (5 cups per week)

**MENUS ARE SUBJECT TO  
CHANGE DUE TO PRODUCT  
AVAILABILITY**

This institution is an equal opportunity provider.

**Milk Choices:**

- 1/2 pint lowfat (1%) white milk
- 1/2 pint fat free 0% white milk
- 1/2 pint fat free 0% chocolate milk
- 1/2 pint fat free 0% strawberry milk