



School Information: Did you know when you eat at the Gilbert Intermediate cafeteria, you can choose between chocolate, strawberry and regular white milk?
Additional Items Offered Daily: Sub Sandwich, Crisпитos, Nachos, Chef Salad



Nutrition Tip: August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat up, and clean up together!



Reference: USDA MyPlate

Monday



Tuesday



Wednesday

Thursday

Friday



POPCORN CHICKEN
FISH NUGGETS
SIDE SALAD, PEAS
CORN ON THE COB, ROLL
RICE KRISPIE TREAT
ORANGE, PEACH CUP
MILK

CHICKEN FAJITAS
TACO STICK
FAJITA VEGGIES
PINTO BEANS
CORN, SIDE SALAD,
GALA APPLE, MANDARIN
ORANGES, MILK

PIZZA
SUB SANDWICH
SIDE SALAD, CHIPS
BABY CARROTS
CUCUMBER SLICES WITH
RANCH, APPLESAUCE CUP
ORANGE, MILK

PHILLY CHEESESTEAK
CHEESE BURGER
BURGER VEGGIES
CURLY FRIES, PORK & BEANS
CHIPS
SLICED STRAWBERRIES,
PINEAPPLE, MILK

SPAGHETTI
CHICKEN SANDWICH
SANDWICH VEGGIES
CHIPS, GREEN BEANS
CARROTS, CHEESY GARLIC
BREAD, CHERRY JUICE RUSH
PEARS, MILK

CHICKEN DRUMSTICK
FISH NUGGETS
MAC & CHEESE, PEAS
ROLL, CHOCOLATE CHIP
COOKIE, FRUIT COCKTAIL
RED GRAPES
MILK

CHICKEN CRISPITOS
TACO STICK
REFRIED BEANS
CORN, SIDE SALAD
MANDARIN ORANGES
GALA APPLE
MILK

PIZZA
SUB SANDWICH
SIDE SALAD, CHIPS
BABY CARROTS
CUCUMBER SLICES WITH
RANCH, APPLESAUCE CUP
ORANGE, MILK