



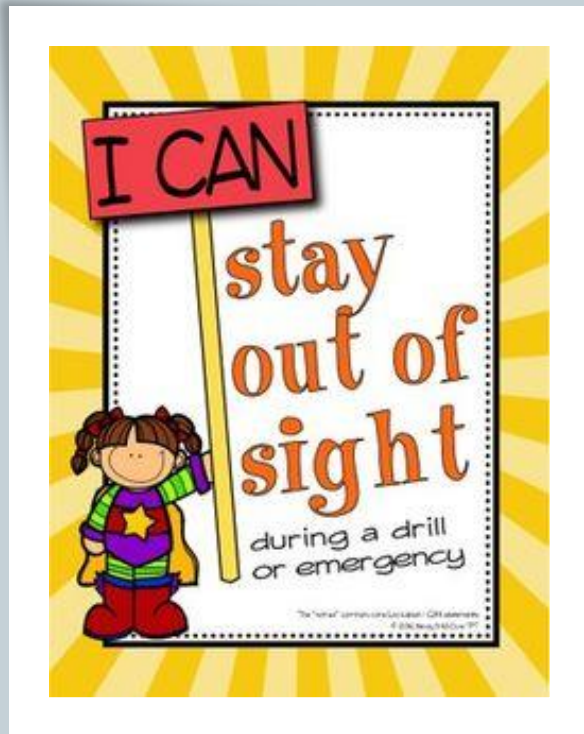
EL SEGUNDO UNIFIED SCHOOL DISTRICT
STUDENT TRAINING
CENTER & RICHMOND STREET SCHOOLS
GRADES 4 & 5

INTRODUCTION

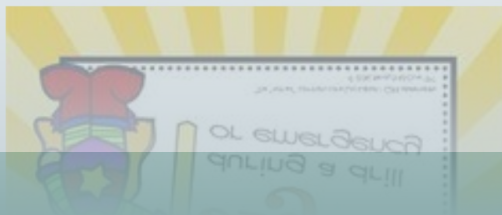
- Your principal, teachers, and school staff want to make sure your school is:
 - **SAFE**
 - **HEALTHY**
 - and **READY** if an emergency situation were to occur



GOALS

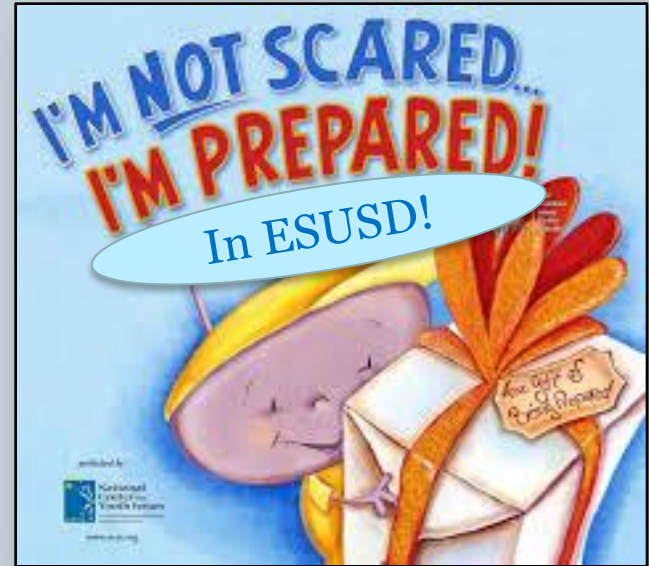


- Prepare for a possible intruder aka “bad person”
 - Know when to **RUN**
 - Understand how to **HIDE** quietly
- Learn how to **DISTRACT** the intruder



AGENDA

- Importance of **TRAINING** for an intruder
- How will you **REACT**?
- Know when to **RUN**
- Learn how to **HIDE**
- **DISTRACT** the intruder
- When the police arrive



What you can expect of yourself

You may feel.....

- Nervous
- Fast heart rate
- Scared
- Zoned out
- Unable to focus



DO

DON'T

Training IS Necessary

The more you discuss and train.....

The more calm you will be

The more likely your body will respond automatically

The more likely you will be safe



Make a plan.

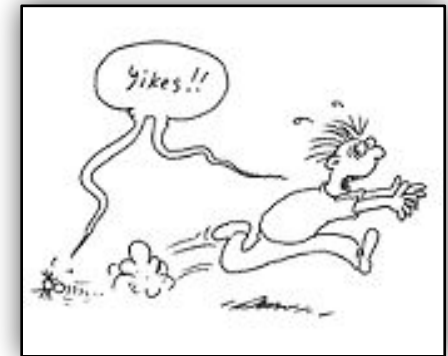


Stay Calm & Focused



Listen carefully

Panic



Run without instructions



Pretend like nothing is happening

*The best way to get the brain
to perform under extreme
stress is to REPEATEDLY
run it through PRACTICE*

RUN! Evacuate the facility **IF** safe to do so

- Leave behind personal belongings
- Think about an escape route
- Help others if possible, but go whether others choose to follow or not
- Run until you're in a secure place to hide
 - Likely off campus
- Keep hands visible, fingers apart

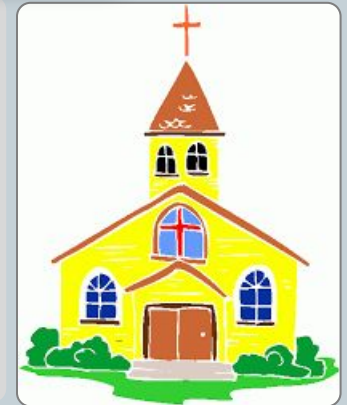


*Follow your teacher
or an adult.*

Find a safe place to run & hide

Possible places to run

- Run as far away from the intruder as possible
 - Local business
 - Your house
 - Friend or family member's house
- * Discuss a plan with your family



Hide - IF evacuation is not possible



HIDE

*Remain in place until
you receive an
“all clear” signal*

- Lock the door
- Barricade door with heavy furniture
- Cover windows
- Turn off lights
- Silence cell phones, including vibrate mode
- Lie on floor
- Remain silent
- If outdoors, hide in a protected place (brick wall, building, tree)

Lock Blocks & Door Blocks



- If door is not locked, the purpose is to lock door quickly without needing keys
- Slide the Lock Blok toward the door hinge to quickly lock



Distract Intruder – if last resort



*Have a survivor's
(not a victim's)
mindset.*

- If neither evacuation or hiding are options:
- Consider distracting or disrupting the intruder
- Throw objects like books, chairs, backpacks, pens - **anything around you**
- Use fire extinguisher – spray or throw
- Act as a group to overwhelm the intruder
- Commit to the action & **ALWAYS LISTEN TO ADULT'S DIRECTIONS**



Interacting with First Responders

ESPD

- DO NOT open doors. ESPD and your administrator(s) have keys
- When you exit, display empty hands & open palms
- Understand ESPD's first priority is to LOCATE and STOP the believed intruder
 - all other actions are secondary
- Once scene is secured, first responders will work with school officials to:
 - transport the injured
 - interview witnesses
 - initiate an investigation



Review

When to Run:

When to Hide:

When to Distract:

Questions?

