

Lunch Menu

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Roast Beef Sandwich OR Buffalo Chicken Salad -Starchy Vegetable -LN Whole Fruit -Milk	4 Club Sandwich *CONTAINS PORK* OR Tuna Salad -Vegetable Packet -LN Whole Fruit -Milk	5 Turkey Ham & Cheese Sandwich OR Southwest Chicken Salad -Vegetable Packet -LN Whole Fruit -Milk	6 Tuna Sandwich OR Chicken Taco Salad -Vegetable Packet -LN 100% Fruit Juice -Milk
9 Deli Chicken & Cheese Sandwich OR Mexican Chicken Salad -Vegetable Packet -LN 100% Fruit Juice -Milk	10 Turkey Ham & Cheese Sandwich OR Buffalo Chicken Salad -Starchy Vegetable -LN Whole Fruit -Milk	11 Ham & Cheese Sandwich OR Tuna Salad -Vegetable Packet -LN Whole Fruit -Milk	12 Wowbutter Sandwich w/Side Salad OR Southwest Chicken Salad -LN Whole Fruit -Milk	13 Turkey & Cheese Sandwich OR Chicken Taco Salad -Vegetable Packet LN Whole Fruit Milk
16 Turkey Pastrami & Cheese Sandwich OR Mexican Chicken Salad -Vegetable Packet -LN 100% Fruit Juice -Milk	17 Roast Beef Sandwich OR Buffalo Chicken Salad -Starchy Vegetable -LN Whole Fruit -Milk	18 Turkey Ham & Cheese Sandwich OR Tuna Salad -Vegetable Packet -LN Whole Fruit -Milk	19 Club Sandwich *CONTAINS PORK* OR Southwest Chicken Salad -Vegetable Packet -LN Whole Fruit -Milk	20 Tuna Sandwich OR Chicken Taco Salad -Vegetable Packet -LN 100% Fruit Juice Milk
23 Turkey & Cheese Sandwich OR Mexican Chicken Salad -Vegetable Packet LN 100% Fruit Juice -Milk	24 Deli Chicken & Cheese Sandwich OR Buffalo Chicken Salad -Starchy Vegetable -LN Whole Fruit -Milk	25 Turkey Ham & Cheese Sandwich OR Tuna Salad -Vegetable Packet -LN Whole Fruit -Milk	26 Wowbutter Sandwich w/ Side Salad OR Southwest Chicken Salad -Vegetable Packet -LN Whole Fruit -Milk	27 Turkey Pastrami & Cheese Sandwich OR Chicken Taco Salad Vegetable Packet LN 100% Fruit Juice -Milk
30 Turkey Pastrami & Cheese Sandwich OR Mexican Chicken Salad -Vegetable Packet -LN 100% Fruit Juice -Milk				

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.



This institution is an equal opportunity provider.



