

Addison School District 4 Elementary Lunch Menu

March 2019



Monday	Tuesday	Wednesday	Thursday	Friday
				1
National Nutrition Month				Institute Day No School
4	5 Brunch for Lunch	6	7 Fiesta Day	8
*BBQ Ribette Sandwich Golden Sweet Corn Fresh Fruit & Veggie Bar	Waffles Turkey Sausage Tri-Tater Fresh Fruit & Veggie Bar	**Salisbury Steak w/Gravy Mashed Potatoes Fresh Fruit & Veggie Bar	Fiesta Nachos Seasoned Black Beans Fiesta Corn Fresh Fruit & Veggie Bar	Ravioli in Marinara Sauce w/Roll Fresh Fruit & Veggie Bar
11	12 New Item	13 Eat lunch today	14	15
Walking Taco w/Scoops Refried Beans Fresh Fruit & Veggie Bar	Macaroni & Cheese w/Roll Fresh Fruit & Veggie Bar	Grilled Cheeseburger Seasoned Green Beans Fresh Fruit & Veggie Bar Enter to win a jump rope!	Turkey Hot Dog Steamed Cauliflower Tri- Tater (1) Fresh Fruit & Veggie Bar	Chicken Sandwich Seasoned Corn Fresh Fruit & Veggie Bar
18	19	20	21	22
2 soft Taco Seasoned Black Beans Fiesta Corn Fresh Fruit & Veggie Bar	Crunchy Mini Corn Dogs Tri-Tater (1) Fresh Fruit & Veggie Bar	**Chicken Tenders Golden Corn Fresh Fruit & Veggie Bar	French Toast Sticks Turkey Sausage Tri-Tater Fresh Fruit & Veggie Bar	Stuffed Cheese Pizza Fresh Fruit & Veggie Bar
25	26	27	28	29
SPRING BREAK NO SCHOOL	SPRING BREAK NO SCHOOL	SPRING BREAK NO SCHOOL	SPRING BREAK NO SCHOOL	SPRING BREAK NO SCHOOL

Lunch \$2.85 Milk is Included With Meal	Milk .55¢ A Variety of Milk Is Offered Daily
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Questions about the menu?
 Mary Ann Marcinek
mmarcinek@asd4.org
 630-458-2457

For more information or to "Ask the Dietitian", check out our website!




Comprehensive nutrition & allergy guides are available in the Foodservice Office.

(*) Contains Pork
 (**) Served With a Roll
 Menu changes are occasionally necessary. Notice will be given when possible.

This institution is an equal opportunity employer.



Includes fruit and vegetable choices, whole grain breads and rolls and milk.

Daily Special

Daily Choices

Daily Pizza Options

Fresh Deli

Fresh Salads



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Institute Day No School
4 Crunchy Mini Corn Dogs Tri-Tater (1)	5 **Chicken Tenders	6 Spicy Chicken On a Roll	7 Smothered Meatballs over Mashed Potatoes	8 Pepperoni Pizza Slice
11 **Salisbury Steak Mashed Potatoes	12 New Item Macaroni & Cheese W/Roll	13 **Chicken Tenders	14 Bacon Burger Tri-Tater (1)	15 2 Soft Tacos
18 Grilled Hot Dog w/Fixings	19 Grilled Cheese	20 Chicken Nuggets w/Corn Bread	21 Bacon Burger Tri-Tater (1)	22 Stuffed Pizza
25 Spring Break No School	26 Spring Break No School	27 Spring Break No School	28 Spring Break No School	29 Spring Break No School

Fresh Fruit & Veggie Bar available daily with all lunches

**Crispy or Grilled Chicken Sandwich
Grilled Burgers
Nacho Supreme with zesty salsa and jalapeños**

Cheese or Pepperoni	Stuffed Crust Cheese	Cheese or Pepperoni	Cheesy Garlic Flatbread	Cheese or Turkey Sausage
Turkey and Cheese Wrap	Chicken Caesar Wrap	Turkey and Cheese Sub Lettuce/Tomato	Southwest Chicken Wrap	Turkey and Cheese Wrap
Crispy Chicken Salad or Grilled Chicken Salad	Southwest Crispy Chicken Salad	Crispy Chicken Salad or Grilled Chicken Salad	Southwest Crispy Chicken Salad	Vegetarian Chef Salad or Chef Salad (Turkey & Cheese)

V=Vegetarian option available
 **Served with a roll
 *Contains or may contain pork ingredients.
 Menu changes are occasionally necessary. Notice will be given when possible.



Addison SD 4
Middle School
March 2019

Lunch
\$2.85
 Milk is included
 With Meal

Milk
.55 ¢
 A Variety of Milk
 is offered Daily

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

-Arbor Management-

Make Choices for a Healthy Lifestyle!

arboronline.com
 arbormgt.com

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