



Lemon Grove School District

Health and Wellness Site Innovation Grant Program

Summary

This year, the Lemon Grove School District Governing Board is offering Health and Wellness Site Innovation Grants to provide funding for staff-proposed projects, programs and activities that advance the health and wellness of students and families involved in the Lemon Grove School District.

What does the funding look like?

The Governing Board has set aside funds in the amount of \$25,000 to supply grants in varying amounts. Grant awards can be as high \$2500.00 a project, and the number of grants awarded will depend on the number of viable proposals that are submitted for consideration.

How do I apply for funds?

To apply for funding, complete the Health and Wellness Site Innovation Grant Application. The application can be found here:

https://drive.google.com/open?id=1XxF1UVrRKgZtf5s_b7mA1-dQJDUT9eS7

What types of projects will be considered for funding?

Your imagination is the limit! Any project that increases the health and wellness of students and/or their families will be considered. Projects must be health and wellness related, but mostly importantly fun! Small things can have a huge impact for our students, so we are encouraging simple, clear design concepts.

Any tips for completing the application?

Project design and all answers should be short and clear. No idea is too small! Cabinet members can help cultivate your idea into an achievable plan.

I was awarded a Health and Wellness Site Innovation Grant; now what?

You'll be scheduled to meet with an identified team to plan project implementation and identify details to get you started. Specific outcomes will be selected for you to track, measure and report.



What Types of Health and Wellness Programs can be done at your site?

Calendar of Quick Family Activities for Each Day of the Month



Monthly, Healthy Cooking Class for Parents and Children



Buddy Partner Recess Activities



Need More Ideas?

More tools and resources can be found on the *San Diego Live Well* webpage.

Tools for School:

<http://www.livewellsd.org/content/dam/livewell/best-practices/Tools-For-Schools-Aug2017-Appendix3.pdf>

