



# WEST ORANGE COVE-CISD CHILD NUTRITION SERVICES

## **School Breakfast and Lunch Frequently Asked Questions**

### **Where can I find menus?**

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A menu is included in the enclosed packet of information. You can also access the menu through your child's school Web site, [www.woccisd.net](http://www.woccisd.net), and click on Child Nutrition to find the menu.

### **What does a full meal include??**

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Breakfast menus offer a variety of entree, fruit and milk selections daily and when offered a choice students must take at least ½ cup fruit and 2 other items to make a meal. Lunch menus include entrée choices ranging from hot feature items, grill favorites, hearty salads, and sandwiches that provide meat/meat alternates and grains plus milk, fruits and vegetable sides (*FSD, customize to your offering*). Many schools offer vegetable and fruit bars with a rainbow of produce like greens, carrots, fresh broccoli, zucchini sticks and seasonal fresh fruits.

Of the 5 components offered, students **MUST** take at least 1/2 cup of fruit OR vegetable and a minimum of 2 other foods for a reimbursable meal when a choice is offered.

### **OR**

Lunch prices for the 2018-2019 school year are *as follows*:

- Elementary (grades K–5) = FREE
- Middle school (grades 6–8) = FREE
- High school (grades 9–12) = \$2.10

### **Is all the food served by Aramark peanut free?**

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We understand and are sensitive to allergies that students have today. Food options are available that are made without peanuts based on student needs and school requests. Please understand though that unless the school prohibits students and staff from bringing in foods containing peanuts the school environment will not be peanut-free. If your child has specific allergies, please contact child's campus nurse and provide the appropriate documentation.

### **Is breakfast available for my child?**

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Breakfast is available and **FREE** to ALL students.

### **Can I pay for my child's lunch online?**

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YES! This can be done through the District Website at [www.woccisd.net](http://www.woccisd.net) under **Parent & Student** in *Family/Student Access*. Money can also be added to your child's account at any time by sending in an envelope with cash or check made out to WOCISD Child Nutrition Services. Your child should give this envelope to the lunch cashier before school.

Remember, the envelope should be clearly marked "**Lunch Program**" with the child's name, amount, teacher's room, and parent contact information in the event of any questions. If the

payment is for more than one student, indicate how the money should be split (for example, Johnny = \$10.00 and Sally=\$15.00). Payment can be made in any amount to best suit a family's budget.

**How can I find out what my balance is in my child's account and his or her purchase history?**

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Your child's account can be accessed through Family/Student Access in SKYWARD through the district website. You be able to view your child's balance, purchases, and payments.

**What happens if my child forgets his or her lunch?**

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If your son or daughter happens to forget their lunch from home, they will be able to obtain a meal they may choose from the meal plan.

Please note that if you have child at West Orange-Stark High School you will subsequently be charged.

**My family qualified for free/reduced-priced meals last year. Do I need to do anything for this school year?**

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Yes, every year a new application needs to be completed. Students are grandfathered in from last year for the first 30 calendar days of the school year. To avoid disruption in your child's status, a new application should be received in the food service office by the end of the day on October 8, 2018. Applications can be obtained filled out online through registration, downloaded from the district website, and available on all campuses.

**Is there a website for the Food Service Department?**

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Yes. You can visit [www.woccisd.net](http://www.woccisd.net). Click on Parents & Students and then scroll down to Child Nutrition to find *menus, department newsletters, wellness program information, and more.*

**Who can I contact for questions about the Food Service Program or to request a tour of my District's food service operation?**

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Please contact Danielle Robinson Director of Child Nutrition Services at 409-882-5447. Someone will be back in touch with you within 24 hours.