



California School for the Deaf



Middle School Menu

February 25 - March 1, 2019

<p>Fresh Fruit Bar Orange Juice Wholegrain Assorted Cereal Wholegrain Toast Maragine, Jelly Non-fat Choc Milk Low-fat Milk Soy Milk</p>	<p>Fresh Fruit Bar Applesauce Wholegrain Assorted Cereal Wholegrain Zee Bar Choc Milk Non-fat Milk Low-fat Soy Milk</p>	<p>Fresh Fruit Bar Banana Wholegrain Assorted Cereal Wholegrain Toast Jelly Margarine Choc Milk Non-fat Milk Low-fat Soy Milk</p>	<p>Fresh Fruit Bar Apple Juice Wholegrain Assorted Cereal Breakfast Burrito Salsa Choc Milk Non-fat Milk Low-fat Soy Milk Wholegrain Tortilla With Melted Cheese</p>	<p>Fresh Fruit Bar Assorted Juice Wholegrain Assorted Cereal Hash Brown Wholegrain Toast Low Sodium Catsup Choc Milk Non-fat Milk Low-fat Soy Milk</p>
<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Applesauce Ceaser Salad Wholegrain Multi Cheese Pizza Non-fat Choc Low-fat Milk Soy Milk</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Fruit Cocktail Orange Chicken Thighs Wholegrain Rice Pilaf Peas Fresh Wholegrain Dinner Roll Milk Low-fat, Non-fat Choc Non-fat Milk Veggie Chicken Breast</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Juice Box 2 Small Taco Lettuce, Tomato, Grated Cheese Mexicali Corn Fresh Salsa Low-fat Milk Non-fat Choc Milk Soy Milk Veggie Taco</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Mixed Berry Cup Grilled Cheese Sandwich Broccoli Popsicle Milk Low-fat, Non-fat Choc Non-fat Milk</p>	<p>Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Grape Juice Beef Raviola With Meat Sauce Fresh Dinner Roll Peas Margarine Low-fat Milk Non-fat Choc Milk Soy Milk Veggie Chicken</p>
<p>Super Greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Peaches Beef Tamale Spanish Rice Sour Cream Salsa Ice Cream Cup Milk Low-fat, Soy Cheese Enchilada</p>	<p>Super Greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Canned Fruit Polish Sausage Catsup Mustard Sautéed Green Beans Potato Wedges Wholegrain Hoagie Roll Margarine Milk, Low-fat, Soy Choc Non-fat Milk Veggie Burger</p>	<p>Super Greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Fresh Melon Sweet & Sour Pork White Rice Non-fat Choc Milk Low-fat Milk Soy Milk Sweet & Sour Tofu</p>	<p>Super Greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Cucumber Slices Applesauce Tri-Tip Baked Potato Green Beans Biscuit Honey Margarine Sour Cream Milk Low-fat, Soy Milk Veggie Burger Patty</p>	

This Institution Is An Equal Opportunity Provider