

**2019 East Tennessee/Southwest Virginia Middle School Swimming & Diving
Invitational/Championship**

Date: Saturday December 7th

Location: **Kingsport Aquatic Center** 1820 Meadowview Parkway, Kingsport, TN

Time: Warm-ups 1-30P.M. (If these times change I will let you know)
Competition 2:15 P.M. Coaches' meeting at 2 PM

Eligibility: All students, grades 6-7-8, who are affiliated with middle school and/or junior high swimming and diving teams. Home school athletes and teams are not eligible.

Entry Fees: \$4.00 per individual event, \$6.00 per relay event. Make checks payable to **DBHS**

Meet Format: Timed finals for all events.

Events;

Girls	Event	Boys
1	100 Medley Relay	2
3	100 Freestyle	4
5	100 IM	6
7	25 Freestyle	8
9	1 meter Diving**	10
11	50 Butterfly	12
13	50 Freestyle	14
15	200 Freestyle	16
17	100 Free Relay	18
19	50 Backstroke	20
21	50 Breaststroke	22
23	200 Free Relay	24

** The diving competition will consist of three dives per competitor.

Scoring: Individual Events: 16-13-12-11-10-9-7-5-4-3-2-1
Relays: 32-26-24-22-20-18-14-10-8-6-4-2

Event Limits: Each participant is limited to no more than four total events, of which no more than 2 may be individual events. Diving counts as an individual event. Each team may score only one relay per relay event. Each team may score no more than 4 swimmers/divers per individual event.

Diving: Diving Competition will be held
Friday, December 6th– Diving at Dobyns-Bennett High School 1 Tribe Way,
Kingsport, TN
Warm-up 4:00 PM – 5:45 PM (If these times change I will let you know)
Competition 6:00 PM

Entry Deadline: Monday, December 2nd, 2019

Entry Procedure: All entries must be via Hy-Tek Team Manager software. Meet entry files should be sent via email to

Jorge Blasini at swimKingsport@gmail.com

Awards: Medals for 1st place Ribbons for 2nd – 8th places;
Plaques for Team Champions and runner ups

Questions: Contact: Nathan Love nlove@k12k.com 423-967-4694

Inclement Weather Policy

In the event of weather severe enough to cancel the meet, your team will be refunded 50 percent of the registration fee paid.