


<p><i>hello october, please be good. ♥</i></p>	<p>Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.</p>					<p>Milk choices: 1% White Milk Fat Free White Milk Lactose Free Milk Chocolate Milk</p>
<p>Monday</p>	<p>Tuesday</p>	<p>Wednesday</p>	<p>Thursday</p>	<p>Friday</p>	<p>Avg Nutrients Target</p>	
<p>Pancake</p>	<p>Pizza Sausage</p>	<p>Chicken Biscuit</p>	<p>Pancake Pup</p>	<p>Morning Sausage Roll</p>	<p>Calories.. 820</p>	
<p>Poptart</p>	<p>Mini Donut</p>	<p>Cereal Bar</p>	<p>Cereal</p>	<p>Honey Bun</p>	<p>Cholesterol...20 mg</p>	
<p>Honey Bun</p>	<p>Honey Bun</p>	<p>Honey Grahams</p>	<p>Honey Grahams</p>	<p>Poptart</p>	<p>Sodium.921 mg</p>	
<p>Fresh Fruit</p>	<p>Fresh Fruit</p>	<p>Honey Bun</p>	<p>Honey Bun</p>	<p>Fresh Fruit</p>	<p>Sugar 70.1</p>	
<p>Juice</p>	<p>Juice</p>	<p>Tater Tots</p>	<p>Fresh Fruit</p>	<p>Juice</p>	<p>Carbohydrates 142.5</p>	
		<p>Juice / Fresh Fruit</p>	<p>Juice</p>			
<p>Pancake</p>	<p>Pizza Bagel</p>	<p>Biscuit/ Grits</p>	<p>French Toast Sticks</p>	<p>Sausage Biscuit</p>	<p>Calories... 999</p>	
<p>Poptart</p>	<p>Cereal Bar</p>	<p>Eggs/ Sausage</p>	<p>Cereal</p>	<p>Mini Donut</p>	<p>Cholesterol...52 mg</p>	
<p>Honey Bun</p>	<p>Honey Bun</p>	<p>Poptart</p>	<p>Honey Grahams</p>	<p>Honey Bun</p>	<p>Sodium.970 mg</p>	
<p>Fresh Fruit</p>	<p>Fresh Fruit</p>	<p>Honey Bun</p>	<p>Honey Bun</p>	<p>Fresh Fruit</p>	<p>Sugar 89.5g</p>	
<p>Juice</p>	<p>Juice</p>	<p>Fresh Fruit</p>	<p>Fresh Fruit</p>	<p>Juice</p>	<p>Carbohydrates 173.8g</p>	
		<p>Juice</p>	<p>Juice</p>			
<p>Breakfast is a two week rotation</p>						
<p>Low fat and fat free white milk offered Daily.</p>			<p>Menu subject to change based on availability.</p>			
<p>Georgia Grown</p>	<p>Local wellness policy at www.gocats.org/ schoolnutrition</p>				<p>Local Grown</p>	