

Bright Beginnings Preschool & GymKids Q1 2018-19

OFFICE INFORMATION

PHONE: (408) 522-2707
 OPEN: M - F: 8:30 AM - 3:30 PM
 CLOSED: M - TH: 1:00 PM - 1:30 PM / FRI 12:00 - 1:00 PM

ON-LINE REGISTRATION BEGINS **AUGUST 10 AT:**
<http://www.fuhsdadultschool.com>

*ALL REGISTRATIONS ARE FINAL - **NO REFUNDS***

SEPTEMBER					OCTOBER							
WEEK 1	03	04	05	06	07	WEEK 5	01	02	03	04	05	06*
WEEK 2	10	11	12	13	14	15*	WEEK 6	08	09	10	11	12
WEEK 3	17	18	19	20	21	22*	WEEK 7	15	16	17	18	19
WEEK 4	24	25	26	27	28	29*	WEEK 8	22	23	24	25	26
							MAKE-UP					29

Saturday Classes* (Vallico site only) No School
 First Day of Quarter 2: November 5



TODDLER CLASSES & SPECIALTY CLASSES

YOUNG TODDLER PRESCHOOL

LEVEL 3 (12 - 16 MONTHS) \$100.00
LEVEL 4 (17 - 20 MONTHS) \$125.00

A preschool class designed for parent & toddler. Bring your toddler and enjoy your first preschool experience. Each class will have a simple art project, and lots of music and movement activities. Come meet other parents and play along with your child in an enriched preschool setting. Please bring a snack for yourself and your child.

INSTRUCTOR: MONICA **RM:** 4B
COURSE CODE: 71.3110.11 **AGE:** 12 - 16 MONTHS **DAY:** M
TIME: 11:00 - 12:30 PM **BEG/END:** 09/10 - 10/29 8 SESSIONS

COURSE CODE: 71.4110.11 **AGE:** 17 - 20 MONTHS **DAY:** M
TIME: 09:00 - 11:00 AM **BEG/END:** 09/10 - 10/29 8 SESSIONS

BI-LINGUAL TODDLER PRESCHOOL

(1.5 - 2.5 YRS) \$100.00

Play and have fun with your child as you take your first steps into the exciting world of preschool. This bi-lingual (Mandarin / English) preschool class will explore and stimulate your child's mental and motor development through the use of art, music, movement, story time, playtime, and snack time. Come explore toddler friendly community and school activities with other parents as we take one field trip each quarter to a local point of interest.

INSTRUCTOR: SHARON
COURSE CODE: 73.6010.21 **RM:** 4B **DAY:** W
TIME: 12:00 - 02:00 PM **BEG/END:** 9/12 - 10/17 6 SESSIONS

MATH AND MORE (3 - 4 YEARS)

Children develop their math skills: sorting, grouping, patterns and numbers through singing, games and art. Come and learn how math is incorporated in everyday life. Snack time, story time and playtime are organized around fun math activities. Please bring a snack for yourself and your child. Enroll a second child for \$75

INSTRUCTOR: VERNA
COURSE CODE: 73.4010.21 **RM:** 4A **DAY:** TU
TIME: 12:00 - 02:00 PM **BEG/END:** 09/04 - 10/23 8 SESSIONS

PRESCHOOL MUSIC + FUN (1.5 - 4 YEARS)

This class features exploration time, music, snack and one art activity. Music activities include movement, rhythm instruments, singing and a variety of musical styles, rhythms and forms. Parents will learn how to use music to stimulate their child's learning through both observation and active participation. Parents may register more than one child, but fee is per child. Please bring a snack for yourself and your child.

INSTRUCTOR: VERNA / REEMU
COURSE CODE: 73.5010.21 **RM:** 4A **DAY:** W
TIME: 12:00 - 02:00 PM **BEG/END:** 09/05 - 10/24 8 SESSIONS

COURSE CODE: 73.5010.11 **RM:** 4B **DAY:** TH
TIME: 09:00 - 11:00 AM **BEG/END:** 09/06 - 10/25 8 SESSIONS

COURSE CODE: 73.5010.12 **RM:** 4B **DAY:** TH
TIME: 11:00 - 01:00 PM **BEG/END:** 09/06 - 10/25 8 SESSIONS

PRESCHOOL ADVENTURES (1.5 - 4 YEARS) \$100.00

Experience the adventure of hands-on learning. Each week features a new themed preschool experience utilizing a variety of multi-sensory activities and materials that provide opportunities for your child to learn and grow. Parents observe and learn how to use everyday materials creatively to increase their child's understanding of the natural world. Please bring a snack for you and your child. Enroll a second child for \$75.

INSTRUCTOR: REEMU
COURSE CODE: 73.7010.21 **RM:** ACE 4A **DAY:** F
TIME: 12:00 - 02:00 PM **BEG/END:** 09/21 - 10/26 6 SESSIONS

PRESCHOOL SCIENCE & MORE (3 - 5 YEARS) \$110.00

Discover the exciting world of science through fun, hands-on activities. Parents will learn how to encourage and stimulate the natural curiosity children have for science. Help your child develop science concepts and skills in this educational class. Each class will feature a variety of age-appropriate science activities as well as play time and circle time. Please bring a snack for yourself and your child. Enroll a second child for \$75.

INSTRUCTOR: RINDALA
COURSE CODE: 73.2020.21 **RM:** ACE 4D **DAY:** TH
TIME: 12:00 - 02:00 PM **BEG/END:** 09/13 - 10/25 7 SESSIONS

2 Classes at New Vallico Location 10123 N WOLFE RD. CUPERTINO NEXT TO BENIHANA

YOGA FUN FOR PARENT & CHILD

LEVEL 1 (4 - 5 YEARS) \$40.00
LEVEL 2 (6 - 7 YEARS) \$40.00

Children in this class will learn basic concepts of Yoga including seating postures, entry level poses, sun salutation and beginning level meditation. Learn how to practice yoga safely and integrate into daily life. Parent and child participate together. One fee for both participants. Dress in comfortable clothing, bring a water bottle and yoga mat. For health and comfort, please finish solid food 1 hour before class.

INSTRUCTOR: MANSI **YOGA CLASSES HELD AT VALLCO CAMPUS**
COURSE CODE: 73.1001.41 **RM:** 11 **AGE:** 4-5 YR **DAY:** S
TIME: 09:00 - 10:00 AM **BEG/END:** 09/15 - 10/06 4 SESSIONS
COURSE CODE: 73.1002.41 **RM:** 11 **AGE:** 6-7 YR **DAY:** S
TIME: 10:00 - 11:00 AM **BEG/END:** 09/15 - 10/06 4 SESSIONS

PARENT WORKSHOP

10 STEPS TO A HEALTHIER YOU 3 SESSIONS - FREE

This free 3-class workshop is designed to give parents and caregivers strategies to implement healthy lifestyles within their home. Free Babysitting: Register separately for babysitting.

Class 1: Focus on healthy Foods
 Class 2: Developing structure and routines
 Class 3: Key Habits and strategies for avoiding eating problems.
INSTRUCTOR: HEALTHIER KIDS FOUNDATION

WORKSHOP HELD AT VALLCO CAMPUS
COURSE CODE: 73.1020.41 **RM:** 5 **DAY:** S 3 SESSIONS
BABYSITTING: 73.1035.41 **RM:** 6 **DAY:** S 3 SESSIONS
TIME: 10:00 - 12:00 PM **DATES:** 09/15, 09/22, 09/29

Gym Kids

Children develop balance, coordination and body strength using specialized equipment. Parachute, directional games and music help develop body control and language. Parent & child participate together. All Gym classes meet in room 2 at Bright Beginnings.

Daily Classes - 8 sessions

CLASS	AGE	BEG / END	START - END TIME	DAY	TEACHER	FEE
72.1110.11	9 - 18 MONTHS	09/05 - 10/24	10:00 - 11:00 AM	W	Julie	70.00
72.2110.11	12 - 18 MONTHS	09/06 - 10/25	09:00 - 10:00 AM	TH	Vicki	70.00
72.3110.11	12 - 24 MONTHS	09/10 - 10/29	10:00 - 11:00 AM	M	Laura	70.00
72.3110.12	12 - 24 MONTHS	09/07 - 10/26	09:00 - 10:00 AM	F	Becca	70.00
72.4110.11	18 - 24 MONTHS	09/06 - 10/25	11:00 - 12:00 PM	TH	Vicki	70.00
72.5110.11	1 ^{1/2} - 2 ^{1/2} YEARS	09/05 - 10/24	09:00 - 10:00 AM	W	Julie	70.00
72.6110.11	1 - 3 YEARS	09/04 - 10/23	11:00 - 12:00 PM	T	Ania	70.00
72.6110.12	1 - 3 YEARS	09/07 - 10/26	10:00 - 11:00 AM	F	Becca	70.00
72.7110.11	2 - 3 YEARS	09/10 - 10/29	09:00 - 10:00 AM	M	Laura	70.00
72.7110.12	2 - 3 YEARS	09/04 - 10/23	10:00 - 11:00 AM	T	Ania	70.00
72.7110.13	2 - 3 YEARS	09/06 - 10/25	10:00 - 11:00 AM	TH	Vicki	70.00
72.8110.11	1 - 4 YEARS	09/04 - 10/23	09:00 - 10:00 AM	T	Ania	70.00
72.8110.12	1 - 4 YEARS	09/05 - 10/24	11:00 - 12:00 PM	W	Julie	70.00
* 72.8110.21	1 - 4 YEARS	09/05 - 10/24	03:00 - 04:00 PM	W	Debra	70.00

* New Afternoon Class Time

INFANT CLASSES

BABY MOVEMENT & MUSIC (4 - 15 MONTHS) \$70

Join us for music, open play and movement activities specifically designed for your little one. Each class will include lap time, music, songs, instruments and parent integrated activities. Your baby will be encouraged to explore in a multi-purpose gym filled with safe places for them to gain confidence in early motor skills such as rolling, crawling and eye-hand coordination. Class will also involve a music component with different stimulating music and age appropriate themes each week. Class is designed for non-walkers and early walkers.

INSTRUCTOR: BECCA
COURSE CODE: 73.1021.11 **RM:** 2 **DAY:** F **TIME:** 11:00 - 12:00 PM **BEG/END:** 09/07 - 10/26 8 SESSIONS

WIGGLES & RHYMES (5 - 12 MONTHS) \$70

Play and have fun with your child while you network with other parents. This class is designed to stimulate your child's mental and motor development through the use of music, movement, and rhyme. Child development and related topics are discussed. Babies older than 12 months who are not walking may attend.

INSTRUCTOR: LAURA
COURSE CODE: 72.0110.11 **RM:** 2 **DAY:** M
TIME: 11:00 - 12:00 PM **BEG/END:** 09/10 - 10/29 8 SESSIONS

FAMILY PRESCHOOL (1 - 4 YEARS) \$100.00

Family preschool is designed so that you and your children can share the preschool experience. Family Preschool emphasizes social development, art, music and fun. Families will pay full fee for the first child and half fee for additional children. Babies under 1 year are free. Please bring a snack for yourself and your children.

INSTRUCTOR: MONICA
COURSE CODE: 71.2210.21 **RM:** 4B **DAY:** T
TIME: 12:00 - 02:00 PM **BEG/END:** 09/18 - 10/23 6 SESSIONS

INTERNATIONAL DAY

Saturday October 6th 10:00 - 1:00 PM
 Save the date!

Save the date for this free family event that features, music, games, activities, food and fun! This event is open to all Bright Beginnings families and their friends. (No Registration Required)