

SEPTEMBER

Lunch

HIGH SCHOOL L2HS - Lunch 9-12

Monday	Tuesday	Wednesday	Thursday	Friday
September 3, 2018	September 4, 2018	September 5, 2018	September 6, 2018	September 7, 2018
LABOR DAY	MINI CORN DOGS & CHICKEN FUN MIX BBQ Sauce Ketchup Baby Carrots Light Ranch Dressing TACO MEAT Tortilla Rounds ^ Corn Orange Sorbet 100% Juice Mixed Fruit Cup Vanilla Cookie ^ Choice of Milk	Fresh Celery Sticks (IW) Light Ranch Dressing Mustard Mixed Vegetables Diced Pears Blended Fruit Juice Choice of Milk *NATIONAL CHEESE PIZZA DAY! CHEESY FLATBREAD ^ TURKEY BOLOGNA SANDWICH^	SPICY CHICKEN FILLET ^ BBQ Sauce Wrapped Hamburger Bun ^ HOT DOG Mustard Wrapped Hot Dog Bun ^ French Fries Baby Carrots Light Ranch Dressing Ketchup (2) Pretzel ^ Fresh Fruit Choice of Milk	SPAGHETTI & MEATBALLS ^ Breadstick (IW)^ PIZZA DIPPERS ^ Marinara Dipping Sauce Green Beans Fresh Fruit Grape Juice Choice of Milk
September 10, 2018	September 11, 2018	September 12, 2018	September 13, 2018	September 14, 2018
BBQ Sauce Ketchup ROTINI BAKE ^ Mixed Vegetables Applesauce Cup Blended Fruit Juice Breadstick (IW)^ Choice of Milk CHICKEN STRIPS W/SWEET POTATO PUFFS ^	BAGEL DOG ^ Mustard CHICKEN NUGGETS WITH POTATO ROUNDS ^ BBQ Sauce Maple Baked Beans Tropical Veggie Juice Pineapple Tidbits Cherry Craisins Ketchup Multi Grain Sun Chips ^ Choice of Milk	HOMESTYLE SALISBURY STEAK W/GRAVY CRISPY CHICKEN PATTY ^ BBQ Sauce Wrapped Hamburger Bun ^ Mashed Potatoes Diced Carrots Fresh Fruit Mixed Fruit Cup Choice of Milk	MINI CHEESE RAVIOLI WITH SAUCE ^ Wrapped Sliced Bread ^ DELI SUB SANDWICH ^ Mustard Fresh Celery Sticks (IW) Light Ranch Dressing Broccoli Fresh Fruit Choice of Milk	BBQ CHICKEN Wrapped Hamburger Bun ^ CHEESY PARM WRAP ^ Corn Grape Juice Fresh Fruit Choice of Milk
September 17, 2018	September 18, 2018	September 19, 2018	September 20, 2018	September 21, 2018
CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Breadstick (IW)^ BAGEL DOG ^ Mustard Ketchup Diced Carrots Maple Baked Beans Mixed Fruit Cup Grape Juice Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE Syrup RANCH TURKEY BURGER Mustard Wrapped Hamburger Bun ^ Potato Rounds SunSet Sip Juice Diced Peaches Cherry Craisins Ketchup Choice of Milk	TOASTED CHEESE SANDWICH ^ TURKEY BOLOGNA SANDWICH^ Mustard Mayonnaise Fresh Chopped Romaine (IW) Light Ranch Dressing Wango Mango Juice Fresh Fruit Diced Pears Choice of Milk	MAC & CHEESE ^ POPCORN CHICKEN ^ BBQ Sauce Country Blend Vegetables Fresh Celery Sticks (IW) Light Ranch Dressing Corn Muffin ^ Fresh Fruit Choice of Milk	CHARBROILED HAMBURGER Ketchup Mustard Wrapped Hamburger Bun ^ BEAN & CHEESE BURRITO ^ Taco Sauce Mixed Vegetables Baby Carrots Light Ranch Dressing Fresh Fruit Blended Fruit Juice Choice of Milk
September 24, 2018	September 25, 2018	September 26, 2018	September 27, 2018	September 28, 2018
PIZZA DIPPERS Marinara Dipping Sauce CHICKEN NUGGETS WITH POTATO ROUNDS ^ BBQ Sauce Ketchup Mixed Vegetables Applesauce Cup Blended Fruit Juice Snickerdoodle Cookie ^ Choice of Milk	CHICKEN QUESO BURRITO Salsa Cup Baby Carrots Light Ranch Dressing TACO MEAT IW Soft Tortilla ^ Refried Beans Pineapple Tidbits Grape Juice Tortilla Rounds ^ Choice of Milk	RANCH TURKEY BURGER SPICY CHICKEN FILLET ^ BBQ Sauce Wrapped Hamburger Bun ^ French Fries SunSet Sip Juice Ketchup Chipotle Ranch Fresh Fruit Diced Peaches Choice of Milk	*MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN DELI SUB SANDWICH ^ Mustard Fresh Chopped Romaine (IW) Fresh Broccoli Florets (IW) Croutons ^ Light Ranch Dressing Fresh Fruit Choice of Milk	HOT DOG WITH POTATO ROUNDS Mustard Ketchup (2) Choice of Milk Wrapped Hot Dog Bun ^ CHEESY PARM WRAP ^ Country Blend Vegetables Mixed Fruit Cup Orange Juice Chocolate Cookie ^

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

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