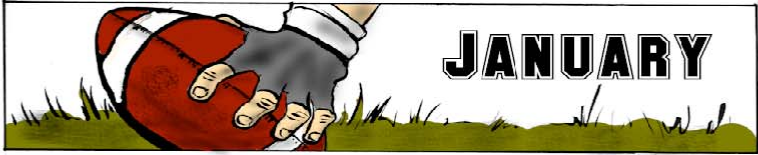
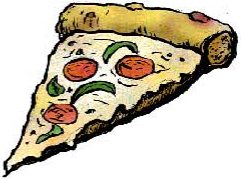


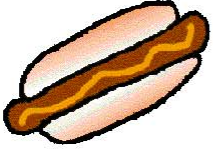



Variety of Milk Served Daily  
 Fat - Free Chocolate  
 Fat - Free Strawberry  
 Low - Fat White



January Lunch Money  
 for 18 Days  
 Full Price Lunch..... \$49.50  
 Full Price Breakfast..\$22.50  
 Total for the Month.. \$72.00

**High School Lunch Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>7</b>            Steak Fingers            Yeast Roll            Chicken Patty Sndwch            Krinkle Cut            Sweet Potatoes            Black-Eyed Peas            Fruit Cocktail            Assorted Fruit Juices</p>	<p><b>8</b>            Chicken Fajitas            Spanish Rice            Ham burger w/ Trimmings            OSHS Sandwich Combo            Salad Bar            Saltine Crackers            Pinto Beans            Tossed Salad w/ Dressing            Fresh Apples            Pineapple Tidbits            Ice Cream Cup Variety</p>	<p><b>9</b>            Red Beans and Rice            Hushpuppies            OSHS Sandwich Combo            Salad Bar            Saltine Crackers            Mixed Vegetables            Potato Salad            Fresh Grapes            Fruited Gelatin</p>	<p><b>10</b>            Baked Chicken            Yeast Roll            OSHS Sandwich Combo            Salad Bar            Saltine Crackers            Mashed Potatoes            Steamed Carrots            Fresh Orange Smiles            Blushing Chilled Pears            Sugar Cookie</p>	<p><b>11</b>            Pizza            Spicy Chickn Sandwich            Green Peas            Tossed Salad w/ Dressing            Apple and Orange            Wedges            Frozen Fruit Juice Cups            Chocolate Pudding</p> 
<p>Apply for Free and reduced meals online at <a href="http://www.ossdms.org">www.ossdms.org</a> Safe, Secure, Private, Available 24/7, Fast and paperless</p>		<p><b>Lunch Prices:</b>            \$2.75 Students/Extra Entree' \$1.25            \$3.00 Adults/Tea .50 cents            Milk .50 cents</p>		
<p><b>14</b>            BBQ Pork Sandwich            Ham &amp; Cheese on Hoagie            Oven Fries            Baked Beans            Apple Delicious            Assorted Fruit Juices</p>	<p><b>15</b>            Mandarin Chicken            Steamed Brown Rice            Yeast Roll            Grilled Chicken Sandwich            OSHS Sandwich Combo            Salad Bar            Saltine Crackers            Mixed Vegetables            Tossed Salad w/ Dressing            Pear and Kiwi Medley            Assorted Fruit Juices</p>	<p><b>16</b>            Spaghetti/Meat Sauce            Garlic Toast            OSHS Sandwich Combo            Salad Bar            Saltine Crackers            Green Beans            Spinach Salad            Fresh Oranges            Pineapple Tidbits            Assorted Gelatins with Whipped Topping</p>	<p><b>17</b>            Cheesy Chicken Over/Rice            Yeast Roll            Hamburger w/ Trimmings            OSHS Sandwich Combo            Salad Bar            Saltine Crackers            Krinkle Cut            Sweet Potatoes            Steamed Broccoli            Applesauce            Assorted Fruit Juices</p>	<p><b>18</b>            Pizza            Spicy Chickn Sandwich            Whole Kernel Corn            Tomato&amp;Carrots w/Dip            Fresh Apples            Frozen Fruit Juice Cups            Chocolate Pudding</p>
<p>Students must choose at least 3 meal components to complete a lunch. One meal component must be a fruit or vegetable.</p>		<p>Menu is subject to change Please consult a medical professional for assistance in planning for or treating medical conditions.</p>		
<p><b>21</b>  <b>Student Holiday</b></p> 	<p><b>22</b>            Corn Dog            Chicken Patty Sndwch            OSHS Sandwich Combo            Salad Bar            Saltine Crackers            Krinkle Cut            Sweet Potatoes            Tossed Salad w/ Dressing            Fruit Cocktail            Assorted Fruit Juices</p>	<p><b>23</b>            Fish Sandwich            Grilled Chicken Sandwich            OSHS Sandwich Combo            Salad Bar            Sliced Carrots            Potato Salad            Fresh Grapes            Assorted Fruit Juices            Sugar Cookie</p>	<p><b>24</b>            Chicken Nuggets            Yeast Roll            OSHS Sandwich Combo            Salad Bar            Saltine Crackers            Mashed Potatoes            Broccoli Salad            Fresh Apples            Chilled Pear Halves</p>	<p><b>25</b>            Pizza            Spicy Chickn Sandwich            Mixed Vegetables            Spinach Salad            Apple and Orange            Wedges            Frozen Fruit Juice Cups</p> 
<p><b>Reminder: No Charging Meals at the High School per School Board Policy EEAC. Use myschoolbucks.com to monitor lunch accounts and pay online.</b></p>				
<p><b>28</b>            Mini Hot Dogs            Hamburger w/ Trimmings            Oven Fries            Tomato&amp;Carrots w/Dip            Fresh Apples            Assorted Fruit Juices</p> 	<p><b>29</b>            Beefy Nachos Grande            Chicken Patty Sndwch            OSHS Sandwich Combo            Salad Bar            Saltine Crackers            Pinto Beans            Tossed Salad w/ Dressing            Fresh Orange Smiles            Pineapple Tidbits            Chocolate Chip Cookie</p>	<p><b>30</b>            BBQ Chicken on Bun            OSHS Sandwich Combo            Salad Bar            Saltine Crackers            Steamed Broccoli            Krinkle Cut            Sweet Potatoes            Fresh Bananas            Chilled Peach Slices            Vanilla Pudding</p>	<p><b>31</b>            Taco Soup            Hushpuppies            Grilled Chicken Sandwich            OSHS Sandwich Combo            Salad Bar            Saltine Crackers            Confetti Coleslaw            Green Beans            Chilled Peach Slices            Fresh Grapes</p>	
<p>This Institution is an Equal Opportunity Provider</p>				