








MAY 2019 - Shuford / North / South - Breakfast / Lunch Menu

NEWTON-CONOVER CITY SCHOOLS

Students are offered 5 components which make a regular lunch. Students may decline up to two component, however one of their choices must be a vegetable or a fruit to be considered a regular lunch. **Students taking only 1 or 2 items, or taking 3 items without a vegetable or fruit will be charged a la carte prices.**

Available Daily at Breakfast - × Assorted Cereal × Toast w/Jelly × Cinnamon Grahams × Yogurt × Juice × Fruit × Milk ×

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates to Remember!		1	2	3
<div style="text-align: center;">  <p>Friday, May 3rd - School Lunch Hero Day!</p> </div> <div style="text-align: center;"> <p>Monday, May 20th - Birthday Monday!</p>  </div> <div style="text-align: center;">  <p>Tuesday, May 28th - National Hamburger Day!</p> </div>		<p style="text-align: center;">Breakfast</p> <p>Breakfast Pizza 26</p> <p style="text-align: center;">Lunch</p> <p>Orange Chicken w/rice 36 Stuffed Cheesesticks 30 Glazed Carrots 17 Seasoned Green Beans 6 <i>Fresh Strawberries 7</i> Sliced Pears 14</p> 	<p style="text-align: center;">Breakfast</p> <p>WG Breakfast Donut 41</p> <p style="text-align: center;">Lunch</p> <p>Hamburger 29 Grilled Cheese Sandwich 30 Baked Beans 39 Spiral Fries 17 Applesauce 15 Fruit Punch 14</p>	<p style="text-align: center;">School Lunch Hero Day!</p> <p style="text-align: center;">Breakfast</p> <p>Flapstick w/syrup 37</p> <p style="text-align: center;">Lunch</p> <p>Domino's Pizza 29 Chicken Fajitas 26 Scalloped Potatoes 19 Vegetable Medley 4 Baked Apples 28 Raisels 35</p> 
6	7	8	9	10
<p style="text-align: center;">Breakfast</p> <p>Chicken Biscuit 35</p> <p style="text-align: center;">Lunch</p> <p>Hotdog 30 Ckn & Chz Quesadilla 24 Potato Wedges 18 Baked Beans 39 Sliced Peaches 14 Banana 12</p>	<p style="text-align: center;">Breakfast</p> <p>Cinnamon Roll 53</p> <p style="text-align: center;">Lunch</p> <p>Soft Taco 22 Chicken Casserole w/roll 15 Vegetable Medley 4 Seasoned Corn 21 Mixed Fruit 19 Frozen Fruit Cup 21</p>	<p style="text-align: center;">Breakfast</p> <p>SSG Breakfast Pizza 24</p> <p style="text-align: center;">Lunch</p> <p>Turkey Tetrazzini w/roll 58 Sloppy Joe 38 Roasted Baby Carrots 7 Seasoned Green Beans 6 Raisins 34 <i>Fresh Strawberries 7</i></p> 	<p style="text-align: center;">Breakfast</p> <p>Breakfast Muffin IW 41</p> <p style="text-align: center;">Lunch</p> <p>Teriyaki Ckn w/rice & roll 49 Ham & Cheese Quesadilla 27 Steamed Broccoli 5 Refried Beans 22 Applesauce 15 Fruit Punch 14</p>	<p style="text-align: center;">Breakfast</p> <p>Sausage/Chz Croissant 16</p> <p style="text-align: center;">Lunch</p> <p>Pepperoni Pizza 30 Tst Turkey & Chz Sandwich 30 Glazed Carrots 17 Vegetable Medley 4 Sliced Pears 14 Apple Juice 14</p>
Breakfast Prices 2018-2019	Lunch Prices 2018-2019			Cost of Meals for May 2019 - (22 days)
<p>Grades K to 12 - \$1.25 Reduced Rate - \$0.00 Entrée Only - \$1.00 Milk Only - \$0.50</p>	<p>Grades K to 5 - \$2.50 Reduced Rate - \$0.40 Entrée Only - \$1.75 to \$2.00 Milk Only - \$0.50</p>	<p style="text-align: center;">Breakfast</p> <p>Grades K to 12 - \$27.50 Reduced Rate - \$0.00</p>		<p style="text-align: center;">Lunch</p> <p>Grades K to 5 - \$55.00 Reduced Rate - \$8.80</p>

<p>13</p> <p>Breakfast Pork Biscuit 36</p> <p>Lunch Spaghetti w/Brdstick 69 Deli Turkey Sandwich 30 Veggie Ranch Salad 3 Steamed Green Peas 22 Frozen Fruit Cup 21 Mixed Fruit 19</p>	<p>14</p> <p>Breakfast Fr. Tst Sticks w/syrup 52</p> <p>Lunch Chicken Fillet Sandwich 43 Macaroni & Cheese 65 Glazed Sweet Potatoes 45 Baked Beans 39 Sliced Peaches 14 Apple Juice 14</p>	<p>15</p> <p>Breakfast Breakfast Pizza 26</p> <p>Lunch Breakfast for Lunch 14 Ckn & Chz Quesadilla 24 Potato Tots 16 Gold Rush Juice Box 10 <i>Fresh Strawberries</i> 7 Sliced Pears 14</p> 	<p>16</p> <p>Breakfast Dutch Waffle 51</p> <p>Lunch Country Style Steak w/roll 19 Chicken Alfredo w/roll 41 Lima Beans 18 Mashed Potatoes 15 Fresh Grapes 9 Frozen Fruit Cup 21</p>	<p>17</p> <p>Breakfast Strawberry Poptart 75</p> <p>Lunch Domino's Pizza 29 Beanie Weinies w/roll 48 Steamed Broccoli 5 Glazed Carrots 17 Applesauce 15 Fruit Punch 14</p>
<p>20</p> <p><i>Birthday Monday!</i> Breakfast Sausage Biscuit 28</p> <p>Lunch Baked Ziti w/roll 69 Hot Ham & Chz Croissant 30 Carrot Chips w/dip 13 Pinto Beans 15 Frozen Fruit Cup 21 Applesauce 15</p> 	<p>21</p> <p>Breakfast Fr. Tst Sticks w/syrup 52</p> <p>Lunch Pork Chop & Gvy w/roll 39 Chicken & Dumplings w/roll 57 Turnip Greens 0 Mashed Potatoes 15 Sliced Peaches 14 Apple Juice 14</p>	<p>22</p> <p>Breakfast Breakfast Pizza 26</p> <p>Lunch Orange Chicken w/rice 36 Stuffed Cheesesticks 30 Glazed Carrots 17 Seasoned Green Beans 6 <i>Fresh Strawberries</i> 7 Sliced Pears 14</p> 	<p>23</p> <p>Breakfast WG Breakfast Donut 41</p> <p>Lunch Hamburger 29 Grilled Cheese Sandwich 30 Baked Beans 39 Spiral Fries 17 Orange Wedges 12 Fruit Punch 14</p>	<p>24</p> <p>Breakfast Flapstick w/syrup 37</p> <p>Lunch Pepperoni Pizza 30 Chicken Fajitas 26 Scalloped Potatoes 19 Vegetable Medley 4 Baked Apples 28 Raisels 35</p>
<p>27</p> <p>NO SCHOOL HOLIDAY</p> 	<p>28</p> <p><i>Nt'l Hamburger Day!</i> Breakfast Chicken Biscuit 35</p> <p>Lunch Hamburger 29 Hotdog 30 Baked Beans 39 Glazed Carrots 17 Apple Juice 14 Sliced Peaches 14</p> 	<p>29</p> <p>Breakfast Cinnamon Roll 53</p> <p>Lunch Soft Taco 22 Chicken Casserole w/roll 15 Vegetable Medley 4 Seasoned Corn 21 Mixed Fruit 19 Frozen Fruit Cup 21</p>	<p>30</p> <p>Breakfast SSG Breakfast Pizza 24</p> <p>Lunch Teriyaki Ckn w/rice & roll 49 Ham & Cheese Quesadilla 27 Steamed Broccoli 5 Refried Beans 22 Applesauce 15 Fruit Punch 14</p>	<p>31</p> <p>Breakfast Breakfast Muffin IW 41</p> <p>Lunch Domino's Pizza 29 Tst Turkey & Chz Sandwich 30 Glazed Carrots 17 Vegetable Medley 4 Sliced Pears 14 Frozen Fruit Cup 21</p>

Menus, Nutrition, and Allergen Information can be found on our system website: www.newton-conover.org - Menus are subject to change - Notice is given when possible

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