

Base Menu Spreadsheet

Portion Values

Feb 4, 2019 thru Feb 8, 2019

Menu Name: HIGH SCHOOL LINE 6 Burger

Include Cost: No

Site:

Report Style: Detailed

Monday - 02/04/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990032 Double Cheeseburger w/ Fries	each	25	532	1089	*6	44.00	42.36
990053 Bacon Cheeseburger w/Fries	each	25	415	729	*4	41.97	25.94
990054 Spicy Chicken w/ Fries	each	50	391	610	*5	38.87	20.26
000965 Baked Beans	1/2 Cup	20	140	370	12	30.00	6.00
001472 Leaf Lettuce	Serving	40	3	6	0	0.65	0.31
000678 Tomatoes	slices	40	4	1	1	0.78	0.18
000130 Sliced Onion	1/8 Cup	20	14	1	2	3.34	0.39
001177 Pickle Spear	1 spears	75	2	212	0	0.60	0.11
001476 Banana	each	20	151	2	21	38.73	1.85
000064 Fresh Apple	each	46	95	2	19	25.13	0.47
000650 Cherry Jello w/ Pineapples	1/2 cup	60	45	27	*8	9.18	0.49
001070 Sliced Peaches	1/2 cup	40	106	6	21	27.21	0.00
001504 Ketchup	2 Tbsp	50	30	90	6	8.00	0.00
001501 Mustard	Tbsp.	20	0	195	0	0.00	0.00
000588 Chocolate Milk	each	60	110	100	18	19.00	8.00

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000589 White Milk	each	20	100	125	12	12.00	8.00
Weighted Daily Average			712	1185	*50	102.12	36.04
% of Calories					*28.1%	57.4%	20.2%
Weekly Nutrient Guideline			750 - 850	1420			

Tuesday - 02/05/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990032 Double Cheeseburger w/ Fries	each	25	532	1089	*6	44.00	42.36
990053 Bacon Cheeseburger w/Fries	each	25	415	729	*4	41.97	25.94
990054 Spicy Chicken w/ Fries	each	50	391	610	*5	38.87	20.26
001472 Leaf Lettuce	Serving	40	3	6	0	0.65	0.31
000678 Tomatoes	slices	40	4	1	1	0.78	0.18
000130 Sliced Onion	1/8 Cup	20	14	1	2	3.34	0.39
001177 Pickle Spear	1 spears	75	2	212	0	0.60	0.11
001476 Banana	each	20	151	2	21	38.73	1.85
000064 Fresh Apple	each	46	95	2	19	25.13	0.47
000650 Cherry Jello w/ Pineapples	1/2 cup	60	45	27	*8	9.18	0.49
001070 Sliced Peaches	1/2 cup	40	106	6	21	27.21	0.00
001504 Ketchup	2 Tbsp	50	30	90	6	8.00	0.00
001501 Mustard	Tbsp.	20	0	195	0	0.00	0.00

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000588 Chocolate Milk	each	60	110	100	18	19.00	8.00
000589 White Milk	each	20	100	125	12	12.00	8.00
Weighted Daily Average			684	1111	*48	96.12	34.84
% of Calories					*28.1%	56.2%	20.4%
Weekly Nutrient Guideline			750 - 850	1420			

Wednesday - 02/06/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990032 Double Cheeseburger w/ Fries	each	25	532	1089	*6	44.00	42.36
990053 Bacon Cheeseburger w/Fries	each	25	415	729	*4	41.97	25.94
990054 Spicy Chicken w/ Fries	each	50	391	610	*5	38.87	20.26
001472 Leaf Lettuce	Serving	40	3	6	0	0.65	0.31
000678 Tomatoes	slices	40	4	1	1	0.78	0.18
000130 Sliced Onion	1/8 Cup	20	14	1	2	3.34	0.39
001177 Pickle Spear	1 spears	75	2	212	0	0.60	0.11
001476 Banana	each	20	151	2	21	38.73	1.85
000064 Fresh Apple	each	46	95	2	19	25.13	0.47
000650 Cherry Jello w/ Pineapples	1/2 cup	60	45	27	*8	9.18	0.49
001070 Sliced Peaches	1/2 cup	40	106	6	21	27.21	0.00
001504 Ketchup	2 Tbsp	50	30	90	6	8.00	0.00

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001501 Mustard	Tbsp.	20	0	195	0	0.00	0.00
000588 Chocolate Milk	each	60	110	100	18	19.00	8.00
000589 White Milk	each	20	100	125	12	12.00	8.00
Weighted Daily Average			684	1111	*48	96.12	34.84
% of Calories					*28.1%	56.2%	20.4%
Weekly Nutrient Guideline			750 - 850	1420			

Thursday - 02/07/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protrn (g)
990032 Double Cheeseburger w/ Fries	each	25	532	1089	*6	44.00	42.36
990053 Bacon Cheeseburger w/Fries	each	25	415	729	*4	41.97	25.94
990054 Spicy Chicken w/ Fries	each	50	391	610	*5	38.87	20.26
001472 Leaf Lettuce	Serving	40	3	6	0	0.65	0.31
000678 Tomatoes	slices	40	4	1	1	0.78	0.18
000130 Sliced Onion	1/8 Cup	20	14	1	2	3.34	0.39
001177 Pickle Spear	1 spears	75	2	212	0	0.60	0.11
001476 Banana	each	20	151	2	21	38.73	1.85
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001504 Ketchup	2 Tbsp	50	30	90	6	8.00	0.00
001501 Mustard	Tbsp.	20	0	195	0	0.00	0.00
000588 Chocolate Milk	each	60	110	100	18	19.00	8.00
000589 White Milk	each	20	100	125	12	12.00	8.00
Weighted Daily Average			684	1111	*48	96.12	34.84
% of Calories					*28.1%	56.2%	20.4%
Weekly Nutrient Guideline			750 - 850	1420			

Friday - 02/08/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990032 Double Cheeseburger w/ Fries	each	25	532	1089	*6	44.00	42.36
990053 Bacon Cheeseburger w/Fries	each	25	415	729	*4	41.97	25.94
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001472 Leaf Lettuce	Serving	40	3	6	0	0.65	0.31
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000130 Sliced Onion	1/8 Cup	20	14	1	2	3.34	0.39
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Weighted Daily Average			684	1111	*48	96.12	34.84
% of Calories					*28.1%	56.2%	20.4%
Weekly Nutrient Guideline			750 - 850	1420			

	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
Weighted Averages	690	1126	*48	97.32	35.08
% of Calories			*27.8%	56.4%	20.3%

Nutrient	Menu Average	% of Cals	Weekly Target	% of Target	Shortfall	Overage	Missing Data	Error Messages (if any)
Calories	690		750-850	92%	60.00			Correction Required - Calories are Low
Sodium	1126 mg		1420.000	79%				
Sugars	*48 g	*27.8%					Missing Data	
Carbohydrate	97.32 g	56.4%						
Protein	35.08 g	20.3%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.