



Riverside Beaver School District

K-8 Menu

MARCH 2020

Randy Walker
Food Service Director
 walker@freedom.k12.pa.us

USDA is an equal opportunity provider and employer

Lunch Prices

K-5 Lunch \$2.50
 6-8 Lunch \$2.65
 Reduced .40
 Adult \$3.50
 Milk .70

MENU SUBJECT TO CHANGE

Please Choose at least **3** of the **5** items for the school lunch price!
 Entrée, Choice of Two Fruits /to include juice, and/or 2 Vegetables,

***Fresh Veggies:**
 Will include **AT LEAST one Red/Orange, one Dark Green and one other Veggie every day**

Fruits:
 At least 1 fresh fruit available per day

Milk Choices:
 Assorted Non-Fat Variety

Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Belgium Waffles Sausage Patty Potatoes Fresh Fruit Banana Blue Raspberry Juice Choice of Milk	3 Chicken Smackers Cheese Sauce/ Hot Pretzel Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	4 Cheeseburger Emoji Fries Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	5 Walking Taco (Meat, Cheese and Salsa) Refried Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	6 Chicken Patty Steamed Broccoli Side Salad Assorted Fruit Choices Choice of Milk Chocolate Pudding (3 oz)
9 Bosco Sticks(2) Green Beans Side Salad Assorted Fruit Choices Choice of Milk * Tuna Plate	10 Chicken Tenders/Roll M. Potatoes/Gravy Steamed Corn Fresh Veggies Assorted Fruit Choices Choice of Milk	11 Mini Corn Dogs Mac N Cheese Steamed Carrots **Fresh Veggies Assorted Fruit Choices Choice of Milk Happy Birthday Cupcake*	12 Chicken Parmesan Breadstick Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	13 Pizza Hut Pizza Steamed Broccoli Side Salad Assorted Fruit Choices Choice of Milk
16 Grilled Cheese Sand Tomato Soup Fresh Veggies Assorted Fruit Choices Choice of Milk Frozen Juice Bar	17 Chicken Nuggets Cheese Sauce/ Hot Pretzel Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk 	18 Teriyaki Beef Dipper/Roll Mashed Potatoes/ Gravy Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	19 Nachos Grande (Meat, Cheese and Salsa) Refried Beans/ Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	20 
23 	24 Chicken Tenders/Roll Mashed Potatoes/Gravy Steamed Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk	25 Spaghetti w/ Meat sauce Bread Stick (1) Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk LUCKY TRAY DAY!!	26 Orange Chicken Brown Rice Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	27 Chicken Patty Green Beans Side Salad Assorted Fruit Choices Choice of Milk Vanilla Pudding (3 oz)
30 Ribbie Sandwich Tater Tots Steamed Peas Fresh Veggies Assorted Fruit Choices Choice of Milk Frozen Juice Bar	31 Chicken Smackers Cheese Sauce/ Hot Pretzel Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk			

Additional Fruit & Vegetable Choices May Include:
 Apples, Oranges
 Bananas, Pears
 Applesauce,
 Peaches,
 Fruit Cocktail,
 Pineapple,
 Fruit Juices,
 Tossed Salad,
 Vegetable Salad,
 Carrots, Celery,
 Cucumber
 Tomato,, Broccoli,
 Cauliflower.

Additional Daily Choices

[#1 Peanut Butter and Jelly \(k-8\)](#)

[#2 Assorted Salads \(k-8\)](#)

[#3 Yo on the go \(k-8\)](#)

[Deli Baskets \(3-8\)](#)

Lunches offers 5-component choices:
 Fruit and or Juice
 Assorted Vegetable Choices
 Meat and /or Protein
 Equivalent Bread
 Milk

Ala Carte available daily



"Little D"

Meet
 The five
 food group **DRAGON!**
dairyspot.com